



EVENING COURSE FOR PRIMARY CARE – FALL 2019

› Wednesday Evenings | 1900-2100
September 18 – December 4, 2019

OFFERED IN PERSON

Theatre One, Health Sciences Centre, 3330 Hospital Drive NW, Calgary, AB

OR VIA WEBINAR

ATTEND IN PERSON OR VIA WEBINAR CHOOSE WHICH EVENINGS TO ATTEND

REGISTER ONLINE
cumming.ucalgary.ca/cme

PAPERLESS COURSE
Access to handouts will be available prior to
each evening session

The webinar is run through Adobe Connect, a
University of Calgary supported medium. In order
to access this series, an electronic device with
internet access is required. Access information will
be made available to participants the day before
the event. Once registered, successful access to
each session is the responsibility of the participant.

Handouts are available digitally in the webinar
room.

Check the website for any program updates
cumming.ucalgary.ca/cme/courses

COURSE OVERVIEW AND OBJECTIVES

Evening Course for Primary Care provides practice pearls that can be
used every day.

At the end of this course, learners will be equipped to:

- review the diagnosis and management of problems commonly seen in
Family Medicine
- exchange information and develop informal inter-professional
communities of practice
- stay up-to-date on CFPC priority topics

WHY ATTEND

- relevant, practical, evidence-informed
- flexible format – attend the sessions you select in person or via webinar
- Mainpro+ Group Learning – 2.0 credits per evening

WHO SHOULD ATTEND

Family Physicians, Residents, Nurse Practitioners, Pharmacists,
Other Health Professionals

CREDITS

Mainpro+ Group Learning – up to 24.0 credits (2.0 credits per evening)

COURSE SCHEDULE

SEPTEMBER 18 | 1900-2000

Primary Care for the Eyes

- Faazil Kassam
- assess which patients to refer to ophthalmologist or optometrist
- diagnose and manage common eye conditions

SEPTEMBER 18 | 2000-2100

Immunization Pearls

- Jia Hu
- identify changes to vaccination recommendations across the continuum of age – from pediatric to geriatric
- assess which patients need to be revaccinated
- discuss with patients the risk versus benefit of non-scheduled vaccinations, e.g. travel

SEPTEMBER 25 | 1900-2000

Removing Barriers to Access Donor Human Milk: The Physicians Role

- Jannette Festival
- list the various screening steps donors must take to determine eligibility
- describe the safety steps the milk must go through before it is dispensed to the NICU
- identify how to advocate for the use of donor milk

SEPTEMBER 25 | 2000-2100

Breastfeeding

- Cynthia Landy
- develop an approach to support breastfeeding mothers experiencing challenges to continue breastfeeding
- identify resources for breastfeeding mothers

OCTOBER 2 | 1900-2000

Lipid Lowering Agents in Primary Prevention – Evidence Update

- Alykhan Nanji
- list risk factors to consider when deciding whether to start lipid lowering agents – e.g. special populations (Indigenous, South Asian)
- determine which patients to treat with statins or other lipid lowering agents
- discuss the evidence which addresses statin use controversies – differences in guidelines (US and Canada), when to prescribe, de-prescribe and re-test?

OCTOBER 2 | 2000-2100

Oropharyngeal Dysphagia

- Derrick Randall
- list differential diagnosis of oropharyngeal dysphagia
- outline how to investigate oropharyngeal dysphagia
- determine which patients with oropharyngeal dysphagia to refer

OCTOBER 9 | 1900-2000

Capacity Assessment – Understanding Decision-making Capacity

- Vivian Ewa
- describe key principles in capacity assessment
- incorporate an interdisciplinary approach to capacity assessment – who, should do what, and when?
- outline documentation required in capacity assessment

OCTOBER 9 | 2000-2100

Immunotherapy – What Is the Evidence for Desensitization?

- Arjun Rash
- describe how immunotherapy is used for desensitization
- discuss the evidence for desensitization
- recognize when desensitization should be considered

OCTOBER 16 | 1900-2000

MSK Injections – What Is the Evidence?

- Victor Lun
- describe evidence that supports the use of MSK injections
- list the indications for MSK injections
- discuss the risks, benefits and likely outcomes of MSK injections with patients

OCTOBER 16 | 2000-2100

How Do We Solve Common GI Problems?

- Kerri Novak
- list the most common GI problems referred to specialists that can be managed by family physicians
- outline an approach to managing common GI problems to avoid referrals

OCTOBER 23 | 1900-2000

Dermoscopy – What Is the Diagnostic Use for Family Physicians?

- Lynne H Robertson
- describe how a dermatoscope works
- outline the advantages and limitations of dermoscopy
- list the conditions dermoscopy can be used to help diagnose

OCTOBER 23 | 2000-2100

CHF Patient-centric Approach to Management

- Andrew Grant
- outline evidence-based management of patients with heart failure in primary care
- recognize when patients with heart failure need to transition between care
- describe how to improve transitions of care for patients with heart failure

PROGRAM MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL

COURSE SCHEDULE

OCTOBER 30 | 1900-2000

Depressed and Not Responding

- Toba Oluboka
- develop a pragmatic, evidence-based approach to managing the patient with depression who is not responding to therapy

OCTOBER 30 | 2000-2100

Testing for Medication Allergies

- David Cross
- list medication allergies that can be confirmed using allergy testing
- describe how you know it is an allergy and not an intolerance to medication

NOVEMBER 6 | 1900-2000

Managing Co-morbid ADHD and Depression

- Kathleen Sara Binder
- develop a pragmatic, evidence-based approach for managing the patient with co-morbid ADHD and depression

NOVEMBER 6 | 2000-2100

Chronic Pain in Kids: Managing the Epidemic of This Invisible Disease

- Nivez Rasic
- describe the epidemiology and pathophysiology of chronic pain in children and adolescents
- discuss treatment models and specific therapeutic modalities
- explain the treatment options/streams and referral process for the Vi Riddell Pain Program

NOVEMBER 13 | 1900-2000

Can I Show You My Rash?

- Laurie Parsons
- outline an approach to determine urgency of referral to Dermatology
- understand the usefulness of BSA in determining referral urgency/need
- describe 2 methods of determining BSA

NOVEMBER 13 | 2000-2100

Common Behavioral Concerns in Children

- Jennifer MacPherson
- describe symptoms of ADD, ADHD, ODD and OCD that are often missed
- identify which patients should be referred for further assessment
- recognize which patients to be seriously concerned about

NOVEMBER 20 | 1900-2100 (2HRS)

Anesthesia and Perioperative Care: Pediatric and Adult -Optimizing Outcomes Through Collaboration (2 HOURS • 1900-2100)

- Robin Cox, Donal Finegan

PEDIATRIC POPULATIONS

- outline an approach to pre-operative evaluation and optimization for children undergoing anesthesia for elective surgery and other procedures
- discuss common concerns that families may have about the risk and complications of anesthesia for children
- outline an approach to common post-anesthesia complications that may present in the community, e.g. severe pain, nausea and vomiting

ADULT POPULATIONS

- outline an approach to describe current trends in anesthesia procedures
- outline an approach to pre-operative assessment and optimization for adult patients undergoing elective surgery
- recognize potential post-surgery anesthesia related reactions or complications
- outline an approach to managing post-operative nausea and vomiting

NOVEMBER 27 | 1900-2000

Diagnosis and Management of Abnormal Uterine Bleeding (AUB)

- Fiona Mattatall
- develop a systematic approach to diagnosis and investigation of AUB
- determine who should have endometrial sampling
- identify which patients to refer
- outline treatment options for AUB

NOVEMBER 27 | 2000-2100

Prostate Cancer

- Geoffrey Thomas Gotto
- describe new treatments for prostate cancer
- outline evidence informed approach to active surveillance

DECEMBER 4 | 1900-2000

Keeping the Complex Patient with Chronic Co-morbidities Out of the Hospital - A Case Study Approach

- Michelle Grinman
- develop an approach to managing the patient with complex, chronic co-morbidities - including transitions of care

DECEMBER 4 | 2000-2100

Well Child - Preventative Health in Children

- Scott McLeod
- identify conditions that can be missed during neonatal and early infancy exams
- develop an approach to screening for early development abnormalities

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PLANNING COMMITTEE

Jerry Pelletier MD CCFP Course Chair
Family Physician, Private Practice

Perry Glimpel MD CCFP
Family Physician, Private Practice

Ian Johnston MMChB BSc (Hons)
Family Physician, Sunridge Family Medicine
Teaching Centre; Research Assistant,
University of Calgary

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Visvanatha Lakshmi MD CCFP
Family Physician, Private Practice

Cheryl Whitehead MD CCFP
Family Physician, Health Services,
Mount Royal University

Mehrnaz Yousefi MD CCFP
Family Physician, Private Practice

FACULTY

Kathleen Sara Binder MD FRCPC
Clinical Lecturer, University of Calgary;
Psychiatrist, Psychiatric Adult Service

Robin Cox MB BS MRCP(UK) FRCA FRCPC
Professor, Anesthesiology, Perioperative and
Pain Medicine, University of Calgary; Pediatric
Anesthesiologist, Alberta Children's Hospital

David Cross MD CM FRCPC
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FRCP Edin
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Section Chief, Seniors Care; Medical Director,
Facility Living, Alberta Health Services; Care
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Jannette Festival RN BN IBCLC
Founder and Executive Director, NorthernStar
Mothers Milk Bank

Donal Finegan MD FRCPC
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Services

Geoffrey Thomas Gotto MD MPH FRCSC
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of Surgery, University of Calgary; Urologic
Oncologist, Southern Alberta Institute of
Urology; Medical Director, Clinic for Advanced
and Metastatic Prostate Cancer, Calgary
Prostate Cancer Centre

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Cardiac Sciences, University of Calgary

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Internal Medicine, University of Calgary;
Medical Lead for Seniors, Palliative and
Continuing Care Portfolio, Calgary Zone;
Medical Lead, Complex Care Hub Program,
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Clinical Assistant Professor, University of
Calgary; Medical Officer of Health, Calgary Zone

Faazil Kassam BSc MD FRCSC (Ophthalmology)
Calgary Retina Consultants, Calgary

Cynthia Landy CFPC FCFP IBCLC
Clinical Associate Professor, University of
Calgary; Medical Director, SCPCN Circle
Medical Breastfeeding Clinic

Victor Lun MSc MD CCFP(SEM) Dip Sport Med
Clinical Associate Professor, Department of
Family Medicine, University of Calgary;
Co-Director, Enhanced Skills Sport and Exercise
Residency Program

Jennifer MacPherson MD FRCPC
Clinical Associate Professor, University of
Calgary; Facility Medical Director, Alberta
Children's Hospital

Fiona Mattatall BSc MSc MD FRCSC
Affiliations Assistant Professor, University of
Calgary; ObGyn, Rockyview General Hospital

Scott McLeod MD FRCPC (Pediatrics and
Developmental Pediatrics)
Clinical Assistant Professor, University of
Calgary; Developmental Pediatrician, Alberta
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Developmental Pediatrics

Alykhan Nanji MD MPH MBA CPE CPH FRCP(C)
Director, C-health Clinic

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Clinical Assistant Professor of Medicine,
University of Calgary; Gastroenterology,
Foothills Medical Centre, Alberta Health
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Toba Oluboka MD FRCPC
Clinical Associate Professor, University of
Calgary; Director, PES / PORT; Consultant
Psychiatrist, Addiction and Mental Health,
South Health Campus, Alberta Health Services

Laurie Parsons MD FRCPC
Clinical Associate Professor, Dermatology;
Medical Director, Sheldon Chumir Wound Clinic;
Medical Director, Southern Alberta Contact
Dermatitis Clinic

Derrick Randall MD MSc FRCSC
Clinical Assistant Professor, Otolaryngology
– Head and Neck Surgery, Peter
Lougheed Centre; Fellow, American
Laryngological Association and American
Bronchoesophagological Association

Arjun Rash MD FRCPC
Internal Medicine, University of Calgary;
Immunology and Allergy, McGill University

Nivez Rasic MD FRCPC
Clinical Associate Professor, University of
Calgary; Pediatric Anesthesiologist & Pain
Physician Medical Lead, Vi Riddell Pain
Program, Alberta Children's Hospital;
Co-Chair, Acute Pain Working Group,
Alberta Pain Strategy

Lynne H Robertson MD FRCPC
Clinical Associate Professor, Division of
Dermatology, Department of Medicine,
University of Calgary; Director, Dermatology
Residency Program

DISCLOSURE OF POTENTIAL FINANCIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, speakers participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure will be done verbally and using a slide prior to the speaker's presentation.

ACCREDITATION

The University of Calgary – Office of Continuing Medical Education and Professional Development is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

STUDY CREDITS

CFPC

MAINPRO+ GROUP LEARNING

This one-credit-per-hour Group Learning program meets the certification criteria of The College of Family Physicians of Canada and has been certified by the University of Calgary Office of Continuing Medical Education and Professional Development for up to 24.0 Mainpro+ credits.

AACP

AMERICAN ACADEMY OF FAMILY PHYSICIANS (AAFP) AND CFPC

Members of the American Academy of Family Physicians are eligible to receive up to 24.0 prescribed credits for attendance at this meeting/event due to a reciprocal agreement with The College of Family Physicians of Canada.

ADDITIONAL PROGRAM INFORMATION

IN PERSON

DRESS

Dress is business casual. Sweaters or items of clothing that can be layered are recommended since temperature in the venue may fluctuate.

SCENT FREE

To ensure the comfort of everyone attending this event, please do not wear scented products.

WEBINAR

The webinar is run through Adobe Connect, a University of Calgary supported medium. In order to access this series, an electronic device with internet access is required. Access information will be made available to participants the day before the event. Once registered, successful access to each session is the responsibility of the participant.

CONFIRMATION OF REGISTRATION

Confirmation will be sent by email to registrants.

COURSE CANCELLATION POLICY

The Office of Continuing Medical Education and Professional Development reserves the right to cancel the course if there are insufficient registrations.

REFUND POLICY

No refunds will be available.

REIMBURSEMENT OF REGISTRATION FEES

Physicians may be eligible for reimbursement of registration fees and expenses to attend CME courses from a fund administered by the Alberta Medical Association. For more information regarding this, please call the AMA at 780.482.2626 or 1.800.272.9680.

FOR FURTHER INFORMATION

Office of Continuing Medical Education and Professional Development,
Cumming School of Medicine, University of Calgary, TRW Building,
3280 Hospital Drive NW, Calgary, AB T2N 4Z6

ABOUT GENERAL PROGRAM INFORMATION

Rosario Villalobos, Education Coordinator
Phone 403.210.6275
Email maria.villalobosgonz@ucalgary.ca

ABOUT REGISTRATION

Phone 403.220.7032
Email cmereg@ucalgary.ca

REGISTRATION FORM

**Evening Course for Primary Care - Fall 2019
September 18 - December 4, 2019**

PROFESSION

FAMILY PHYSICIAN
 SPECIALIST PHYSICIAN - PLEASE SPECIFY

STUDENT / RESIDENT (FULL-TIME STUDENTS ONLY)
 OTHER HEALTH PROFESSIONAL - PLEASE SPECIFY

YEARS OF PRACTICE - PLEASE SPECIFY

COMMUNITY SIZE IN WHICH YOU PRACTICE
 GREATER THAN 1,000,000 INHABITANTS
 15,001-999,999 INHABITANTS
 0-15,000 INHABITANTS

UCID (IF APPLICABLE)

DATE OF BIRTH
 M M D D

FIRST NAME

LAST NAME

ADDRESS

CITY PROVINCE POSTAL CODE

AREA CODE PHONE EXT AREA CODE FAX

EMAIL

REGISTRATION FEE

PLUS 5% GST - UCalgary GST Registration #108102864RT0001
 ADD 5% TO FEE(S) BELOW TO CALCULATE TOTAL COURSE FEE

| FEE PER EVENING | # OF EVENINGS | TOTAL FEE |
|---|----------------------|-------------------------|
| <input type="checkbox"/> \$50.00 Physician | <input type="text"/> | \$ <input type="text"/> |
| <input type="checkbox"/> \$40.00 Physician (FIRST 5 YEARS) | <input type="text"/> | \$ <input type="text"/> |
| <input type="checkbox"/> \$30.00 Other Health Professional | <input type="text"/> | \$ <input type="text"/> |
| <input type="checkbox"/> \$10.00 Student / Resident (FULL-TIME STUDENTS ONLY) | <input type="text"/> | \$ <input type="text"/> |

EVENING SELECTIONS

SEP 18 SEP 25 OCT 2 OCT 9
 OCT 16 OCT 23 OCT 30 NOV 6
 NOV 13 NOV 20 NOV 27 DEC 4

FALL 2019 - 12 SESSIONS

\$545.00 Physician
 \$430.00 Physician (FIRST 5 YEARS)
 \$325.00 Other Health Professional
 \$50.00 Student / Resident (FULL-TIME STUDENTS ONLY)

PAYMENT BY

CHEQ AMEX VISA MASTERCARD EXPIRY DATE M M Y Y

CARD NUMBER

SIGNATURE

REGISTER

ONLINE

cumming.ucalgary.ca/cme

BY CONFIDENTIAL FAX

Fax 403.270.2330

Please note that registrations submitted by fax may take up to one business day to process.

For your protection, the University of Calgary does not accept and will not process credit card information provided via email or text messages

BY MAIL

Cheque Payable - UNIVERSITY OF CALGARY

CHEQUE MUST INCLUDE 5% GST

Cumming School of Medicine, Office of Continuing Medical Education and Professional Development, University of Calgary, TRW Building, 3280 Hospital Drive NW, Calgary, AB T2N 4Z6

REGISTRATION SERVICES

Phone 403.220.7032

Email cmereg@ucalgary.ca

FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT

Registration information is collected under the authority of the Freedom of Information and Protection of Privacy Act. The contact information you provide is required by our Office to register you in the course, prepare material and courses for your use, plan for future courses and notify you of similar, upcoming courses offered by our Office. Financial information is used to process applicable fees and is retained for future reference. Call 403.220.7032 if you have questions about the collection or use of this information.