This program has received an educational grant from Alberta Health Services.

**Rural Virtual Conference Series**

**Fall 2021 | Tuesday Mornings | September 9th - December 14th, 2021 | 8:00 - 9:00 AM MT**

Offered via Zoom Webinar | REGISTRATION REQUIRED

**Moderated by Dr. Greg Skinner**

**September 7th - Post COVID 19 Recovery and Rehabilitation**  
- Chester Ho, Isabel Henderson, Petra O’Connell
  - Describe the post COVID-19 Rehabilitation Framework overview
  - Discuss how best to support rural Albertans with COVID-19

**September 14th - COVID and Pregnancy**  
- Eliana Castillo, Stephanie Cooper, Verena Kuret
  - Describe the data around COVID 19 and pregnancy
  - List management pearls for all stages of pregnancy if tested COVID positive
  - Advise patients on COVID 19 vaccination and pregnancy

**September 21st - COVID Vaccination and Sewage Surveillance**  
- Cora Constantinescu, Mike Parkins
  - Approach conversations around vaccine hesitancy
  - Describe sewage surveillance for monitoring COVID 19

**September 28th - COVID and Adolescent Eating Disorders – A Crisis Creates Opportunity?**  
- Tina Nicholson, April Elliott
  - Comprehend the changing landscape around Adolescent Mental Health and specifically Eds seen during the pandemic and beyond
  - Recognize the role of primary care in identifying risks and diagnosing eating disorders at an early stage of severity
  - List evidence-based interventions suitable for primary care and when to refer this population to specialty

**October 5th - Alberta Cancer Diagnosis Initiative**  
- Stewart Douglas, Tim Buckland
  - Outline supports and processes for diagnosing colorectal cancer and lymphoma

**October 7th - Post COVID-19 Rehabilitation**  
- Tim Buckland, Petra O’Connell
  - Describe the post COVID-19 Rehabilitation Framework overview
  - Discuss how best to support rural Albertans with COVID-19

**October 9th - ECG Reading in Rural Clinic and ER**  
- Gavin Parker
  - Develop a systematic approach to quickly and accurately interpret ECG in the Rural ED
  - Recognize important diagnosis and therapeutic considerations
  - Understand confounders and mimics
  - Discuss challenging ECGs from real rural cases

**October 12th - COVID-19 and Adolescent Eating Disorders**  
- Tina Nicholson, April Elliott
  - Comprehend the changing landscape around Adolescent Mental Health and specifically Eds seen during the pandemic and beyond
  - Recognize the role of primary care in identifying risks and diagnosing eating disorders at an early stage of severity
  - List evidence-based interventions suitable for primary care and when to refer this population to specialty

**October 19th - Special K: Don’t be a Cereal Killer**  
- Jonathan Wallace, Rejish Thomas
  - Describe Ketamine use in procedural Sedation, pain management and psychiatric disorder

**October 26th - Diabetic Retinopathy Screening**  
- Andrea Lasby
  - Explain the importance of early detection and treatment of diabetic retinopathy
  - Screen Age-related macular degeneration (AMD) and Glaucoma

**November 2nd - Asthma and Lung Testing**  
- Candy Marcet, Mohit Bhutani, Tina Nicholson
  - TBD

**November 9th - ECG Reading in Rural Clinic and ER**  
- Gavin Parker
  - Develop a systematic approach to quickly and accurately interpret ECG in the Rural ED
  - Recognize important diagnosis and therapeutic considerations
  - Understand confounders and mimics
  - Discuss challenging ECGs from real rural cases

**November 16th - Is Your Patient with Digestive Health Issues High Risk? Clinical Pearls to Help You Decide if a Referral is Indicated**  
- Julia Carter, Kerri Novak, Juan Abraldes
  - Use FIB-4 calculation to determine if a patient with NAFLD is high risk for fibrosis
  - Describe how the FIB-4 compares to other measures of fibrosis

**November 23rd - Multimodal Pain Management**  
- Deirdre Duffy
  - Approach the place of ultrasound guided blocks in multimodal pain management

**November 30th - International Travel Health Concerns During and Following COVID-19**  
- Rudy Zimmer
  - Describe new issues to consider for traveling during and following the pandemic
  - Provide travel advice in light of the pandemic including changing international public health requirements

**December 7th - Mental Models in Cirrhosis Care**  
- Lee Green
  - Use a “knowledge on demand” approach in cirrhosis care
  - Establish patient-centered mental models
  - Approach transitions of care challenges between generalist-specialist that are driven by differences in mental models and meaningfully attempt to improve communication

**December 14th - Mental Models in Cirrhosis Care**  
- Rudy Zimmer
  - Recognize when biopsies are necessary and how to approach them
  - Identify which cases to refer and which ones to monitor locally

**CONTACT**
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