January 12: Caring for Rural Indigenous Patients, Taking Good Care and Helping It Become Better
—Alila Lafontaine
• Understand unconscious bias and how it can impact care
• Discuss racialized experiences of care through a colonial lens
• Recognize how reflective practice can deepen empathy and improve Indigenous patient experiences
• Describe existing initiatives that support rural care within AHS, University of Calgary and University of Alberta

January 19: Paediatric Fractures
—Elyse Joughin
• Identify and manage paediatric fractures, including pitfalls in diagnosis
• Describe principles of Fracture Management in Children

January 26: Palliative Care post COVID-19
—Paul Humphries
• Describe how palliative care are different due to COVID-19 impact
• Apply best practice tips to connect with patients during remote/virtual palliative care, home care and home palliative care

February 2: Transport Questions Answered
—Jamin Mulvey, Renee Paul & Sumesh Thomas
• Estimate the wait time for STARs to arrive and best prepare for transfer
• Prepare and stabilize sick babies born in a rural hospital while waiting for neonatal transfer

February 9: Evaluation of Evidence 101
—Tina Korownyk
• Recognize some deception in research through COVID 19, and the value of evidence evaluation
• Apply rapid assessment of evidences skills

February 23: Managing Common Complex Psychiatric Presentations in Rural
—Dr. Tim Ayas
• Manage common complex psychiatric presentations such as psychosis, treatment refractory depression, addictions, etc. in the rural office setting
• Identify the appropriate time and referral process to refer to psychiatrists
• Describe how COVID 19 impacted the management strategies and apply tips during remote / virtual consultation

March 2: Allergy
—Dr Arjun Rash
• Manage and treat common allergies for both adults and pediatric patients
• Identify when and how to refer
• Care for chronic allergies

March 9: Chronic Diarrhea vs. IBS-D: How primary care pathways can support your management
—Dr. Julia Carter and Dr. Kerri Novak
• Articulate the key diagnostic and therapeutic differences between chronic diarrhea and irritable bowel syndrome (diarrhea subtype)
• Use the Chronic Diarrhea and IBS primary care pathways to support their management

March 16: ADHD Diagnosis and Management in Rural
—Tina Nicholson & Roxanne Swiegers
• Articulate a pragmatic view of how to help patients in rural and remote settings
• Explain strategies for accurate diagnosis
• Use a holistic approach to patient management including behavioural, psychosocial and medication

March 23: Top tips for the management of cirrhosis with a Primary care lens
—Puneeta Tandon
• Explain how to access the Cirrhosis Care Alberta Physician and Patient resources
• List the Top 5 tips for the outpatient screening and management of cirrhosis in primary care
• Describe work being done to better understand role clarity between primary and specialty care for cirrhosis - “who does what?”

March 30: Common Fractures and Dislocations in Adults
—Dawne Smith-Lewis
• Determine what injuries should be treated in the rural emergency department
• Order appropriate x-rays according to injury presentation
• Evaluate when to transport and refer the at-risk patient

April 13: Common Eye Disorders
—David Anderson
• Manage common eye disorders in rural clinics where resources are limited

April 20: Improving your documentation: Lessons from the CMPA
—Keleigh James & Janet Nuth
• Outline 5 documentation deficiencies identified in CMPA cases involving family medicine
• Describe 3 best practices when documenting using an EMR
• Develop 2 documentation strategies that you can implement to improve patient safety

April 27: Approach to Multi-trauma Management in Rural
—Brady Bouchard
• Explain the critical role teamwork plays in managing trauma in rural and remote communities
• Articulate key pieces of a team-based Emergency Disaster Plan in rural and remote communities
• Describe key stakeholders and roles for an effective team debrief after a traumatic experience

May 4: Evidence Based Medicine for Pain Management
—Tina Korownyk
• Articulate strategies for critical review of evidence and data
• Describe key clinical evidence in pain management including osteoarthritis, neuropathic and back pain.

May 11: International travel health concerns during and following COVID-19
—Rudy Zimmer
• Describe new issues to consider for travelling during and following the pandemic
• Provide travel advice in light of the pandemic including changing international public health requirements.

May 18: Screening and Treatment of Hepatitis C in Primary Care
—Mark Swain, Gisela MacPhail
• Outline treatment advances, including ability for primary care providers to treat hepatitis C without specialist referral
• Explain the positive outcomes associated with hepatitis C cure
• Demonstrate effective delivery of screening, treatment, and cure by following the Hepatitis C Primary Care Pathway