Recognize when to refer a patient
Approach IBS associated abdominal pain
Describe what is new for MS
Describe what is considered to be MS
Describe basic MS pathophysiology
Explain MOH rural related COVID-19
Apply the Enhanced COVID-19 Clinical Event Debriefing in Rural Context
Articulate the value and principles of Clinical Event Debriefing
Describe common Dermatology issues
Identify steps to manage MS
Describe common Orthopaedic Pearls for the Family Physician
Recognize alarm symptoms that raise the clinical index of suspicion for cardiac amyloidosis.
Apply current diagnostic approaches for evaluating a patient with suspected cardiac amyloidosis.
Manage cardiac amyloidosis using conventional and novel (emerging) therapies
Recognize ‘red flag’ symptoms and signs that raise the clinical index of suspicion for cardiac amyloidosis.

September 8: COVID update – The Science, MOH South Zone and Lessons Learned
—Vanessa Meier-Stephenson, Shobhit Maruti, Adam Vyse
- Describe the scientific update of COVID since March
- Explain MOH rural related COVID update
- Apply lessons learned from High River outbreak in your local context

September 15: Microvascular Angina
—Todd Anderson
- Differentiate diagnosis of ischemic chest pain and non-obstructive coronary disease (INOCA)
- Articulate diagnostic options for patients with INOCA
- Apply prognosis and treatment for INOCA

September 22: Clinical Event Debriefing in Rural Context
—Stuart Rose
- Articulate the value and principles of Clinical Event Debriefing
- Apply Clinical Event Debriefing strategies and describe appropriate tools for your local rural context

September 29: Common Dermatology Issues
—Ken Alanen
- Differentiate and manage common types of skin rashes in adult and pediatric patients
- Apply strategies for skin cancer management in a rural doctor’s office/hospital setting
- Identify when it is appropriate for referral

October 6: Otolologic Disease
—Devon Livingstone
- Describe common external and middle ear conditions
- List Common Misdagnosis in ear disease
- Explain pathophysiology and treatment of tinnitus
- Interpret audiograms and identify atypical hearing loss
- Apply emerging technologies for telehealth referral of ear disease

October 20: Cardiac Amyloidosis: An Under recognized Cause of Heart Failure
—Nowell Fine
- Describe the pathophysiology, causes and different types of cardiac amyloidosis.
- Recognize ‘red flag’ symptoms and signs that raise the clinical index of suspicion for cardiac amyloidosis.
- Apply current diagnostic approaches for evaluating a patient with suspected cardiac amyloidosis.
- Manage cardiac amyloidosis using conventional and novel (emerging) therapies

October 27: Swallowing Difficulties
—Tina De Souza
- Describe how the oropharyngeal swallow function generally works
- Identify possible deficits with the oropharyngeal swallow function
- Recognize when to refer a patient for a swallow assessment to an SLP (or an OT - depending on who covers this in your zone)

November 3: Family Medicine Approach to Transgender Medicine
—Jillian (Jill) Demontigny
- Identify and manage transgender patients in the charts
- Manage other health issues in presence of hormonal treatment
- Summarize key relevant messages from April 2019 TOP guideline

November 10: Orthopaedic Pearls for the Family Physician
—Lance Anderson
- Describe common Orthopaedic scenarios and what a GP should do before referring to a surgeon
- Specify which diagnostic tests to order, and which treatments to employ
- Draft the perfect referral letter, what an Orthopaedic surgeon likes to see in a letter
- Identify which conditions/patients to refer to a surgeon or which can/should be sent elsewhere; which conditions are more urgent than others and how to obtain an expedited referral

November 17: Breaking Bad News
—Jennifer Burke
- Describe what is considered to be “bad news”
- Articulate why breaking bad news can be so difficult
- Prepare ahead of time for this type of conversation
- Take the appropriate approach in order to communicate bad news “well”

November 24: What’s New in MS
—Tyson Brust
- Describe the monitoring requirements for different treatment choices
- Describe what is new for progressive disease
- Identify steps to manage MS relapses in the rural environment
- Identify steps to manage symptoms of MS
- Describe basic MS pathophysiology and disease types
- Understand the risk factors for more severe COVID-19 outcomes in MS

December 1: Approach to abdominal pain
—Tara Chalmers-Nixon
- Recognize alarm symptoms that need urgent endoscopic assessment
- Apply strategies to manage situations when endoscopy not readily available
- Approach IBS associated abdominal pain with new perspectives

December 8: Common Overdoses or Unique Disasters
—Matt Mink
- Identify critical examination elements in the assessment of the poisoned patient
- Describe the role of PADIS in the management of poisonings
- Explain PADIS’ approach to risk assessment of the poisoned patient
- List the most frequently encountered QT prolonging medications encountered in poisoning

December 15: Where Is The Beef?: Calming the COVID-19 Storm with Socio-Clinical Care Connectivity
—Gabriel Fabreau, Adam Vyse & Annalee Coakley
- Articulate how COVID 19 outbreaks impacted newcomers
- Describe how primary care and community agencies can provide holistic care to patients and curbing the pandemic
- Apply the Enhanced COVID-19 Integrated Pathway (ECIP)

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