



UNIVERSITY OF
CALGARY

CUMMING SCHOOL OF MEDICINE
Office of Continuing Medical Education and Professional Development

COURSE AND PROGRAM LISTING

› January to August 2018

CONTACT INFORMATION

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UofC.CME



@CME_UofC

The Office of Continuing Medical Education and Professional Development is committed to providing excellence in continuing medical education programming for physicians and other health professionals.

This brochure includes a listing and brief description of confirmed courses and programs as of publication date. Please visit cumming.ucalgary.ca/cme for up-to-date registration and brochure information.

Courses and programs offered through CME:

- are evidence-based, objective and balanced
- meet accepted standards of scientific integrity
- have specific learning objectives for participants
- are developed by planning committees comprised of individuals from relevant backgrounds
- are provided for both general practitioners and specialists, as well as other health professionals
- are derived from need assessments generated from the perceived needs of the target audiences and the unperceived needs from environmental scans
- provide diverse opportunities for learning in face to face, blended and online environments

cumming.ucalgary.ca/cme

CME COURSES

Find the course(s) of your interest and sign up as an early bird!

cumming.ucalgary.ca/cme/courses

JANUARY 18, 2018

Paediatric Fractures Course

Banff Park Lodge, 222 Lynx Street, Banff, AB

WHO SHOULD ATTEND: MD | NP | OTHER HEALTHCARE PROFESSIONALS (RURAL)

This course is designed for rural practitioners to learn the knowledge and skills necessary in the initial management of paediatric fractures. This course will include short didactic presentations addressing the correct diagnosis of paediatric fractures and the physiologic differences between paediatric and adult fractures that affect management. Live demonstration with hands-on practice will focus on appropriate casting and splinting methods. Participants will practice on each other, including applying casts and splints (appropriate attire is suggested).

JANUARY 19, 2018

Rural Anesthesia for GP Anesthesiologists and Associated Post-course

Banff Park Lodge, 222 Lynx Street, Banff, AB | Banff Mineral Springs Hospital, 305 Lynx Street, Banff, AB

WHO SHOULD ATTEND: GP ANESTHESIOLOGISTS (RURAL)

This intensive one-day course for GP Anesthesiologists features a blend of expert-lead didactic teaching and practical skill-development workshops, and offers opportunities for networking and exchange of information and ideas between leaders in the field and rural GP anesthesiologists.

JANUARY 19, 2018

Diagnosing ECGs Emergently

Banff Park Lodge, 222 Lynx Street, Banff, AB

WHO SHOULD ATTEND: MD | NP | RN | OTHER HEALTHCARE PROFESSIONALS (RURAL)

This workshop includes a systematic approach to systematic interpretation, axis determination, ischemia, injury and infarction, differential diagnosis and case studies.

JANUARY 19, 2018

Complex Fractures and Dislocations Course

Banff Park Lodge, 222 Lynx Street, Banff, AB

WHO SHOULD ATTEND: MD | NP | RN | OTHER HEALTHCARE PROFESSIONALS (RURAL)

This course is designed to learn hands-on skills to deal with complicated fractures and dislocations seen in the rural emergency departments. The course will include short case-based presentations on specific fractures, a discussion of diagnosis and treatment, demonstration of the applicable cast and/or splint and hands-on practice. The morning will focus on fractures and dislocation of the upper limbs and the afternoon will focus on the lower limbs. Participants will practice on each other, including applying splints and casts.

JANUARY 19-21, 2018

Emergency Medicine for Rural Hospitals

Banff Park Lodge, 222 Lynx Street, Banff, AB | Banff Mineral Springs Hospital, 305 Lynx Street, Banff, AB

WHO SHOULD ATTEND: MD | RN | NP | PRE-HOSPITAL HEALTH PROFESSIONALS (RURAL)

This course provides updates on clinical topics relevant for physicians, nurses and other health professionals who practice in rural communities. Through a combination of plenary lectures, small group interactive sessions and hands-on skill development workshops, participants will review current best practices, guidelines, tools and techniques for investigating and managing emergent patients – from prehospital, to the rural emergency department.

FEBRUARY 1, 2018

Demystifying Eating Disorders

Ruberto Ostberg Gallery, 2108 18 Street NW, Calgary, AB

WHO SHOULD ATTEND: MD | NP | RN | PSYCHOLOGISTS | SW | OTHER HEALTHCARE PROFESSIONALS

This workshop employs experiential and interactive techniques such as role play and group discussion designed to support practitioners in working with patients with eating disorders. Topics covered include screening, identifying and responding to patients. Participants will gain skills in discriminating between the types of eating disorders, and will be updated around practical treatment approaches which will further their ability to assist patients in the community.

FEBRUARY 15, 2018

WEBINAR Alberta's Netcare Screening Status Report and Cancer Screening Guidelines

Online

WHO SHOULD ATTEND: FAMILY PHYSICIANS PRACTICING IN ALBERTA

With the promotion of the new cancer screening status reports to all Netcare users this winter it will be timely and relevant to provide family physicians with a refreshed educational resource focused on cancer screening. During this 1.5-hour webinar, you will learn how to use and interpret the report; further, you will be reminded with the key points of screening practice on breast, cervical and colorectal cancers. You will have the opportunity to discuss with the experts about practical tips of screening communication with your patients.

MARCH 7, 2018

Choosing Wisely Alberta Symposium

The Westin Calgary, 320 4th Avenue SW, Calgary, AB

WHO SHOULD ATTEND: HEALTHCARE LEADERS | MD | OTHER HEALTHCARE PROFESSIONALS | PATIENT REPRESENTATIVES | MEDICAL STUDENTS | TRAINEES

This one-day interactive and networking symposium is designed to achieve the following objectives: align and integrate Choosing Wisely initiatives across Alberta; build partnerships and collaborations among patients, clinicians and key stakeholders currently conducting Choosing Wisely related activities; identify new partners and collaborations to increase the impact of Choosing Wisely and describe opportunities to build capacity for utilizing data to improve appropriateness and quality of care.

MARCH 9, 2018

4th Annual MSK Pearls Course

Baymont Inn and Conference Centre, 4311 49 Avenue, Red Deer, AB

WHO SHOULD ATTEND: MD | NP | RN | PT WORKING IN SPORTS MEDICINE

This annual course is designed primarily for family physicians and physiotherapists who care for patients with musculoskeletal injuries; other health professions are welcome to attend. Developed by the AMA Section of Sport and Exercise Medicine, the course blends didactic learning opportunities with hands-on workshops, covering a wide range of MSK issues, all taught by experts in the field. Participants are given opportunities to practice examination and procedural skills under expert guidance, as well as clinical decision-making during case-based discussions.

MARCH 17-18, 2018

Preparation Course for the CCFP Exam

Health Sciences Centre, 3330 Hospital Drive NW, Calgary, AB

WHO SHOULD ATTEND: ELIGIBLE MDS WHO ARE PREPARING TO UNDERTAKE THE CCFP EXAM

This course is designed for practice eligible physicians who are preparing to undertake the CCFP Exam. The course will provide participants with an overview of the principles of family medicine, an overview of the patient-centred clinical method, an introduction to the Simulated Office Oral (SOO) component of the exam, skills and strategies to use in patient interviews that can be applied to the exam, six practice SOOs with feedback from experienced examiners, pre-course practice with Short Answer Management Problems (SAMPs) and feedback, an opportunity to practice writing SAMPs in an exam-like setting and to discuss the SAMP component of the exam. NOTE: content of this course is not endorsed by the College of Family Physicians of Canada nor is it reviewed by the Board of Examiners at the College to ensure alignment with the CCFP certification examination. Participating in the course does not guarantee success on the certification examination.

CME COURSES

MARCH 23, 2018

Stroke Symposium

Health Sciences Centre, 3330 Hospital Drive NW, Calgary, AB

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | PHARMACISTS | PT | OT | SPEECH THERAPISTS | TRAINEES

Stroke diagnosis, management and recovery focused on what you need to know in an office-based setting. The course will review what happens in acute stroke, how to manage recovery and stroke-related recovery issues including spasticity and driving and how to assess and treat preventively after stroke.

APRIL 18, 2018

Cannabis Update 2018: A Framework for Conversations with Patients

Dining Centre, University of Calgary, 124 University Gate NW, Calgary, AB

WEBCAST Cannabis Update 2018: A Framework for Conversations with Patients

Online

WHO SHOULD ATTEND: MD | PHARMACISTS | NP | RN | PSYCHOLOGISTS | SW | OTHER HEALTHCARE PROFESSIONALS | RESIDENTS | TRAINEES

This course will provide an evidence-based checklist for patient assessment, demonstration case studies and interactive panel discussions to enable healthcare practitioners to engage in patient conversations around the use of cannabis.

APRIL 19-20, 2018

35th Annual Calgary Therapeutics Course

MacEwan Conference & Event Centre, Main Campus, 2500 University Drive NW, Calgary, AB

WEBCAST 35th Annual Calgary Therapeutics Course

Online

WHO SHOULD ATTEND: MD | PHARMACISTS | PA | NP | RN | LPN | SPECIALISTS | OTHER HEALTHCARE PROFESSIONALS

This evidence-based course is designed to introduce family physicians, specialist physicians, pharmacists and nurse practitioners to new medications, new indications for older products and new guidelines for treatment. Current therapeutics controversies are examined and drug and non-drug therapeutic approaches for selected clinical conditions are presented.

APRIL 27, 2018

Women's Mental Health Day

Clarion Hotel and Conference Centre, 2120 16 Avenue NE, Calgary, AB

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | PSYCHIATRISTS | PSYCHOLOGISTS | SW | OTHER HEALTHCARE PROFESSIONALS

The content of this course provides a practical and evidence-based review and update on diagnosis, treatment and management of women's health issues that are commonly encountered in primary care. Identifying local resources and networking with experts will increase the support available to primary care around women's health.

MAY 7, 2018

Calgary Pain Conference

MacEwan Conference & Event Centre, Main Campus, 2500 University Drive NW, Calgary, AB

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | PHARMACISTS | PT | OT | SW | PSYCHOLOGISTS | OTHER HEALTHCARE PROFESSIONALS

The content of this conference covers advances in pain research and treatment, the prevention and management of acute and chronic pain and provides an overview of available programs and resources in Calgary. This year's course features Lorimer Moseley PhD, a research physiotherapist and University of South Australia's inaugural Chair in Physiotherapy and Professor of Clinical Neurosciences. He is a well known researcher in the role of the brain and mind in chronic pain.

MAY 8, 2018

Calgary Pain Conference Breakfast with Lorimer Mosely

MacEwan Conference & Event Centre, Main Campus, 2500 University Drive NW, Calgary, AB

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | PHARMACISTS | PT | OT | SW | PSYCHOLOGISTS | OTHER HEALTH PROFESSIONALS

Interactive discussion with Lorimer Moseley PhD. He is a research physiotherapist and University of South Australia's inaugural Chair in Physiotherapy and Professor of Clinical Neurosciences. He is a well known researcher in the role of the brain and mind in chronic pain.

CME COURSES

MAY 10-11, 2018

5th ACH Paediatric Update Conference

Alberta Children's Hospital, Kinsmen Learning Centre,
4th Floor, 2888 Shaganappi Trail NW, Calgary, AB

*WHO SHOULD ATTEND: PAEDIATRICIANS | FAMILY PHYSICIANS | RESIDENTS |
TRAINEES | NP | RN | LPN | PHARMACISTS | OT | PHYSIOTHERAPISTS | SW |
PSYCHOLOGISTS | SPEECH LANGUAGE PATHOLOGISTS | AUDIOLOGISTS*

This conference will update knowledge in selected areas of paediatric care relevant to physicians and other health professionals who look after children in community and hospital settings. Various topics will be reviewed to support advancements in the care of infants, children and adolescents.

JUNE 1, 2018

Women's Health in Primary Care

Best West Village Park Inn, 1804 Crowchild Trail NW, Calgary, AB

*WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | PHARMACISTS | SPECIALISTS |
OTHER HEALTHCARE PROFESSIONALS WITH AN INTEREST IN WOMEN'S
HEALTH*

This specialist-lead conference uses both didactic and case-based learning on biopsychosocial issues, vital for any practitioner who sees female patients. Topics cover the spectrum, including transgender medicine, sexual assault, gynecological problems and breast cancer.

JUNE 8, 2018

ECG Interpretation Course

Health Sciences Centre, 3330 Hospital Drive NW, Calgary, AB

*WHO SHOULD ATTEND: FAMILY PHYSICIANS | OTHER HEALTHCARE
PROFESSIONALS*

This course is designed for family physicians and others wishing to upgrade their ECG interpretation skills, family physicians preparing to write the College of Physicians and Surgeons of Alberta ECG interpretation examination, as well as ECG-certified family physicians and hospitalists looking for a refresher in this area. It will provide a review of basic 12-lead ECG interpretation skills required for family physicians. Participants will watch a series of podcasts, completing related online ECG interpretation exercises, followed by experiencing a full day of face-to-face learning activities including short lectures and a rotation of small group case discussions.

TBD

Rheumatology Workshop

Health Sciences Centre, 3330 Hospital Drive NW, Calgary, AB

WHO SHOULD ATTEND: MD | NP

This half-day workshop is designed for family physicians and other primary care practitioners involved in the care of patients with common joint issues. There is a strong focus on exam skills, initial treatment and when to refer. Participants are required to watch a number of podcasts prior to the hands-on workshop. During the pre-workshop and post-workshop activities, participants will also have the opportunities to communicate individual learning needs with the experts as well as post-training reflection on their own practices.



CME PROGRAMS

We host ongoing series of group learning activities and other innovative learning programs:

cumming.ucalgary.ca/cme/programs

JANUARY 10 – MARCH 14, 2018

Evening Course 2017-2018

FACE TO FACE; WEDNESDAY EVENINGS (7-9PM)

Health Sciences Centre, 3330 Hospital Drive NW, Calgary, AB

Wednesday Night Webinar

WEBINAR; WEDNESDAY EVENINGS (7-9PM)

Online

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | OTHER HEALTHCARE PROFESSIONALS

For over three decades, the Cumming School of Medicine at the University of Calgary has offered a lecture series targeted to family physicians on Wednesday evenings 7-9PM. The topics and speakers are selected by a committee of family physicians.

JANUARY 15 – MAY 29, 2018

Rural Videoconference Program

VIDEOCONFERENCE; TUESDAY MORNINGS (8-9AM)

Telehealth/Videoconference room at your health care facility

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN (RURAL)

This is a series of weekly, one-hour educational sessions via videoconference on Tuesdays 8-9AM, presented by clinical experts. Each presentation is focused on evidence-based information that is directly applicable to rural primary care and hospital environments. Through this program, rural health professionals receive high quality continuing medical education in a collegial setting at their local Telehealth sites.

FEBRUARY 2 – APRIL 2, 2018

APRIL 13 – JUNE 13, 2018

CAMH Opioid Dependence Treatment Core Course – Alberta Version

ONLINE MODULES, PODCASTS, VIRTUAL PATIENT CASE STUDIES AND WEBINAR; THREE MONTHS FOR EACH ROUND

Online

WHO SHOULD ATTEND: MD | NP | RN | LPN | PHARMACISTS | SPECIALISTS | ADDICTION COUNSELLORS

This Opioid Dependence Treatment Core Course is the foundation of the Opioid Dependence Treatment Certificate Program. In this core course, physicians, nurse practitioners, nurses, pharmacists and counsellors/case managers learn skills and review guidelines for effective and safe management of clients receiving methadone or buprenorphine maintenance treatment for opioid dependence. The course is designed to promote inter-professional collaboration among the healthcare team involved in opioid dependence treatment.

FEBRUARY 12, 2018 | APRIL 16, 2018 JUNE 11, 2018

Essential Strategies for Chronic Pain Management

FACE TO FACE

Richmond Road Diagnostic and Treatment Centre,
1820 Richmond Road SW, Calgary, AB

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | PHARMACISTS | SPECIALISTS | PT | OT | SW | PSYCHOLOGISTS | NUTRITIONISTS | KINESIOLOGISTS | PAIN RESEARCHERS

Family physicians are responsible for the majority of the management of chronic pain. Day one of this course will be held in a classroom setting to provide an overview of key issues in chronic pain. Days two and three will be arranged as observership days, in conjunction with the Course Coordinator at the Chronic Pain Centre, and will provide a clinical preceptorship that responds to the needs of the individual learner.

CME PROGRAMS

APRIL 2 – JUNE 10, 2018

Psychiatry Online Literature Review Course

D2L BASED ONLINE COURSE

Online

WHO SHOULD ATTEND: PSYCHIATRISTS

The Psychiatry Online Literature Review Course provides the opportunity for psychiatrists to discuss current relevant journal articles. All discussions are held online in an asynchronous format so that participants can post their comments at any time.

Convenient method for psychiatrists to review journal articles, and their relation to practice with other psychiatrists, from the familiarity of their own office or home computer.

SELF-PACED LEARNING

Acute Stroke Care e-Learning Program

ONLINE MODULES

Online

WHO SHOULD ATTEND: HEALTHCARE PROFESSIONALS INVOLVED IN ACUTE STROKE CARE – EMS PARAMEDICS | EMERGENCY NURSES | EMERGENCY PHYSICIANS | NEUROLOGISTS | RADIOLOGISTS | CT TECHS | ETC

This e-learning program is in collaboration with QuICR – Quality Improvement & Clinical Research, Alberta Stroke Program. The program contributes to the goals of QuICR – to improve stroke outcomes through rapid clinical and neurovascular imaging evaluation combined with fast treatment.

The modules will be released over 2017 and 2018 in multiple versions based on specified target profession(s).

SELF-PACED LEARNING

Obesity Management CME Program

ONLINE MODULES

Online

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | COUNSELLORS

This open access program is designed for primary care practitioners to recognize and apply a set of practical tools (5As) in obesity counselling and management. You will also find tools and local resources as well as a channel to send feedback and questions to the experts.

SELF-PACED LEARNING

PTSD and Post Disaster Population Impact

ONLINE MODULES

Online

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | COUNSELLORS

This is an open access program responding to the mental health needs of patients impacted by the ‘Flood of 2013’ and beyond. From the practical perspective and within the context of primary care, participants will be able to recognize the impact of natural disasters on communities and demonstrate primary care practitioner roles in PTSD management.

SELF-PACED LEARNING

Healthy Pregnancy Weight Gain

ONLINE MODULES

Online

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | COUNSELLORS

This program is designed for primary care practitioners to assist in the promotion of healthy gestational weight gain among pregnant women. You will also find tools and local resources as well as a channel to send feedback and questions to the experts.

SELF-PACED LEARNING

Appropriate Use of Antipsychotics

ONLINE MODULES

Online

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN

The efforts to manage behavioral disturbances in dementia involve non-pharmacologic approaches and pharmacologic treatments. This online self-learning program is designed to support family physicians in implementing behavior assessment and management of patients with dementia, situating the appropriate use of antipsychotics within the local care team strategies in Alberta.

CME PROGRAMS

Office Gynecological Training for Family Physicians (Mainpro+ 2 credits per hour)

PREREQUISITE ONLINE MODULES FOLLOWED BY
IN-CLINIC TRAINING

Blended

WHO SHOULD ATTEND: FAMILY PHYSICIANS

Within this ongoing program, the UofC CME&PD collaborates with Dr Stephen Wood to offer hands-on IUD insertion and endometrial biopsy training and continuous communication platform with experts to family physicians as well as other primary care practitioners.

Medical Record Keeping

PREREQUISITE ONLINE MODULES FOLLOWED BY
GROUP LEARNING SESSION

Blended

WHO SHOULD ATTEND: MD

The medical record facilitates good care. With contemporaneous documentation of patient encounters, the reflection and review can reinforce the consistency, completeness and quality of your clinical activities. This program aims to address sufficient documentation, which is central to patient safety and continuity of quality care. Participants will learn how to appropriately document patient encounters following Subjective Objective Assessment Plan (SOAP) format.

Tapering and Stopping Opioid Therapy

PREREQUISITE ONLINE MODULES FOLLOWED BY
TWO GROUP LEARNING SESSIONS

Blended

WHO SHOULD ATTEND: MD | NP | RN | PHARMACISTS

In order to address tapering and stopping opioid therapy, the Calgary Pain Program and the UofC CME&PD co-developed a blended program (i.e. online self-learning + group learning), so that practitioners have the opportunities to review the principles and guidelines, reflect on their own practices and discuss enablers and barriers.

