

FOR MORE TRAINING

Monthly Free Public Sessions*

*REGISTER WITH EVENTBRITE

DROP IN'S WELCOME.

WWW.EVENTBRITE.CA

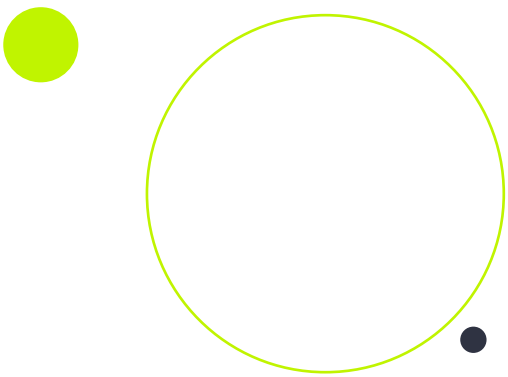
OR

Contact Community Based Naloxone Nurse for to set up a free 2-hour education on harm reduction, street drugs, opioid crisis, naloxone training, simulations, and kit distribution for your organization:

MONICA DICKSON

MONICA.DICKSON@AHS.CA

CELL: 403.863.9769



“HARM REDUCTION SAVES LIVES”

SAFEWORKS
SHELDON M. CHUMIR HEALTH CENTRE
1213 4 STREET SW
CALGARY, AB T2R 0X7
NALOXONE.KIT@AHS.CA
SAFEWORKSHARMREDUCTION@AHS.CA
WWW.AHS.CA/NALOXONE



ID AN OD?
KNOW WHAT
TO LOOK FOR.
BE PREPARED.

NALOXONE:
GET IT. CARRY IT. USE IT.

www.stopods.ca



OPIOIDS

Synthetic or natural chemical that binds to opioid receptors

Central nervous system depressants that result in euphoria, decreased heart rate, decreased respiratory rate, drowsiness, slow/slurred speech, and constricted pupils

Some examples:

- Heroin
- Oxycodone
- Hydrocodone
- Morphine
- Methadone
- Fentanyl

RECOGNIZING AN OVERDOSE

- **Unresponsive** to stimulus such as someone yelling their name, a light shake or rubbing your knuckles along the breast bone
- Breathing is slow, erratic or not breathing at all
- Body is very limp
- Fingernails and lips are blue
- Skin is cold and/or clammy
- Pulse is slow, erratic, or not there at all
- Choking sounds or a snore-like gurgling noise
- Vomiting and/or seizures
- Loss of consciousness
- Pupils are tiny



'SAVE ME'

Follow the **SAVE ME** steps to respond to an overdose

