Rural Virtual Conference Series

Fall 2020 | Tuesday Mornings | September 8 - December 15, 2020 | 8:00 - 9:00 AM MST
Offered via Zoom Webinar | REGISTRATION REQUIRED

Moderated by Dr. Greg Skinner

September 8: COVID update – The Science, MOH South Zone and Lessons Learned
—Vanessa Meier-Stephenson, Vivien Suttorp, Adam Vyse
• Describe the scientific update of COVID since March
• Explain MOH rural related COVID update
• Apply lessons learned from High River outbreak in your local context

September 15: Microvascular Angina
—Todd Anderson
• Differentiate diagnosis of ischemic chest pain and non-obstructive coronary disease (INOCA)
• Articulate diagnostic options for patients with INOCA
• Apply prognosis and treatment for INOCA

September 22: Clinical Event Debriefing in Rural Context
—Stuart Rose
• Articulate the value and principles of Clinical Event Debriefing
• Apply Clinical Event Debriefing strategies and describe appropriate tools for your local rural context

September 29: Common Dermatology Issues
—Ken Alanen
• Differentiate and manage common types of skin rashes in adult and pediatric patients
• Apply strategies for skin cancer management in a rural doctor’s office/hospital setting
• Identify when it is appropriate for referral

October 6: Otolologic Disease
—Devon Livingstone
• Describe common external and middle ear conditions
• List Common Misdiagnosis in ear disease
• Explain pathophysiology and treatment of tinnitus
• Interpret audiograms and identify atypical hearing loss
• Apply emerging technologies for telehealth referral of ear disease

October 20: Cardiac Amyloidosis: An Under recognized Cause of Heart Failure
—Nowell Fine
• Describe the pathophysiology, causes and different types of cardiac amyloidosis.
• Recognize ‘red flag’ symptoms and signs that raise the clinical index of suspicion for cardiac amyloidosis.
• Apply current diagnostic approaches for evaluating a patient with suspected cardiac amyloidosis.
• Manage cardiac amyloidosis using conventional and novel (emerging) therapies

October 27: Swallowing Difficulties
—Tina De Souza
• Describe how the oropharyngeal swallow function generally works
• Identify possible deficits with the oropharyngeal swallow function
• Recognize when to refer a patient for a swallow assessment to an SLP (or an OT - depending on who covers this in your zone)

November 3: Family Medicine Approach to Transgender Medicine
—Jillian (Jill) Demontigny
• Identify and manage transgender patients in the charts
• Manage other health issues in presence of hormonal treatment
• Summarize key relevant messages from April 2019 TOP guideline

November 10: Orthopaedic Pearls for the Family Physician
—Lance Anderson
• Describe common Orthopaedic scenarios and what a GP should do before referring to a surgeon
• Specify which diagnostic tests to order, and which treatments to employ
• Draft the perfect referral letter, what an Orthopaedic surgeon likes to see in a letter
• Identify which conditions/patients to refer to a surgeon or which can/should be sent elsewhere; which conditions are more urgent than others and how to obtain an expedited referral

November 17: Breaking Bad News
—Jennifer Burke
• Describe what is considered to be “bad news”
• Articulate why breaking bad news can be so difficult
• Prepare ahead of time for this type of conversation
• Take the appropriate approach in order to communicate bad news “well”

November 24: What’s New in MS
—Tyson Brust
• Describe the monitoring requirements for different treatment choices
• Describe what is new for progressive disease
• Identify steps to manage MS relapses in the rural environment
• Identify steps to manage symptoms of MS
• Describe basic MS pathophysiology and disease types
• Understand the risk factors for more severe COVID-19 outcomes in MS

December 1: Approach to abdominal pain
—Tara Chalmers-Nixon
• Recognize alarm symptoms that need urgent endoscopic assessment
• Apply strategies to manage situations when endoscopy not readily available
• Approach IBS associated abdominal pain with new perspectives

December 8: Common Overdoses or Unique Disasters
—Matt Mink
• Identify critical examination elements in the assessment of the poisoned patient
• Describe the role of PADIS in the management of poisonings
• Explain PADIS’ approach to risk assessment of the poisoned patient
• List the most frequently encountered QT prolonging medications encountered in poisoning

December 15: COVID-19 Outbreak Research Findings
—Gabriel Fabreau, Adam Vyse & Annalee Coakley
• Research findings from The Anatomy, Determinants, and Impacts of Alberta’s Meat Processing Plant COVID-19 Outbreaks Among Newcomers and their Families in Canada.

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