

Rural Video Conference 2024-2025

Winter 2025 Schedule

Tuesdays, 8:00am-9:00am MT - Offered via Zoom

Moderated by Dr. Greg Skinner



UNIVERSITY OF CALGARY
CUMMING SCHOOL OF MEDICINE
Continuing Medical Education
and Professional Development

Jan 7, 2025 - **What's New, What's True, and What's Poo: Top Studies of the Last Year** - *Caitlin Finley, Jessica Kirkwood*

1. Identify new studies of a diagnostic test, therapy or tool that should be implemented into current practice
2. Analyze articles and evidence that reaffirm currently utilized diagnostic tests, therapies or tools
3. Describe articles that highlight diagnostic tests, therapies or other tools that should be abandoned

Jan 14, 2025 - **CANMAT Guidelines for Management of Major Depressive Disorder in Adults** - *Thomas Raedler*

1. List psychological and pharmacological treatments for a depressive episode
2. Recognize efficacy, acceptability and tolerability of antidepressants
3. Describe strategies for the treatment of Difficult-to-Treat (DTD) depression

Jan 21, 2025 - **CTAS 2024 Updates: Major Changes and Expectations** - *Kristin MacKenzie*

1. Identify major CTAS content changes and rationale for same
2. Gain understanding of general CTAS processes and how the changes will impact ED flow
3. Gain understanding of the limitations of Connect Care tools for triage

Jan 28, 2025 - no RVC session

Feb 4, 2025 - **Assessment and Management of Acute MSK Injuries** - *Rich Trenholm*

1. Describe a clinical approach to common MSK injuries
2. Identify MSK injuries that need urgent referrals
3. Develop evidence-based management plans for common acute MSK injuries

Feb 11, 2025 - **Common Geriatric Pitfalls** - *Justin Okeke*

1. List the common geriatric pitfalls seen in family medicine/ primary care
2. Apply a practical approach in clinical practice to avoid those common geriatric pitfalls
3. Describe resources for patients, families and providers for common geriatric conditions and challenges

Feb 18, 2025 - no RVC session

Feb 25, 2025 - **Changing your Patient's Contextual Beliefs about Chronic Pain to Move Away from Medication-Only as Management** - *Angela Gislason, Tina Hoang*

1. Apply pragmatic ways to delivery key Pain Science Education
2. Develop techniques to increase your patient's openness to biopsychosocial approaches to treat chronic pain

Mar 4, 2025 - **Low Value Care in Pediatric Emergency Medicine** - *Jennifer Thull-Freedman*

1. Identify five opportunities to reduce low value care in children
2. Describe the evidence behind reducing low value care in five common pediatric conditions
3. Develop a clinical approach in caring for children with UTI, low risk fractures, fever, bronchiolitis, and constipation that minimizes unnecessary tests and treatment

Mar 11, 2025 - **Migraine in Children and Adolescents: Evidence-Based Approach to Treatment** - *Serena Orr*

1. Recognize the burden of headache disorders in children
2. Assess and diagnose children and adolescents presenting with headache
3. Develop an evidence-based treatment plan for children and adolescents with migraine

Mar 18, 2025 - **The Cases That I Will Never Forget About** - *Simon Ward*

1. Describe the importance of learning from patient relationships and cases, with a clinical lens as well as the emotional and social aspects of care and effects on patients, family and the provider
2. Reflect on the "will never forget" cases

Mar 25, 2025 - **Managing Dental Emergencies When there is no Dentist** - *Mark Leishman*

1. Manage dental pain and infections in the rural ER
2. Approach traumatic injuries to the teeth
3. Identify red flags that could indicate more serious issues requiring urgent referrals
4. Identify nerve blocks that can be done in rural ER that would relieve pain until dental services are available

Apr 1, 2025 - **Evacuation Readiness for Rural Communities: Lessons from the Front Line** - *Jeff Beddome, Jennifer Parker*

1. List resources available to practices and communities to develop evacuation plans for both receiving evacuees and evacuating communities
2. Describe the lessons learned from the evacuations in Northern Alberta
3. Implement a plan for evacuation readiness for your practice and community

Apr 8, 2025 - **Vascular Referrals: Who Goes Where and When!** - *Rikesh Parekh*

1. Identify the vascular conditions that require emergent, urgent and non urgent referral
2. Apply the appropriate emergency assessment and treatment of common vascular emergencies prior to transfer to tertiary care
3. Integrate the use of FAST referral tools and resources for appropriate referrals to vascular surgery

Apr 15, 2025 - **Palliative Care in the Emergency Room and ICU** - *Adam Hall, Simon Ward*

1. Describe an approach to caring for end-of-life patients in the rural ER and hospital
2. Develop a compassionate communication strategy for patients and families dealing with critical life ending illness
3. List resources for end-of-life care for patients' families and providers

Apr 22, 2025 - no RVC session

Apr 29, 2025 - **Trauma in the Rural ED without a CT Machine** - *Dan Irvine*

1. Rapidly determine which patients require transfer to a trauma centre.
2. Stabilize and prepare patients for rapid transport.
3. Safely manage patients who do not require transfer.
4. Develop a 'Rural Trauma Mindset'.

May 6, 2025 - **Recognizing and Responding to Human Trafficking in Healthcare** - *Laura Jeffries*

1. Recognize Human Trafficking as a health crisis
2. Identify indicators of victimization
3. Discuss the value of collaboration of multiple agencies for victim/ survivor support

May 13, 2025 - **Emergency Geriatric Care in the Rural Setting** - *Brittany Ellis*

1. Understand how older adults present differently in the emergency department
2. Develop an approach to the assessment and care of older adults in the rural ER
3. List common challenges experienced during transitions of care by older adults
4. Integrate geriatric friendly practices and environments in your emergency department

This program has received an education grant from Alberta Health Services and Rural Health Professions Action Plan