

# Rural Video Conference 2025-2026

## Winter 2026 Schedule

Tuesdays, 8:00am-9:00am MT - Offered via Zoom  
Moderated by Dr. Greg Skinner



**UNIVERSITY OF CALGARY**  
CUMMING SCHOOL OF MEDICINE  
Continuing Medical Education  
and Professional Development

### Jan 6 - PEER: What's New, True and Poo – Caitlin Finley, Danielle Perry

1. Describe evidence of new diagnostic tests or therapies that should be implemented into current practice
2. Compare articles and evidence that may reaffirm currently utilized diagnostic tests, therapies or tools
3. Identify articles that highlight diagnostic tests, therapies or other tools that were misrepresented in studies/media

### Jan 13 - HPV Self-screening and STI Update – Julia Carter

1. Understand the role of HPV in cervical cancer screening, and the benefits of self-sampling
2. Implement best practices for testing, treatment, and reporting of STIs
3. Counsel on and prescribe BV partner treatment

### Jan 20 - 5 B's of Badness: Pediatric Dermatology – Izabela Sztukowski

1. Describe common paediatric rashes likely to be seen in practice
2. Apply a practical approach to worrisome rashes by morphology (the "5 B's of Badness")
3. Demonstrate the approach with a mix of cases

### Jan 27 - Update on Multiple Sclerosis: Diagnosis, Treatment and Management in the Community – Carlos Camara-Lemarroy

1. Identify the steps taken to diagnose Multiple Sclerosis, according to current diagnostic criteria
2. Differentiate the various types of treatments for MS currently available
3. Recognize clinical scenarios that may be managed in the community versus those that may need specialist management

### Feb 3 - Creating Calm from Chaos: Resus in Rural ED – Jonathan Wallace

1. List several challenges making Rural Resuscitation unique in medicine
2. Identify Cognitive Pitfalls which can hinder the rural resuscitator
3. Describe strategies to avoid these pitfalls

### Feb 10 - Recognizing Psychosis in the Rural Emergency Department – Thomas Raedler

1. Define and describe common signs and symptoms of psychosis
2. Describe the differential diagnosis for psychosis presenting in the Emergency Department
3. Recall the common primary psychoses diagnosis
4. Develop a diagnostic and evidence-based treatment plan for people presenting with psychosis in the rural ED
5. List the resources available for patients and providers managing psychoses in the community

### Feb 24 - Diabetes Management – A Practical Approach for the Primary Care Provider – Julie McKeen

1. Describe evidence based screening and diagnostic criteria for diabetes in their rural practice
2. List current evidence -based pharmacotherapy management strategies for patients living with Type 1 and Type 2 diabetes, based on their preferences, co-morbidities, and risk factors
3. Integrate patient-centred treatment plans for people living with diabetes based on current evidence

### Mar 3 - The Four Horsewomen of the Menopocalypse – Stephanie Hart

1. List the common symptoms of menopause
2. Answer typical patient questions about menopause symptoms and health outcomes
3. Identify risks and benefits of common menopause treatment options

### Mar 10 - Mastering Fibromyalgia in the Medical Home: Tools and Clinical Pearls – Lori Montgomery

1. Confidently diagnose fibromyalgia and explain the implications of a diagnosis to a patient
2. Outline an evidence-based treatment approach for fibromyalgia
3. Access a clinical pathway for FM and a toolkit of useful resources

### Mar 17 - Using Clinical Pathways To Get Your Referral Accepted – Julia Carter

1. Navigate provincial clinical and referral pathways to find referral requirements for common clinical presentations
2. Order appropriate investigations to improve and streamline the cancer diagnosis referral process

### Mar 24 - Pediatric Fractures – Gavin Burgess

1. Interpret a pediatric x-ray for key findings suggestive of fracture
2. Describe pediatric-specific fracture patterns
3. Manage uncomplicated pediatric limb fractures
4. Recognize when to refer a pediatric limb fracture to Orthopedics

### Mar 31 - Injections for the Most Common MSK Complaints - Lower Body – Frank Johnson

1. Identify common sources of lower extremity musculoskeletal pain (Hip & Pelvis, Knee, Ankle & Foot), including greater trochanteric pain syndrome, pes anserine bursitis, and plantar fasciitis, using anatomical landmarks and clinical presentation
2. Demonstrate ultrasound-guided injection techniques for lower limb conditions such as knee arthritis, ankle ligament injuries, and trochanteric bursitis, incorporating both diagnostic and therapeutic approaches
3. Select appropriate treatment modalities—including corticosteroid injections, aspiration, and regenerative therapies—based on the underlying pathology in the hip, knee, ankle, and foot regions

### Apr 14 - Choosing Wisely to Improve Practice: Antibiotics (A PLP presentation) – Oliver David, Tina Nicholson

1. Recognize the key messaging from the online Vodcasts of: 'Antibiotic Resistance is Rising but Preventable' and 'Over Prescription can be Harmful with Long Term Consequences'
2. Reflect on your data from the MD Snapshot Prescribing Report
3. Navigate the MYPI CWIP MD Snapshot Antibiotic Prescribing template to document your QI and fulfill your PPIP requirements

### Apr 21 - Practice Practice Practice... An Introduction on Mock Mass Casualty Incidents – Robert Carey

1. Recognize the utility of simulation/tabletop in preparation for mass casualty and disaster incidents
2. Identify different mediums and ways to create a mock mass casualty incident in your center
3. Navigate the challenges in debriefing after these educational opportunities

### Apr 28 - Dementia and Delirium part two: Diagnosis and Management of Delirium and Behavioral and Psychological Symptoms of Dementia (BPSD) – Tara Powell

1. Differentiate between Delirium and BPSD, using evidenced based tools
2. Describe the subtypes of delirium and major groups of symptoms of BPSD
3. Apply an evidence-based approach to the - investigation and treatment of delirium
4. Describe an evidence -based approach to diagnosis and treatment of BPSD, including team and environmental interventions and medications

### May 5 - The Game Changers: Innovations in Vaccines on the Horizon in 2026– Craig Jenne

1. Describe emerging vaccine technologies
2. Identify new and improved vaccines for specific diseases
3. Evaluate systemic barriers to vaccination and develop an approach to improve vaccine coverage in community

### May 12 - Planetary Health (Climate Change and Health) – A look at the reality and role(s) a rural EM doctor may play – Sonja Wicklum

1. Assess Alberta and Canada's current climate situation
2. Describe the environmental impact of healthcare delivery
3. Investigate the role of the healthcare provider on how to mitigate impact on climate change and enhance the resiliency of communities affected by it