



**UNIVERSITY OF CALGARY**  
CUMMING SCHOOL OF MEDICINE  
Continuing Medical Education  
and Professional Development

## Rural Virtual Conference Series

**Winter 2022 | Tuesday Mornings | January 11th - May 17th, 2022 | 8:00-9:00 AM MT**

**Offered via Zoom Webinar | REGISTRATION REQUIRED**

Moderated by Dr. Greg Skinner

### **January 11th - IBD Management in Rural - Tara Chalmers-Nixon**

- Determine when to manage patients locally and treatment options such as steroids
- Determine when to refer and follow up with appropriate referral
- Approach lymphocytic colitis treatment

### **January 18th - MSK Assessment over Telecommunication - Marni Wesner**

- Conduct assessment of shoulder, knee and hip via telecommunication

### **January 25th - Rural Hospital at Home - Michelle Grinman, Simon Ward**

- Describe "Hospital at Home" initiative
- Identify opportunities, challenges and potential solution for adapting this model to your local community

### **February 1st - Diabetes Refresher - Michael Kolber, Tina Korownyk**

- Articulate best evidence around common outcomes in diabetics
- Explain harms and benefits for common diabetic interventions

Apply an evidence based approach to diabetic management

### **February 8th - Team Management of Heart Failure in ER and Community - Robbie Sidhu**

- Approach management of right sided heart failure
- Establish a team approach to support heart failure patients in ER & community

### **February 15th - PSA: Do we Order or Not - James Dickinson**

- Use shared decision-making tools to help patients make informed decisions on PSA
- Manage slightly elevated PSA's
- Use 5-alpha reductase inhibitor drugs appropriately

### **March 1st - Implantable Contraception - Jared Van Bussel**

- Compare common IUD devices
- Explain IUD related common complications and potential emergencies
- Manage difficult IUD insertion, removal and perforation

### **March 8th - Paediatric Pain - Samina Ali**

- Outline procedures to approach common paediatric painful conditions such as headaches, stomachache, etc.
- Apply tools and resources for paediatric pain care

### **March 15th - Microvascular Angina - Todd Anderson**

- Understand that chest pain with non-obstructive coronary arteries (INOCA) is common particularly in women
- Explain the pathophysiology, treatment and prognosis of INOCA

### **March 22nd - Performing Under Stress - Chad Hegge, James Huffman**

- Articulate how stress impacts healthcare providers' performance and healthcare
- Prepare for stressful cases and apply strategies in stressful moments and stressful events to help ensure optimal care

### **March 29th - Managing Dementia at Home - Christine Isleifson, Jeffrey Jamieson**

- Outline Managing Dementia At Home initiative and assessment tips
- List clinical pearls to help patients and families managing dementia at home in rural settings

### **April 5th - Bringing the Spirit Home - Esther Tailfeathers, Susan Adelman**

- Describe the Bringing the Spirit Home initiative and its impact
- List key steps to establish a model for community based physicians and paramedics to work together to provide community care

### **April 12th - Abnormal Pap - Sarah Glaze**

- Proceed with abnormal pap smear
- Identify when and how to do cervical and vaginal biopsies

### **April 26th - AUD Management in Rural - Lucas Gursky, Monty Ghosh**

- TBD

### **May 3rd - Rural Emergency X-Rays You Don't Want to Miss - Lyle Thomas, Vic Venu**

- Identify +C51 red flags shown on X-Rays of potential hand fractures, rib fractures, subtle ortho fracture, and chest fracture

### **May 10th - TBD - Tina Nicholson**

- Outline mood disorder particularly non-suicidal self-harm, assessment, treatment & safety

### **May 17th - TBD - TBD**

- TBD

**CONTACT**

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