This program has received an educational grant from Alberta Health Services.

January 12: Caring for Rural Indigenous Patients, Taking Good Care and Helping It Become Better
—Alika Lafontaine
- Understand unconscious bias and how it can impact care
- Discuss racialized experiences of care through a colonial lens
- Recognize how reflective practice can deepen empathy and improve Indigenous patient experiences
- Describe existing initiatives that support rural care within AHS, University of Calgary and University of Alberta

January 19: Paediatric Fractures
—Elaine Joughin
- Identify and manage paediatric fractures, including pitfalls in diagnosis
- Describe principles of Fracture Management in Children

January 26: Palliative Care post COVID-19
—Paul Humphries
- Describe how palliative care are different due to COVID-19 impact
- Apply best practice tips to connect with patients during remote/virtual palliative care, home care and home palliative care

February 2: Transport Questions Answered
—Jamin Mulvey, Renee Paul & Sumesh Thomas
- Estimate the wait time for STARs to arrive and best prepare for transfer
- Prepare and stabilize sick babies born in a rural hospital while waiting for neonatal transfer

February 9: Evaluation of Evidence 101
—Tina Korownyk
- Recognize some deception in research through COVID 19, and the value of evidence evaluation
- Apply rapid assessment of evidences skills

February 23: Managing Common Complex Psychiatric Presentations in Rural
—Dr. Tim Ayas
- Manage common complex psychiatric presentations such as psychosis, treatment refractory depression, addictions, etc. in the rural office setting
- Identify the appropriate time and referral process to refer to psychiatrists
- Describe how COVID 19 impacted the management strategies and apply tips during remote / virtual consultation

March 2: Allergy
—Dr. Arjun Rash
- Manage and treat common allergies for both adults and pediatric patients
- Identify when and how to refer
- Care for chronic allergies

March 9: Chronic Diarrhea vs. IBS-D: How primary care pathways can support your management
—Dr. Julia Carter and Dr. Kerri Novak
- Articulate the key diagnostic and therapeutic differences between chronic diarrhea and irritable bowel syndrome (diarrhea subtype)
- Use the Chronic Diarrhea and IBS primary care pathways to support their management

March 16: ADHD Diagnosis and Management in Rural
—Tina Nicholson & Roxanne Swiegers
- Articulate a pragmatic view of how to help patients in rural and remote settings
- Explain strategies for accurate diagnosis
- Use a holistic approach to patient management including behavioural, psychosocial and medication

March 23: Boundaries and challenging patient behaviours
—Jeff Feist
- Describe the safety boundaries for rural clinical staff and healthcare providers
- Manage challenging patients and potentially threatening patient encounters proactively
- Identify appropriate timing to involve police force when encountering violent patient behaviour

March 30: Common Fractures and Dislocations in Adults
—Dawne Smith-Lewis
- Determine what injuries should be treated in the rural emergency department
- Order appropriate x-rays according to injury presentation
- Evaluate when to transport and refer the at-risk patient

April 13: Common Eye Disorders
—David Anderson
- Manage common eye disorders in rural clinics where resources are limited

April 20: Improving your documentation: Lessons from the CMPA
—Keleigh James & Janet Nuth
- Outline 5 documentation deficiencies identified in CMPA cases involving family medicine
- Describe 3 best practices when documenting using an EMR
- Develop 2 documentation strategies that you can implement to improve patient safety

April 27: Approach to Multi-trauma Management in Rural
—Brady Bouchard
- Explain the critical role teamwork plays in managing trauma in rural and remote communities
- Articulate key pieces of a team-based Emergency Disaster Plan in rural and remote communities
- Describe key stakeholders and roles for an effective team debrief after a traumatic experience

May 4: Evidence Based Medicine for Pain Management
—Tina Korownyk
- Articulate strategies for critical review of evidence and data
- Describe key clinical evidence in pain management including osteoarthritis, neuropathic and back pain

May 11: International travel health concerns during and following COVID-19
—Rudy Zimmer
- Describe new issues to consider for travelling during and following the pandemic
- Provide travel advice in light of the pandemic including changing international public health requirements

May 18: TBD
— TBD

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