

Rural Video Conference 2023-2024 Winter Schedule

Tuesdays, 8:00am-9:00am MT – Offered via Zoom

Moderated by Dr. Greg Skinner

Jan 9, 2024 - **Caregiver Centered Care for Healthcare Providers to Support Family Caregivers** - Jasneet Parmar, Sharon Anderson

1. Identify family caregivers and their contributions
2. Advocate for family caregivers as allies of primary care
3. Partner with family caregivers and support them

Jan 16, 2024 - **Medical Abortion, Access and Issues for Rural Providers** - Sarah Halleran

1. Assess and counsel patients regarding medical abortion
2. Identify the considerations of offering medical abortion in rural and remote communities
3. Access point-of-care tools for implementing medical abortion into practice
4. Provide safe follow-up procedures for patients undergoing medical abortion

Jan 23, 2024 - **Disaster Medicine Preparedness** - Joshua Bezanson

1. Differentiate between an emergency and a disaster
2. Explain the role of a physician in disaster preparedness and response
3. Judge the preparedness of their own rural facility for a mass casualty incident
4. Recall 3 sources of further information for rural disaster preparedness including the location of AHS disaster plans

Jan 30, 2024 - **Polysubstance Use in Rural ER and Clinic Settings** - Hussain Aboud, Imran Ghauri, Lucas Gursk

1. Apply acute treatment and maintenance therapies for opioid use disorder, stimulant use disorder, and alcohol use disorder
2. Describe special consideration for rural practice settings

Feb 6, 2024 - **Hyponatremia and Common Electrolytes Abnormalities** - Anita Au

1. Describe common electrolyte abnormalities in clinical practice and the rural ER
2. Apply an approach to investigation and management of common electrolyte abnormalities
3. Recognize the clinical and ECG changes of common electrolyte imbalances like hypo and hyperkalemia, hypo and hypercalcemia

Feb 13, 2024 - **Managing Tachy and Brady Arrhythmias in the Rural ER** - Richard Buck

1. Describe an approach to arrhythmias in the

rural emergency department

2. Outline the current recommended treatments of common brady and tachy arrhythmias
3. Assess and risk stratify patients and admit to an appropriate facility and level of care
4. Describe resource that aid rural physicians in managing these patients

Feb 27, 2024 - **Let's Talk Cholesterol** - Sonia Butalia

1. Summarize current guidelines on managing cholesterol and prevention of cardiovascular disease
2. List primary and secondary prevention of CVD and evidence behind such preventative measures
3. Use real world cases to discuss patient issues around medicine tolerance, prescription adherence, etc.
4. Locate resources available to rural practitioners

Mar 5, 2024 - **Enhancing Breast, Colorectal and Cervical Screening Rates in Primary Care: a two-part series (Part I)** - Oliver David, Tina Nicholson

1. Summarize the current provincial screening guidelines for breast, colorectal, and cervical cancers
2. Strategize around rural barriers in screening, transportation and access to resources and advocate for rural screening challenges
3. Find and interpret the screening rates in panel reports
4. Initiate one PPIP cycle with the panel report data

Mar 12, 2024 - **Capacity Assessment in Elderly** - Jasneet Parmar

1. Identify tools, resources and potential team members available for capacity assessment in elderly
2. Conduct capacity assessment in rural family practice setting

Mar 19, 2024 - **CHF vs COPD** - Lori Wik

1. Identify common pathophysiologic mechanisms of dyspnea in heart failure and COPD
2. Provide strategies to differentiate between cardiac and respiratory causes of acute dyspnea
3. Use real-world examples, review and analyze an approach to acute dyspnea in an interactive forum

Mar 26, 2024 - **Common Chronic Rashes and Skin Cancer Management in Rural Communities:**

Part Two - Mike Kalisiak

1. Approach the diagnosis, treatment and referral of urticaria in rural community practice
2. Manage skin malignancies in rural communities

Apr 9, 2024 - **GI Update for Rural** - Michael Kolber

1. Describe an approach to GI related concerns commonly seen in primary care
2. Explain the new evidence and guidelines pertaining to GI medicine and conditions
3. Refer patients with GI concerns to optimize patient outcomes

Apr 16, 2024 - **The M word: Managing Menopause, What's New What's True!** - Jaelene Mannerfeldt

1. Describe the current guidelines in menopause therapy
2. List the risks and benefits of treatment with menopausal hormone therapy
3. Describe non hormonal management of menopausal symptoms

Apr 23, 2024 - **Omi vs STEMI: What's New in Acute Coronary Syndromes** - Simon Ward

1. TBD

Apr 30, 2024 - **Lyme Disease, West Nile Virus and Ticks** - Dan Gregson

1. TBD

May 7, 2024 - **Enhancing Breast, Colorectal and Cervical Screening Rates in Primary Care: a two-part series (Part II)** - Oliver David, Tina Nicholson

1. Capture existing QI effort done in your own practice to fulfil PPIP requirements
2. Record your practice targeting at improving patient outcome
3. Complete one PPIP cycle using EMR or HQCA panel reports
4. Reflect on the progress of the PPIP project

May 14, 2024 - **Managing Persistent Pain in Patients with Substance Use Disorders** - Jonathan Bertram

1. Describe an approach to managing persistent pain in people who use substances
2. Apply a Biopsychosocial model of care to patients with chronic pain and substance use disorders
3. Integrate evidence based non pharmacological and pharmacological management of patients with chronic pain and substance use disorders