



**UNIVERSITY OF CALGARY**  
CUMMING SCHOOL OF MEDICINE  
Continuing Medical Education  
and Professional Development

# Rural Virtual Conference Series

**Winter 2021 | Tuesday Mornings | January 12 - May 18, 2021 | 8:00-9:00 AM MST**

**Offered via Zoom Webinar | REGISTRATION REQUIRED**

Moderated by Dr. Greg Skinner

**January 12: Caring for Rural Indigenous Patients, Taking Good Care and Helping It Become Better**  
—Alika Lafontaine

- Understand unconscious bias and how it can impact care
- Discuss racialized experiences of care through a colonial lens
- Recognize how reflective practice can deepen empathy and improve Indigenous patient experiences
- Describe existing initiatives that support rural care within AHS, University of Calgary and University of Alberta

**January 19: Paediatric Fractures**  
—Elaine Joughin

- Identify and manage paediatric fractures, including pitfalls in diagnosis
- Describe principles of Fracture Management in Children

**January 26: Palliative Care post COVID-19**  
—Paul Humphries

- Describe how palliative care are different due to COVID-19 impact
- Apply best practice tips to connect with patients during remote/virtual palliative care, home care and home palliative care

**February 2: Transport Questions Answered**  
—Jamin Mulvey, Renee Paul & Sumesh Thomas

- Estimate the wait time for STARs to arrive and best prepare for transfer
- Prepare and stabilize sick babies born in a rural hospital while waiting for neonatal transfer

**February 9: Evaluation of Evidence 101**  
—Tina Korownyk

- Recognize some deception in research through COVID 19, and the value of evidence evaluation
- Apply rapid assessment of evidences skills

**February 23: Managing Common Complex Psychiatric Presentations in Rural**  
—Dr. Tim Ayas

- Manage common complex psychiatric presentations such as psychosis, treatment refractory depression, addictions, etc. in the rural office setting
- Identify the appropriate time and referral process to refer to psychiatrists

- Describe how COVID 19 impacted the management strategies and apply tips during remote / virtual consultation

**March 2: Allergy**  
—Dr Arjun Rash

- Manage and treat common allergies for both adults and pediatric patients
- Identify when and how to refer
- Care for chronic allergies

**March 9: Chronic Diarrhea vs. IBS-D: How primary care pathways can support your management**  
—Dr. Julia Carter and Dr. Kerri Novak

- Articulate the key diagnostic and therapeutic differences between chronic diarrhea and irritable bowel syndrome (diarrhea subtype)
- Use the Chronic Diarrhea and IBS primary care pathways to support their management

**March 16: ADHD Diagnosis and Management in Rural**  
—Tina Nicholson & Roxanne Swiegers

- Articulate a pragmatic view of how to help patients in rural and remote settings
- Explain strategies for accurate diagnosis
- Use a holistic approach to patient management including behavioural, psychosocial and medication

**March 23: Top tips for the management of cirrhosis with a Primary care lens**  
— Puneeta Tandon

- Explain how to access the Cirrhosis Care Alberta Physician and Patient resources
- List the Top 5 tips for the outpatient screening and management of cirrhosis in primary care
- Describe work being done to better understand role clarity between primary and specialty care for cirrhosis - "who does what"?

**March 30: Common Fractures and Dislocations in Adults**  
—Dawne Smith-Lewis

- Determine what injuries should be treated in the rural emergency department
- Order appropriate x-rays according to injury presentation
- Evaluate when to transport and refer the at-risk patient

**April 13: Common Eye Disorders**  
—David Anderson

- Manage common eye disorders in rural clinics where resources are limited

**April 20: Improving your documentation: Lessons from the CMPA**  
—Keleigh James & Janet Nuth

- Outline 5 documentation deficiencies identified in CMPA cases involving family medicine
- Describe 3 best practices when documenting using an EMR
- Develop 2 documentation strategies that you can implement to improve patient safety

**April 27: Approach to Multi-trauma Management in Rural**  
—Brady Bouchard

- Explain the critical role teamwork plays in managing trauma in rural and remote communities
- Articulate key pieces of a team-based Emergency Disaster Plan in rural and remote communities
- Describe key stakeholders and roles for an effective team debrief after a traumatic experience

**May 4: Evidence Based Medicine for Pain Management**  
—Tina Korownyk

- Articulate strategies for critical review of evidence and data
- Describe key clinical evidence in pain management including osteoarthritis, neuropathic and back pain.

**May 11: International travel health concerns during and following COVID-19**  
—Rudy Zimmer

- Describe new issues to consider for travelling during and following the pandemic
- Provide travel advice in light of the pandemic including changing international public health requirements.

**May 18: TBD**

- TBD

**CONTACT**

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