

# Rural Video Conference 2022-2023 Winter Schedule

Tuesdays, 8:00am-9:00am MT – Offered via Zoom

Moderated by Dr. Greg Skinner



## **Jan 10, 2023 - Quality of Care in the Emergency Department for First Nations Members in Alberta - Lea Bill, Patrick McLane**

1. Comprehend policy and politics that cause First Nations members to rely disproportionately on EDs
2. Identify stereotypes and barriers impacting First Nations members' emergency care
3. List strategies to provide better care for First Nations members

## **Jan 17, 2023 - POCUS experience of Rural Family Doctors - Jonathan Wallace, David Topps (Panelist), Simon Ward (Panelist)**

1. Set up and utilize POCUS in one's practice
2. Discuss the benefits and potential pitfalls of POCUS in rural primary care setting
3. Maximize benefits and avoid potential pitfalls when using POCUS in one's practice

## **Jan 24, 2023 - AHS Long COVID updates and Resources to support your practice - Jillian Walsh, Mary Wiebe, Shawna Curry**

1. Describe the patterns and trends in long COVID prevalence in Alberta
2. Identify the top 5 symptoms of long COVID in Alberta
3. List key resources in Alberta available for patients and providers for long COVID support
4. Identify where to find the pathways for long COVID and how to navigate them

## **Jan 31, 2022 - "Another Clot in the Wall": Management of PE in the ED - Lyle Thomas**

1. Make the diagnosis of PE clinically and diagnostically
2. Discuss the real use of D-dimer in the ED
3. Articulate routine management of PE in the ED
4. Discuss emergent complications of PE and handle them in the ED

## **Feb 7, 2023 - Child Maltreatment in the Emergency Department - Stevi Golden-Plotnik**

1. Review the different forms of child maltreatment: non-accidental injury, neglect, caregiver fabricated illness
2. Identify features of history, physical examination and imaging concerning for child maltreatment
3. Discuss the reporting and referral process for suspected child maltreatment in Alberta
4. Discuss indications for transfer to a pediatric emergency department

## **Feb 14, 2023 - Pediatric Pelvic Health - alternative of PEG3350 - Lori Walker Krause**

1. Manage common pediatric pelvic health challenges such as enuresis, encopresis, chronic constipation, urinary urgency, recurrent UTIs, delayed potty training, and abdominal pains.
2. Identify continuing care needs for kids who had extreme surgeries in infancy or early childhood, such as bladder exstrophy, cloacal malformations, post-bladder cancer.
3. Provide toileting strategies and resources, in addition to PEG3350, for patients and their families to maximize use of appointment time

## **Feb 28, 2023 - Choose Your Briefs - Rapid-fire pearls for Common Primary Care Presentations - Jessica Kirkwood, Tina Korownyk**

1. Recognize high level evidence for a number of clinical questions
2. Incorporate best evidence in the management of a number of clinical questions in primary care
3. Differentiate between interventions with minimal benefit and those with strong evidence for patient-oriented outcomes

## **Mar 7, 2023 - An Approach to Diabetic lower Extremity Complications - John Nesbitt**

1. Assess and investigate diabetic extremity complications
2. Treat diabetic ulcers, venous and arterial foot ulcers, charcot feet, ingrown nails, tophous ulcers and neuropathic pain.
3. Identify when referral is needed and how to refer

## **Mar 14, 2023 - Pulmonary hypertension in the rural ED - Lawrence Gutman**

1. Define and describe the major types of pulmonary hypertension
2. Outline the clinical presentation and workup of pulmonary hypertension
3. Identify the pitfalls and management of pulmonary hypertension in an acutely unwell patient

## **Mar 21, 2023 - Brain Injuries and Vision - Shannon Penniford**

1. Compare eyesight vs vision
2. Comprehend post trauma vision syndrome and significance of early treatment
3. Describe the various impacts of visual dysfunction, treatment options, and new technologies
4. Identify how visual processing is impacted, indicators used for vision assessment, and when and how vision therapy can help

## **Mar 28, 2023 - Anxiety Pathway - a guide to identifying, diagnosing and managing generalized anxiety disorder within the Patient Medical Home - Margie Oakander, Rachel Han Savoie**

1. Identify suspected Generalized anxiety disorder (GAD) patients
2. Gain an Approach to generalized anxiety disorder Management with the use of the anxiety pathway
3. Describe some of the non-pharmacological management options for GAD
4. Describe common medication used in GAD management

## **Apr 4, 2023 - What's new in osteoporosis diagnosis and treatment? - Emma Billington**

1. Assess fracture risk, both with and without bone mineral density results
2. Determine which patients should be offered pharmacologic treatment
3. Have an understanding of available pharmacologic treatment options and safety considerations

**Apr 18, 2023 - An update on Celiac disease for primary care - Justine Turner, Sander Veldhuyzen van Zanten**

1. Recognize the varied and subtle clinical features of celiac disease in children and adults
2. Know when and how to screen their patients for celiac disease
3. List screening laboratory tests for celiac disease in Alberta, including that there is no need to order an IgA level
4. Develop an approach to screening for celiac disease in patients who are following a gluten free diet
5. Know when and how to refer their patients for suspected celiac disease
6. Apply a new diagnostic and referral pathway for celiac disease in Alberta

**Apr 25, 2023 - Drunk, Drugged, Delirious or Dangerous? An approach to disruptive patients in the ED - Simon Ward**

1. Comprehend agitated delirium
2. Take stepwise approach to management of agitation in the ED
3. Keep yourself and your team safe
4. Describe the work up of agitation in the ED

**May 2, 2023 - Abnormal Uterine Bleeding - Fiona Mattatall**

1. Recognize the impact on AUB
2. Establish a differential diagnosis for AUB
3. Formulate a strategy for workup for AUB
4. Provide options for AUB treatment

**May 9, 2023 - What's New, What's True, and What's Poo: Top studies from the last year - Betsy Thomas, Jessica Kirkwood**

1. Describe evidence that highlights a new diagnostic test, therapy tool that should be implemented into current practice
2. Compare articles and evidence that may reaffirm currently utilized diagnostic tests, therapies or tools
3. Identify articles that highlight diagnostic tests, therapies or other tools that should be abandoned

**May 16, 2023 - Physician Practice Improvement Program and support for success - Doug Woodhouse, Shelley Howk**

1. Describe CPSA Physician Practice Improvement Program and requirements for physicians
2. List support available for physicians to start and complete Quality

Improvement projects and personal development activities