Rural Virtual Conference Series

Winter 2021 | Tuesday Mornings | January 12 - May 18, 2021 | 8:00-9:00 AM MST

Offered via Zoom Webinar | REGISTRATION REQUIRED

Moderated by Dr. Greg Skinner

January 12: Caring for Rural Indigenous Patients, Taking Good Care and Helping It Become Better
—Alia Lafontaine
• Understand unconscious bias and how it can impact care
• Discuss racialized experiences of care through a colonial lens
• Recognize how reflective practice can deepen empathy and improve Indigenous patient experiences
• Describe existing initiatives that support rural care within AHS, University of Calgary and University of Alberta

January 19: Paediatric Fractures
—Elyne Joughin
• Identify and manage paediatric fractures, including pitfalls in diagnosis
• Describe principles of Fracture Management in Children

January 26: Palliative Care post-COVID-19
—Paul Humphries
• Describe how palliative care are different due to COVID-19 impact
• Apply best practice tips to connect with patients during remote/virtual palliative care, home care and home palliative care

February 2: Transport Questions Answered
—Jamin Mulvey, Renee Paul & Sumesh Thomas
• Estimate the wait time for STARs to arrive and best prepare for transfer
• Prepare and stabilize sick babies born in a rural hospital while waiting for neonatal transfer

February 9: Evaluation of Evidence 101
—Tina Korownyk
• Recognize some deception in research through COVID 19, and the value of evidence evaluation
• Apply rapid assessment of evidences skills

February 23: Managing Common Complex Psychiatric Presentations in Rural
—Dr. Tim Ayas
• Manage common complex psychiatric presentations such as psychosis, treatment refractory depression, addictions, etc. in the rural office setting
• Identify the appropriate time and referral process to refer to psychiatrists
• Describe how COVID 19 impacted the management strategies and apply tips during remote / virtual consultation

March 2: Allergy
—Dr. Arjun Rash
• Manage and treat common allergies for both adults and pediatric patients
• Identify when and how to refer
• Care for chronic allergies

March 9: Chronic Diarrhea vs. IBS-D: How primary care pathways can support your management
—Dr. Julia Carter and Dr. Kerri Novak
• Articulate the key diagnostic and therapeutic differences between chronic diarrhea and irritable bowel syndrome (diarrhea subtype)
• Use the Chronic Diarrhea and IBS primary care pathways to support their management

March 16: ADHD Diagnosis and Management in Rural
—Tina Nicholson & Roxanne Swiegers
• Articulate a pragmatic view of how to help patients in rural and remote settings
• Explain strategies for accurate diagnosis
• Use a holistic approach to patient management including behavioural, psychosocial and medication

March 23: Top tips for the management of cirrhosis with a Primary care lens
—Puneet Tandon
• Describe Cirrhosis Care Alberta Program and explain how to access the Cirrhosis Care Alberta Physician and Patient Resources
• Locate information around screening and management of cirrhosis with a primary care lens on CirrhosisCare website
• Describe work being done to better understand role clarity between primary and specialty care for cirrhosis - “who does what?”

March 30: Deprescribing of Proton Pump Inhibitors in Alberta
—Sander Van Zanten
• Describe the extent of PPI Utilization in Alberta
• Identify appropriate situations for prescribing and de-prescribing PPIs
• Reflect on their own PPI prescribing practice
• Use tools to support discussions with patients on appropriate PPI therapy

April 13: Common Eye Disorders
—David Anderson
• Manage common eye disorders in rural clinics where resources are limited

April 20: Improving your documentation: Lessons from the CMPA
—Keleigh James & Janet Nuth
• Outline 5 documentation deficiencies identified in CMPA cases involving family medicine
• Describe 3 best practices when documenting using an EMR
• Develop 2 documentation strategies that you can implement to improve patient safety

April 27: Approach to Multi-trauma Management in Rural
—Brady Bouchard
• Explain the critical role teamwork plays in managing trauma in rural and remote communities
• Articulate key pieces of a team-based Emergency Disaster Plan in rural and remote communities
• Describe key stakeholders and roles for an effective team debrief after a traumatic experience

May 4: Evidence Based Medicine for Pain Management
—Tina Korownyk
• Articulate strategies for critical review of evidence and data
• Describe key clinical evidence in pain management including osteoarthritis, neuropathic and back pain.

May 11: COVID-19 Vaccine Overview through An International Lens
—Rudy Zimmer
• Describe the difference in vaccine coverage situations around the globe
• Understand the implications on international travelling such as COVID 19 Vaccine Passports

May 18: Screening and Treatment of Hepatitis C in Primary Care
—Mark Swain, Gisela MacPhail
• Outline treatment advances, including ability for primary care providers to treat hepatitis C without specialist referral
• Explain the positive outcomes associated with hepatitis C care
• Demonstrate effective delivery of screening, treatment, and cure by following the Hepatitis C Primary Care Pathway

This program has received an educational grant from Alberta Health Services.

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