Rural Virtual Conference Series

Winter 2021 | Tuesday Mornings | January 12 - May 18, 2021 | 8:00-9:00 AM MST
Offered via Zoom Webinar | REGISTRATION REQUIRED

Moderated by Dr. Greg Skinner

**January 12: Caring for Rural Indigenous Patients, Taking Good Care and Helping It Become Better** —Alix LaFontaine
- Understand unconscious bias and how it can impact care
- Discuss racialized experiences of care through a colonial lens
- Recognize how reflective practice can deepen empathy and improve Indigenous patient experiences
- Describe existing initiatives that support rural care within AHS, University of Calgary and University ofAlberta

**January 19: Paediatric Fractures** —Elaine Joughin
- Identify and manage paediatric fractures, including pitfalls in diagnosis
- Describe principles of Fracture Management in Children

**January 26: Palliative Care post COVID-19** —Paul Humphries
- Describe how palliative care are different due to COVID-19 impact
- Apply best practice tips to connect with patients during remote/virtual palliative care, home care and home palliative care

**February 2: Transport Questions Answered** —Jamin Mulvey, Renee Paul & Sumesh Thomas
- Estimate the wait time for STARs to arrive and best prepare for transfer
- Prepare and stabilize sick babies born in a rural hospital while waiting for neonatal transfer

**February 9: Evaluation of Evidence 101** —Tina Korownyk
- Recognize the some deception in research through COVID 19, and the value of evidence evaluation
- Apply rapid assessment of evidences skills

**February 23: Managing Common Complex Psychiatric Presentations in Rural** —Dr. Tim Ayas
- Manage common complex psychiatric presentations such as psychosis, treatment refractory depression, addictions, etc. in the rural office setting
- Identify the appropriate time and referral process to refer to psychiatrists

**March 2: Allergy** —Dr Arjun Rash
- Manage and treat common allergies for both adults and pediatric patients
- Identify when and how to refer
- Care for chronic allergies

**March 9: Chronic Diarrhea vs. IBS-D: How primary care pathways can support your management** —Dr. Julia Carter and Dr. Kerri Novak
- Articulate the key diagnostic and therapeutic differences between chronic diarrhea and irritable bowel syndrome (diarrhea subtype)
- Use the Chronic Diarrhea and IBS primary care pathways to support their management

**March 16: ADHD Diagnosis and Management in Rural** —Tina Nicholson & Roxanne Swiesges
- Articulate a pragmatic view of how to help patients in rural and remote settings
- Explain strategies for accurate diagnosis
- Use a holistic approach to patient management including behavioural, psychosocial and medication

**March 23: Top tips for the management of cirrhosis with a Primary care lens** —Puneeta Tandon
- Explain how to access the Cirrhosis Care Alberta Physician and Patient resources
- List the Top 5 tips for the outpatient screening and management of cirrhosis in primary care
- Describe work being done to better understand role clarity between primary and specialty care for cirrhosis - “who does what?”

**March 30: Common Fractures and Dislocations in Adults** —Dawne Smith-Lewis
- Determine what injuries should be treated in the rural emergency department
- Order appropriate x-rays according to injury presentation
- Evaluate when to transport and refer the at-risk patient

**April 13: Common Eye Disorders** —David Anderson
- Manage common eye disorders in rural clinics where resources are limited

**April 20: Improving your documentation: Lessons from the CMPA** —Keleigh James & Janet Nuth
- Outline 5 documentation deficiencies identified in CMPA cases involving family medicine
- Describe 3 best practices when documenting using an EMR
- Develop 2 documentation strategies that you can implement to improve patient safety

**April 27: Approach to Multi-trauma Management in Rural** —Brady Bouchard
- Explain the critical role teamwork plays in managing trauma in rural and remote communities
- Articulate key pieces of a team-based Emergency Disaster Plan in rural and remote communities
- Describe key stakeholders and roles for an effective team debrief after a traumatic experience

**May 4: Evidence Based Medicine for Pain Management** —Tina Korownyk
- Articulate strategies for critical review of evidence and data
- Describe key clinical evidence in pain management including osteoarthritis, neuropathic and back pain.

**May 11: International travel health concerns during and following COVID-19** —Rudy Zimmer
- Describe new issues to consider for travelling during and following the pandemic
- Provide travel advice in light of the pandemic including changing international public health requirements

**May 18: TBD**
- TBD

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