

## UNIVERSITY OF CALGARY

CUMMING SCHOOL OF MEDICINE **Continuing Medical Education** and Professional Development

# **Rural Virtual Conference Series**

## Winter 2022 | Tuesday Mornings | January 11th - May 17th, 2022 | 8:00-9:00 AM MT

### Offered via Zoom Webinar | REGISTRATION REQUIRED

Moderated by Dr. Greg Skinner

## January 11th - IBD Management

- in Rural Tara Chalmers-Nixon Determine when to manage patients locally and treatment options such as steroids
- Determine when to refer and follow up with appropriate referral
- Approach lymphocytic colitis treatment

#### January 18th - MSK Assessment over Telecommunication - Marni Wesner

Conduct assessment of shoulder, knee and hip via telecommunication

#### January 25th - Rural Hospital at Home - Michelle Grinman, Simon Ward

- Describe "Hospital at Home" initiative
- Identify opportunities, challenges and potential solution for adapting this model to your local community

#### February 1st - Diabetes **Refresher - Michael Kolber, Tina** Korownyk

- Articulate best evidence around common outcomes in diabetics
- Explain harms and benefits for common diabetic interventions

Apply an evidence based approach to diabetic management

#### February 8th - Team **Management of Heart Failure** in ER and Community - Robbie Sidhu

- Approach management of right sided heart failure
- Establish a team approach to support heart failure patients in ER & community

#### February 15th - PSA: Do we **Order or Not - James Dickinson**

- Use shared decision-making tools to help patients make informed decisions on PSA
- Manage slightly elevated PSA's
- Use 5-alpha reductase inhibitor drugs appropriately

### March 1st - Implantable

#### **Contraception** - Jared Van Bussel Sarah Glaze Compare common IUD

- devices Explain IUD related common
- complications and potential emergencies
- removal and perforation

#### March 8th - Paediatric Pain -Samina Ali

- Outline procedures to approach common paediatric painful conditions such as headaches, stomachache, etc.
- Apply tools and resources for paediatric pain care

#### March 15th - Microvascular Angina - Todd Anderson

- Understand that chest pain with non-obstructive coronary arteries (INOCA) is common particularly in women
- Explain the pathophysiology, treatment and prognosis of INOCA

#### March 22nd - Performing Under Stress - Chad Hegge, James Huffman

- Articulate how stress impacts healthcare providers' performance and healthcare
- Prepare for stressful cases and apply strategies in stressful moments and stressful events May 17th - Sports Injury to help ensure optimal care

#### March 29th - Managing Dementia • at Home - Christine Isleifson, **Jeffrey Jamieson**

- Outline Managing Dementia At Home initiative and assessment tips
- List clinical pearls to help patients and families managing dementia at home in rural settings

#### **April 5th - Bringing the Spirit** Home - Esther Tailfeathers, Susan Adelman

- Describe the Bringing the Spirit Home initiative and its impact
- List key steps to establish a model for community based physicians and paramedics to work together to provide community care

## April 12th - Abnormal Pap -

- Proceed with abnormal pap smear
- Identify when and how to do cervical and vaginal biopsies

#### Manage difficult IUD insertion, April 26th - AUD Management in Rural - Monty Ghosh, Susan Adelman

- Manage alcohol use in rural communities during and post the COVID 19 pandemic
- Approach home detox and ensure safe supply and harm reduction using virtual consultation

## May 3rd - Rural Emergency X-Rays You Don't Want to Miss -Lyle Thomas, Vic VenuIdentify +C51 red flags shown

on X-Rays of potential hand fractures, rib fractures, subtle ortho fracture, and chest fracture

#### May 10th - Managing Adolescent Mood Disorders in Primary Care - addressing non- suicidal self-harm, suicidality and safety issues - Tina Nicholson

Outline mood disorder particularly non-suicidal selfharm, assessment, treatment & safety

# **Brandon Thome**

- List common sports injuries seen in rural
- Manage rodeo injuries in rural Distinguish the level of emergency and when referral
- is required Support patients recover after been seen by specialists

## CONTACT

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