

Rural Video Conference 2023-2024 Fall Schedule

Tuesdays, 8:00am-9:00am MT – Offered via Zoom

Moderated by Dr. Greg Skinner

Sept 12, 2023 – **When You Hear Hoofbeats, Think Zebras** - Jennifer Grossman

1. Describe the spectrum of primary immune deficiency disorders
2. Identify red flags for primary immune deficiency
3. Explain the basic approach to the work up of a possible immune deficiency
4. Indicate when and how to prescribe immunoglobulin replacement therapy for immune deficiencies

Sept 19, 2023 – **Updates for Respiratory Virus Season- Cold/Flu/COVID-19/RSV Long COVID Rural Update** – Shawna Curry, Mahoush Rostami, Meaghan Brierley

1. Describe current trends of existing/dominant respiratory viruses and how to reduce transmission
2. Identify online resources available to support patients and providers
3. Refer patients who need additional support managing symptoms
4. Explain long term impacts of cold/flu/COVID-19/RSV

Sept 26, 2023 – **Procedural Sedation in the Rural Emergency Room** - Gavin Parker

1. Describe various policies on procedural sedation
 2. Explain pharmacology of sedatives/analgesics
 3. Discuss need and use of reversal agents
 4. List monitoring devices and requirements
 5. Appreciate unique aspects of ED sedation
- Case based discussion

Oct 3, 2023 – **Opioid use disorder and opioid agonist treatments: What rural providers need to know!** - Monty Ghosh

1. Explain the importance of Opioid Agonist Therapy (OAT)
2. Describe micro and macro induction of buprenorphine/naloxone in practice
3. Explain the appropriate use of extended release buprenorphine and long acting OAT
4. Apply a comprehensive approach to addiction medicine in practice

Oct 17, 2023 – **Rash Decisions: Managing common rashes in community practice** – Mike Kalisiak

1. List the differential diagnosis of common skin rashes
2. Describe evidence based management of chronic rashes

3. Explain when referral of patients with chronic skin rashes is appropriate

Oct 24, 2023 – **Low Back Pain Management: What does the Evidence say in 2023?** - Edward (Ted) Findlay

1. Describe current guidelines for managing low back pain in practice
2. Explain the evidence around common procedural interventions for back pain like epidural steroid injections and facet joint injections
3. Integrate current evidence and tools for management of low back pain in your practice
4. List local and virtual resources for managing back pain in rural practice

Oct 31, 2023 – **Creating Harmony in Care with Indigenous Communities** - Lene Jorgensen, Nicki Kirlin, Leta Philp

1. State current data on diabetes related health outcomes for Indigenous peoples in Alberta
2. Explain the Creating Harmony approach of integrating western care with culturally relevant practices in Indigenous communities
3. Discuss how this work can be integrated into community practice

Nov 7, 2023 – **An approach to abnormal liver tests: What do they mean, how to investigate, and when to refer?** – Kelly Burak

1. Describe an approach to elevated liver tests (hepatocellular versus cholestatic) and jaundice
2. List the screening tests for chronic liver diseases and when to order them
3. Recognize the importance non-invasive fibrosis assessment, including simple laboratory tests and elastography
4. Determine when patients should be referred to specialist care

Nov 14, 2023 – **From Pronouns to Hormones: Gender affirming care in rural Alberta** - Jillian Demontigny

1. Describe the challenges of rural gender diverse peoples experiences in rural Alberta
2. Implement basic steps to a gender inclusive rural practice
3. Plan evidence based clinical management for gender diverse individuals
4. List resources available for rural areas to support gender affirming care.

Nov 21, 2023 – **Approach to Syphilis: a case based presentation**- Ameeta Singh

1. Identify syphilis in its common and uncommon presentations

2. Describe management of syphilis, including caring for pregnant patients, treatment, and follow-up
3. List resources available locally and virtually to support care

Nov 28, 2023 – **Chronic Pelvic Pain—It is not all Endo; A systematic approach to managing chronic pelvic pain** - Magali Robert

1. Develop a differential diagnosis of pelvic pain
2. Apply different aspects of the biopsychosocial model of pain to pelvic pain diagnoses
3. Integrate a differential diagnosis into a comprehensive Management plan

Dec 5, 2023 – **Impossible Job Done Impossibly Well** – Tina Korownyk

1. Discuss the benefits of a strong primary care system to patients
2. Highlight evidence to support the benefits of longitudinal primary care
3. Examine where primary care has its greatest impact

Dec 12, 2023 – **Approach to Pediatric Disorders of Gut-brain Interaction** – Biqi Chen

1. Recognize the importance of pediatric DGBI and features of common pediatric pain-predominant DGBIs
2. Establish an approach to the diagnosis and management of pediatric DGBIs

Dec 19, 2023 – **Deprescribing in Elderly** - Vivian Ewa

1. Identify the appropriate elderly patients for deprescribing
2. Initiate, monitor and follow up with deprescribing
3. Access local resources and virtual resources available to rural