



Rural Videoconference Series

WINTER 2020 | January 7 – June 2 • Tuesday Mornings | 0800-0900 MST/MDT

OFFERED VIA ZOOM WEBINAR | **REGISTRATION REQUIRED TO RECEIVE ZOOM LINK (WILL BE SENT DAY BEFORE COURSE)**

TO REGISTER <https://conted.ucalgary.ca/portal/events/reg/participantTypeSelection.do?method=load&entityId=50748581>

JANUARY 7

Spinal Stenosis

– Peter Lewkonja

- describe 3 clinical features of (each of) neurogenic claudication and cervical myelopathy
- contrast the natural history of claudication, radiculopathy and myelopathy as well as indications for imaging
- outline the goals of non-surgical treatment for lumbar stenosis including physical therapy, cortisone injection and medication management

JANUARY 14

Ophthalmology Potpourri for Primary Care Physicians

– Faazil Kassam

- describe basic ocular anatomy and physiology of the eye
- recognize the key aspects of a clinical history that can determine the differential diagnosis
- identify critical components of the limited ocular exam in a primary care office without ophthalmic equipment in order to separate urgent from non-urgent problems
- differentiate what should be referred to ophthalmology and managed by the primary care doctor
- manage the most common pathology that will present to your office appropriately
- acquire confidence with eye problem coming into the office

JANUARY 21

Me, Taper? Never! Challenging Conversation in the World of Chronic Pain

– Marie-Eve Beauchemin-Turcotte

- recognize the key components of challenging/crucial conversations
- identify components of challenging conversation especially during an opioid taper
- describe an approach and select tools to help clinician to discuss a tapering plan with their patients

JANUARY 28

PSA: Learning the Pros and Cons

– Nathan Lavens

- manage and investigate UTI in paediatric population, and in the elderly
- recognize the acute scrotum and role of imaging
- recognize a true emergency

FEBRUARY 4

Disability and Accommodation in Autism Spectrum Disorder

– Gregory Skinner

- identify when to suspect ASD based on NICE guidelines
- identify areas of disability in ASD
- develop simple, inexpensive accommodations in your workspace

FEBRUARY 11

Seizures in Kids

– Roger Galbraith

- explain the diverse etiologies of febrile seizures to patient families
- address questions about febrile seizure recurrences and risk of epilepsy
- describe a reasonable approach to seizures that won't stop
- articulate indications and options for consultations in seizures

FEBRUARY 25

Sexual Assault

– Pauline Head

- conduct a trauma informed initial assessment
- preserve and collect evidence by talking to the appropriate personnel
- provide appropriate post exposure medical treatment
- arrange medical and psychosocial follow-up

MARCH 3

Suspected Sexual Abuse in Children

– Jenn D'Mello

- identify when to suspect sexual abuse
- obtain appropriate and relevant information in cases of suspected sexual abuse
- become comfortable with how to examine a child with suspected sexual abuse
- recognize the limitations of the physical exam in the sexually abused child
- describe your reporting responsibilities and available resources in cases of suspected sexual abuse

MARCH 10

An Approach to Chronic Pain in the Rural Community

– Rob Tanguay

- describe evidence-based treatment for chronic pain
- perform opioid deprescribing
- identify when to refer out

MARCH 17

What's New in MS

– Tyson Brust

- describe the monitoring requirements for different treatment choices
- describe what is new for progressive disease
- identify steps to manage MS relapses in the rural environment
- identify steps to manage symptoms of MS

MARCH 24

Cardiac Amyloidosis: An Under-Recognized Cause of Heart Failure

– Nowell Fine

- describe the pathophysiology, causes and different types of cardiac amyloidosis
- recognize 'red flag' symptoms and signs that raise the clinical index of suspicion for cardiac amyloidosis
- apply current diagnostic approaches for evaluating a patient with suspected cardiac amyloidosis
- manage cardiac amyloidosis using conventional and novel (emerging) therapies

MARCH 31

COVID-19: Updates for the Rural Practitioner

– Peter Jamieson, Laura McDougall, Linda Slocombe

- describe AHS protocols for COVID-19 pandemic
- describe AHS treatment protocol or recommendation, as well as healthcare providers self-care including PPE
- recognize COVID-19 symptoms and differentiate it from other flu
- explain proper testing procedure
- advise patients on prevention practice

APRIL 7

COVID-19 Rural Management Update

– John Gill | PANELIST – Linda Slocombe

- summarize the spread in rural communities and identify rural hotspots
- describe effective prevention methods and necessary preparation in rural communities for potential outbreak
- advise patients on the implication of symptomatic, asymptomatic, transmission and management measures
- articulate management strategies for COVID-19 patients and non-COVID patients in rural communities with limited resources

APRIL 21

Alcohol and Substance Use in the Time of COVID-19

– Monty Ghosh

- apply virtual care strategies to care for patients with alcohol and substance use in the time of COVID in rural areas
- determine when face to face care or acute care is necessary for patients and take appropriate steps to refer
- determine what resources are available virtually for patient support and advice during COVID

APRIL 28

Safe Intubation and Ventilation in the Time of COVID in Rural Areas

– Paul Parks | PANELIST – Sean Spence

- identify strategies to ensure safe intubation in very ill patients when resources are limited
- perform effective post intubation care to patients in rural areas in the time of COVID
- apply ventilation strategies in rural areas in the time of COVID

MAY 5

Rural OBGYN Management in the Time of COVID-19

– Ashley Rommens, Sarah Wozney | PANELIST – Stephanie Cooper

- effectively apply PPE for deliveries and keep practitioners and parents safe during deliveries
- manage and transport COVID positive/suspected patients for safe delivery to a regional hospital
- apply virtual care strategies to manage gynecology issues such as pelvic masses, lab work, etc, during COVID-19

MAY 12

Rural ER Management in the Time of COVID-19

– Sharon Reece, Adam Vyse, Simon Ward

- identify an approach to COVID-19 preparation and management in a rural community
- identify an approach to COVID-19 preparation and management in a remote community
- describe an approach to mitigation of a COVID-19 outbreak in a rural community
- articulate the role of virtual technologies in the COVID-19 era for rural and remote communities

MAY 26

Rural ER Patient Management and Disaster Planning

– Cathy Dobson, Sean Spence

- apply the principles of disaster planning to develop and implement a disaster plan for your rural emergency department or health centre
- apply different strategies managing adult and geriatric patients in rural ER during COVID-19 time

JUNE 2

Managing Anxiety and Stress Virtually During COVID-19: Rural Patients and Practitioners

– Janet de Groot

- address virtual support and consultation to patients with anxiety and stress during isolation in COVID-19
- apply strategies for managing healthcare providers mental wellness issues in the time of a pandemic
- identify resources available for rural healthcare practitioners for both patients and themselves

CONTACT

Monica Rast, Program Assistant
ruralcme@ucalgary.ca