



Rural Videoconference Series

WINTER 2020 | January 7 – May 26 • Tuesday Mornings | 0800-0900 MST/MDT

OFFERED THROUGH TELEHEALTH/VIDEOCONFERENCE AT YOUR HEALTHCARE FACILITY

JANUARY 7

Spinal Stenosis

– Peter Lewkonja

- describe 3 clinical features of (each of) neurogenic claudication and cervical myelopathy
- contrast the natural history of claudication, radiculopathy and myelopathy as well as indications for imaging
- outline the goals of non-surgical treatment for lumbar stenosis including physical therapy, cortisone injection and medication management

JANUARY 14

Ophthalmology Potpourri for Primary Care Physicians

– Faazil Kassam

- describe basic ocular anatomy and physiology of the eye
- recognize the key aspects of a clinical history that can determine the differential diagnosis
- identify critical components of the limited ocular exam in a primary care office without ophthalmic equipment in order to separate urgent from non-urgent problems
- differentiate what should be referred to ophthalmology and managed by the primary care doctor
- manage the most common pathology that will present to your office appropriately
- acquire confidence with eye problem coming into the office

JANUARY 21

Me, Taper? Never! Challenging Conversation in the World of Chronic Pain

– Marie-Eve Beauchemin-Turcotte

- recognize the key components of challenging/crucial conversations
- identify components of challenging conversation especially during an opioid taper
- describe an approach and select tools to help clinician to discuss a tapering plan with their patients

JANUARY 28

PSA: Learning the Pros and Cons

– Nathan Lavens

- manage and investigate UTI in paediatric population, and in the elderly
- recognize the acute scrotum and role of imaging
- recognize a true emergency

FEBRUARY 4

Otologic Disease

– Devon Livingstone

- describe common external and middle ear conditions
- list common misdiagnosis in ear disease
- explain pathophysiology and treatment of tinnitus
- interpret audiograms and identify atypical hearing loss
- apply emerging technologies for telehealth referral of ear disease

FEBRUARY 11

Seizures in Kids

– Roger Galbraith

- explain the diverse etiologies of febrile seizures to patient families
- address questions about febrile seizure recurrences and risk of epilepsy
- describe a reasonable approach to seizures that won't stop
- articulate indications and options for consultations in seizures

FEBRUARY 25

Sexual Assault

– Pauline Head

- conduct a trauma informed initial assessment
- preserve and collect evidence by talking to the appropriate personnel
- provide appropriate post exposure medical treatment
- arrange medical and psychosocial follow-up

MARCH 3

Suspected Sexual Abuse in Children

– Jenn D'Mello

- identify when to suspect sexual abuse
- obtain appropriate and relevant information in cases of suspected sexual abuse
- become comfortable with how to examine a child with suspected sexual abuse
- recognize the limitations of the physical exam in the sexually abused child
- describe your reporting responsibilities and available resources in cases of suspected sexual abuse

MARCH 10

An Approach to Chronic Pain in the Rural Community

– Rob Tanguay

- describe evidence-based treatment for chronic pain
- perform opioid deprescribing
- identify when to refer out

MARCH 17

What's New in MS

– Tyson Brust

- describe the monitoring requirements for different treatment choices
- describe what is new for progressive disease
- identify steps to manage MS relapses in the rural environment
- identify steps to manage symptoms of MS

MARCH 24

Cardiac Amyloidosis: An Underrecognized Cause of Heart Failure

– Nowell Fine

- describe the pathophysiology, causes and different types of cardiac amyloidosis
- recognize 'red flag' symptoms and signs that raise the clinical index of suspicion for cardiac amyloidosis
- apply current diagnostic approaches for evaluating a patient with suspected cardiac amyloidosis
- manage cardiac amyloidosis using conventional and novel (emerging) therapies

MARCH 31

Breaking Bad News

– Jennifer Burke

- describe what is considered to be "bad news"
- articulate why breaking bad news can be so difficult
- prepare ahead of time for this type of conversation
- take the appropriate approach in order to communicate bad news "well"

APRIL 7

Family Medicine Approach to Transgender Medicine

– Jill Demontigny

- identify and manage transgender patients in the charts
- manage other health issues in presence of hormonal treatment
- summarize key relevant messages from April 2019 TOP guideline

APRIL 21

Swallowing Difficulties

– Tina De Souza

- describe how the oropharyngeal swallow function generally works
- identify possible deficits with the oropharyngeal swallow function
- recognize when to refer a patient for a swallow assessment to an SLP (or an OT – depending on who covers this in your zone)

APRIL 28

Common Overdoses or Unique Disasters

– Matt Mink

- identify critical examination elements in the assessment of the poisoned patient
- describe the role of PADIS in the management of poisonings
- explain PADIS' approach to risk assessment of the poisoned patient
- list the most frequently encountered QT prolonging medications encountered in poisoning

MAY 5

New Topics in Choosing Wisely and GI Recommendations

– Kerri Novak

- interpret the concept of value in healthcare, the meaning of "adding value" and how the notion of appropriateness fit with value
- apply guidelines and best evidence to support appropriateness, including Choosing Wisely Canada recommendations
- employ appropriateness upon approaching common gastrointestinal concerns in primary care
- describe the use of gastroscopy for dyspepsia in both the Calgary Zone and Alberta, and summarize how understanding practice patterns can inform and then optimize use of a limited resource procedure such as gastroscopy

MAY 12

Orthopaedic Pearls for the Family Physician

– Lance Anderson

- describe common orthopaedic scenarios and what a GP should do before referring to a surgeon
- specify which diagnostic tests to order, and which treatments to employ
- draft the perfect referral letter, what an orthopaedic surgeon likes to see in a letter
- identify which conditions/patients to refer to a surgeon or which can/should be sent elsewhere; which conditions are more urgent than others and how to obtain an expedited referral

MAY 26

Approach to Abdominal Pain

– Tara Chalmers-Nixon

- recognize alarm symptoms that need urgent endoscopic assessment
- apply strategies to manage situations when endoscopy not readily available
- approach IBS associated abdominal pain with new perspectives

CONTACT

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