



THE PREGNANCY & INFANT LOSS SUPPORT CENTRE

<https://www.pregnancyinfantlosssupportcentre.com/>

1725 10 Ave SW #300, Calgary, AB, (825) 205-7918

Journey Through Grief

MENTAL HEALTH THROUGH PREGNANCY & INFANT LOSS

ADITI LOVERIDGE
(SHE/HER)



**PREGNANCY & INFANT
LOSS COACHING**



The journey through
grief program was
designed to meet the
Clients individual
needs wherever they
may be on their
journey through loss



KIRSTEN NELSON
(SHE/HER)



INITIAL GRIEF COUNSELING

Peer Support Groups

SPECIALIZED SUPPORT GROUPS TO MEET YOU EXACTLY WHERE YOU ARE



*We provide a safe,
non-judgmental space
for parents, families
and individuals*

*Surrounding Yourself
in an environment with
others, who are
experiencing what you
are going through*





Pregnancy Loss Support Line

Hours of Support
Mountain Standard Time
Monday to Sunday
9 am - 11 pm

*100% confidential bereavement support for
parents. No matter where you live, we are
here for you. Call or text and be immediately
connected to one of our trained peer
volunteers.*

CALL OR TEXT
1-888-910-1551