



Rural Virtual Conference Series Fall Schedule

September 8 - December 15, 2020

September 8: COVID update - The Science, MOH South Zone and Lessons Learned

- Describe the scientific update of COVID since March
- Explain MOH rural related COVID update
- Apply lessons learned from High River outbreak in your local context

September 15: Microvascular Angina

- Differentiate diagnosis of ischemic chest pain and non-obstructive coronary disease (INOCA)
- Articulate diagnostic options for patients with INOCA
- Apply prognosis and treatment for INOCA

September 22: Clinical Event Debriefing in Rural Context

- Articulate the value and principles of Clinical Event Debriefing
- Apply Clinical Event Debriefing strategies and describe appropriate tools for your local rural context

September 29: Common Dermatology Issues

- Differentiate and manage common types of skin rashes in adult and pediatric patients
- Apply strategies for skin cancer management in a rural doctor's office/hospital setting
- Identify when it is appropriate for referral

October 6: Otologic Disease

- Describe common external and middle ear conditions
- List Common Misdiagnosis in ear disease
- Explain pathophysiology and treatment of tinnitus
- Interpret audiograms and identify atypical hearing loss
- Apply emerging technologies for telehealth referral of ear disease

October 20: Cardiac Amyloidosis: An Under-recognized Cause of Heart Failure

- Describe the pathophysiology, causes and different types of cardiac amyloidosis.
- Recognize 'red flag' symptoms and signs that raise the clinical index of suspicion for cardiac amyloidosis.
- Apply current diagnostic approaches for evaluating a patient with suspected cardiac amyloidosis.
- Manage cardiac amyloidosis using conventional and novel (emerging) therapies

October 27: Swallowing Difficulties

- Describe how the oropharyngeal swallow function generally works
- Identify possible deficits with the oropharyngeal swallow function
- Recognize when to refer a patient for a swallow assessment to an SLP (or an OT - depending on who covers this in your zone)

November 3: Family Medicine Approach to Transgender Medicine

- Identify and manage transgender patients in the charts
- Manage other health issues in presence of hormonal treatment
- Summarize key relevant messages from April 2019 TOP guideline

November 10: Orthopaedic Pearls for the Family Physician

- Describe common Orthopaedic scenarios and what a GP should do before referring to a surgeon
- Specify which diagnostic tests to order, and which treatments to employ
- Draft the perfect referral letter, what an Orthopaedic surgeon likes to see in a letter
- Identify which conditions/patients to refer to a surgeon or which can/should be sent elsewhere; which conditions are more urgent than others and how to obtain an expedited referral

November 17: Breaking Bad News

- Describe what is considered to be "bad news"
- Articulate why breaking bad news can be so difficult
- Prepare ahead of time for this type of conversation
- Take the appropriate approach in order to communicate bad news "well"

November 24: What's New in MS

- Describe the monitoring requirements for different treatment choices
- Describe what is new for progressive disease
- Identify steps to manage MS relapses in the rural environment
- Identify steps to manage symptoms of MS

December 1: Approach to abdominal pain

- Recognize alarm symptoms that need urgent endoscopic assessment
- Apply strategies to manage situations when endoscopy not readily available
- Approach IBS associated abdominal pain with new perspectives

December 8: Common Overdoses or Unique Disasters

- Identify critical examination elements in the assessment of the poisoned patient
- Describe the role of PADIS in the management of poisonings
- Explain PADIS' approach to risk assessment of the poisoned patient
- List the most frequently encountered QT prolonging medications encountered in poisoning

December 15: COVID-19 Outbreak Research Findings

- Research findings from The Anatomy, Determinants, and Impacts of Alberta's Meat Processing Plant COVID-19 Outbreaks Among Newcomers and their Families in Canada.

CONTACT

ruralcme@ucalgary.ca