



Rural Virtual Conference Series

Winter 2022 | Tuesday Mornings | January 11th - May 17th, 2022 | 8:00-9:00 AM MT

Offered via Zoom Webinar | REGISTRATION REQUIRED

Moderated by Dr. Greg Skinner

January 11th - IBD Management in Rural - Tara Chalmers-Nixon

- Determine when to manage patients locally and treatment options such as steroids
- Determine when to refer and follow up with appropriate referral
- Approach lymphocytic colitis treatment

January 18th - MSK Assessment over Telecommunication - Stephanie Mullin

- Conduct assessment of shoulder, knee and hip via telecommunication

January 25th - The Home Hospital Model: Reaching Beyond Hospital Walls - David Luebert, Michelle Grinman

- Describe "Hospital at Home" initiative
- Identify opportunities, challenges and potential solution for adapting this model to your local community

February 1st - Diabetes Refresher - Michael Kolber, Tina Korownyk

- Articulate best evidence around common outcomes in diabetics
- Explain harms and benefits for common diabetic interventions
- Apply an evidence based approach to diabetic management

February 8th - Outpatient Access to COVID-19 Treatments - Alice Chan, Jeremy Slobodan, Lara Bani Issma'eel, Mark Joffe

- Provide an overview of evidence and drug interactions for sotrovimab and nirmatrelvir/ritonavir
- Support patients to the access to the treatment program
- Find primary care guidance for COVID-19 medication information as the pandemic evolves

February 15th - PSA: Do we Order or Not - James Dickinson

- Use shared decision-making tools to help patients make informed decisions on PSA
- Manage slightly elevated PSA's

- Use 5-alpha reductase inhibitor drugs appropriately

March 1st - Implantable Contraception - Jared Van Bussel

- Compare common IUD devices
- Explain IUD related common complications and potential emergencies
- Manage difficult IUD insertion, removal and perforation

March 8th - Paediatric Pain - Samina Ali

- Outline procedures to approach common paediatric painful conditions such as headaches, stomachache, etc.
- Apply tools and resources for paediatric pain care

March 15th - Microvascular Angina - Todd Anderson

- Understand that chest pain with non-obstructive coronary arteries (INOCA) is common particularly in women
- Explain the pathophysiology, treatment and prognosis of INOCA

March 22nd - Performing Under Stress - Chad Hegge, James Huffman

- Articulate how acute stress impacts healthcare providers' learning and performance
- Describe proactive and reactive strategies to manage the impacts stress has on performance

March 29th - Managing Dementia at Home - Jeffrey Jamieson

- Outline Managing Dementia At Home initiative and assessment tips
- List clinical pearls to help patients and families managing dementia at home in rural settings

April 5th - Bringing the Spirit Home - Esther Tailfeathers, Susan Adelman

- Describe the Bringing the Spirit Home initiative and its impact
- List key steps to establish a model for community based physicians and paramedics to work together to provide community care

April 12th - Pharmacological and Non-pharmacological Treatment of Depression - Thomas Raedler

- Discuss current pharmacological and non-pharmacological intervention options for resistant depression
- Apply appropriate interventions taking into consideration the impact of COVID-19 on mental health

April 26th - AUD Management in Rural - Monty Ghosh, Susan Adelman

- Manage alcohol use in rural communities during and post the COVID 19 pandemic
- Approach home detox and ensure safe supply and harm reduction using virtual consultation

May 3rd - Rural Emergency X-Rays You Don't Want to Miss - Lyle Thomas, Vic Venu

- Identify +C51 red flags shown on X-Rays of potential hand fractures, rib fractures, subtle ortho fracture, and chest fracture

May 10th - Managing Adolescent Mood Disorders in Primary Care - addressing non-suicidal self-harm, suicidality and safety issues - Roxanne Swiegers, Tina Nicholson

- Recognize the varying presentations of mood disorders in the adolescent population and make a diagnosis with validated screening tools
- Understand presentations of suicidality and non-suicidal self-harm in the community and put into place appropriate management strategies including safety planning

May 17th - Management of Injuries in the Rural Setting - Brandon Thome

- List common sports injuries seen in rural
- Manage rodeo injuries in rural
- Distinguish the level of emergency and when referral is required
- Support patients recovery after been seen by specialists

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