



UNIVERSITY OF CALGARY
CUMMING SCHOOL OF MEDICINE
Continuing Medical Education
and Professional Development

cumming.ucalgary.ca/cme

2021-2022

Annual Report

ACADEMIC YEAR | 2021-2022



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LAND ACKNOWLEDGEMENT

We acknowledge that we live and work in the traditional and present day territories of the people of the Treaty 7 region in Southern Alberta, which includes the Blackfoot Confederacy (comprising the Siksika, Piikani, and Kainai First Nations), as well as the Tsuut'ina First Nation, and the Stoney Nakoda (including the Chiniki, Bearspaw, and Wesley First Nations). The City of Calgary is also home to Métis Nation of Alberta, Region 3.

MESSAGE FROM THE ASSOCIATE DEAN



On behalf of the entire team, I would like to thank you for your interest in the Annual Report 2021 – 2022 of the Office of Continuing Medical Education & Professional Development (CME&PD). I have had the honour of serving as Associate Dean, CME&PD of the Cumming School of Medicine since January 1, 2022. This Annual Report reflects primarily the contributions of my predecessor Kelly Burak, who is enjoying a well-deserved sabbatical.

The ongoing COVID pandemic continues to dominate our professional and our private lives. While newer variants seem to be less devastating and we have learned a lot about the pandemic and now have effective treatments available, we do not know for sure what the future will bring. The Office of CME&PD continues to provide regular updates on COVID through COVID Corner as well as many of our other programs.

The pandemic also had a major impact on the delivery of medical education. Once the pandemic was declared, the Office of CME&PD had to quickly switch all activities to virtual events. While the demand for virtual events remains strong, we are starting to resume in person events. For now, most of our events are offered both in person and virtually, which causes increased operational and educational complexity for our office. At the same time, we are also working on incorporating the upcoming changes from the College of Physicians & Surgeons of Alberta's Physician Practice Improvement Program (PPIP) into our offerings.

All the achievements over the last year would not have been possible without the support of the wonderful and dedicated staff of the Office of CME&PD. I also want to thank all our speakers, moderators, panelists and members of the scientific planning committees, the Continuing Medical Education Faculty Committee as well as our financial supporters for their ongoing support of our educational activities.



Thomas J Raedler, MD

Associate Dean, CME&PD

Co-Lead, Physician Learning Program (PLP)

Cumming School of Medicine, University of Calgary



A YEAR IN SUMMARY

VISION

Inspiring excellence in continuing professional education, practice and research.

MISSION

To provide and coordinate integrated academic educational and assessment activities and resources that promote lifelong learning for healthcare professionals for excellence in clinical practice focused on improving health outcomes.



70
Courses



1
IN-PERSON



35
VIRTUAL/
BLENDED



14
SELF-DIRECTED



9
COVID CORNER



11
COVID AT
THE CABIN



9,682
Total Registrants

URBAN 5,988
RURAL 3,694



URBAN: 2,131
RURAL: 1,245
VIRTUAL/
BLENDED



URBAN: 1,022
RURAL: 1,585
SELF-DIRECTED



URBAN: 2,835
RURAL: 864
COVID CORNER



Accreditation

Internal

225.25 Mainpro+ credits
99 MOC 1 hours
66.25 MOC 3 SAP hours

External

176.75 Mainpro+ credits
780 MOC 1 hours
139.25 MOC 3 SAP hours
58.75 MOC 3 SIM hours



Engagement

21,509
Newsletter Subscribers
43,973 Website Visits
1,953 Twitter Followers



12 ABSTRACTS/
PRESENTATIONS



2 PEER-
REVIEWED
PUBLICATIONS



4 NON PEER-
REVIEWED
PUBLICATIONS



COVID CPD RESPONSE

Since March 2020, CME&PD quickly pivoted to developing and delivering high quality COVID-19 Continuing Professional Development (CPD) for physicians and other healthcare professionals. CME&PD is a trusted source for the latest research and evidence-based education and training. We have covered topics such as patient management of COVID-19 in various settings from the community to the intensive care unit, addressing atypical presentations and post-COVID conditions, as well as mental health and wellness of patients and healthcare professionals during the pandemic. During this period we developed and delivered the COVID Corner webinar series, the COVID Community webinar series as well as the COVID at the Cabin vodcast series during the summer of 2021.

These activities received an educational grant from the following organizations



COVID-19 CPD OFFERINGS

MARCH 2020 – JUNE 2022



COVID Corner



33
EPISODES



18,865
ATTENDEES



65 HOURS
OF CONTENT



COVID
Community



3
WEBINARS



1,245
ATTENDEES



4.5 HOURS
OF CONTENT



COVID at
the Cabin



11
VODCASTS



2,721
VIEWS



4.7 HOURS
OF CONTENT

PROVINCIAL CPD NETWORK

The Alberta CPD Network is co-chaired by the Offices of CME&PD at the University of Calgary and Lifelong Learning at the University of Alberta. The goal of the CPD Network is to identify opportunities for alignment to deliver on the Quadruple Aim; make healthcare work better by enhancing patient experiences in an efficient, sustainable system with an improved work-life balance for healthcare providers.

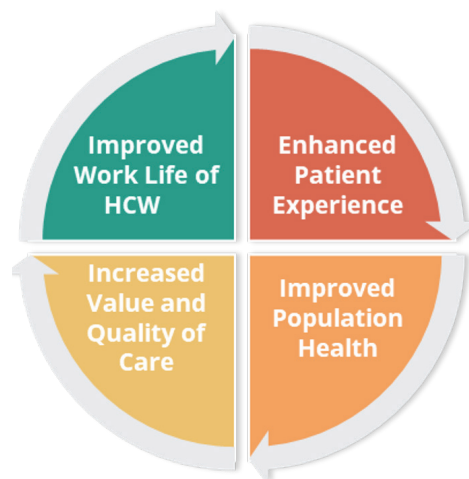
The CPD Network launched on April 28, 2022 and two working groups 1) Peer Coaching and Quality Improvement, and 2) Data and Information, began work in reviewing and prioritizing short-term actions from the project plan.

Thank you to the College of Physicians and Surgeons of Alberta for financially supporting its launch, and to the multiple provincial stakeholders for their in-kind contributions.

STAKEHOLDER MAP



QUADRUPLE AIM



PHYSICIAN LEARNING PROGRAM

VISION

By 2025, all Alberta physicians will care for patients in a supportive culture, driven by evidence-informed, reflective practice improvement.

MISSION

PLP creates actionable clinical information and engages with physicians, teams, partners, and patients to co-create sustainable solutions to advance practice.

In 2021-2022, PLP and CME&PD collaborated on initiatives to engage physicians with clinically meaningful practice data at the 46th Annual Pearls for Family Practice, 39th Annual Calgary Therapeutics Course, Geriatrics conference and the development of the My Practice Improvement (MyPI) tool.

PLP PARTNERS



PHYSICIAN LEARNING PROGRAM 2021-2022 ANNUAL REPORT



Physician
Learning
Program



[PLP Annual
Report](#)

PHYSICIAN PRACTICE IMPROVEMENT



The College of Physicians and Surgeons of Alberta launched its Physician Practice Improvement Program (PPIP) on January 1, 2021 to foster a culture of quality improvement in professional growth and personal development. PPIP requires that three PPIP activities must be completed at least once every five years in:

- » Practice-driven quality improvement activity using objective data
- » CPSA Standard of Practice quality improvement activity
- » Personal development activity

For more information, visit <https://cpsa.ca/physicians-competence/ppip/>

CME&PD and Physician Learning Program (PLP) are enhancing our tools and services to ensure physicians and healthcare teams are equipped to meet these continuous quality improvement requirements.

- » Evidence-based Practice for improving Quality (EPIQ) Workshops for training front-line teams in quality improvement methods is now available <https://cumming.ucalgary.ca/cme/EPIQ>
- » Stay tuned in early 2023 for the launch of MyPI (My Practice Improvement), an online tool to document Physician Practice Improvement activities and earn CPD credits.



CME AWARDS 2021-2022

CME TOP TEACHER AWARDS



Dawn Peta
Registered Nurse



Tina Nicholson
Family Physician

DR. NORM SCHACHAR LONG- SERVICE AWARD



Robin Cox
Anesthesiologist

DR. JOCELYN LOCKYER CPD SCHOLARSHIP AWARD

Heather Armson
Family Physician

NEW TEACHER OF THE YEAR AWARDS

PRA IMG
ORIENTATION
WORKSHOP

**Teaching Team
at the Alex**

Izu Nwachukwu
Psychiatrist

Cheryl San Juan
Registered Nurse

Erik Singendonk
Family Physician

MEDICAL RECORD
KEEPING

Catherine McKenna
Family Physician

*Congratulations
to our 2021-2022
CME Awards
Winners*

CME&PD COURSE INNOVATION AWARD

"YOU GUT THIS" WEBINAR SERIES PLANNING COMMITTEE



Julia Carter
Family Physician
Committee Chair



Susan Witt
Family Physician



Lisa Stevenson
Family Physician



Bettina Lott
Family Physician



Christine Luelo
Family Physician



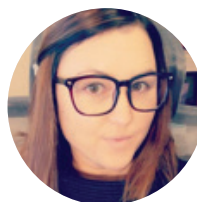
Stephen Akindipe
Family Physician



**Sander
Veldhuyzen
van Zanten**
Gastroenterologist



Kerri Novak
Gastroenterologist



Andrea Plaisier
Digestive Health
SCN



Mina Sisodiya
Digestive Health
SCN



Leanne Reeb
Digestive Health
SCN

CME&PD PARTNERS



ALBERTA HEALTH SERVICES (AHS)

AHS is Canada's first and largest province wide, fully-integrated health system, responsible for delivering health services to the over four million people living in Alberta.



ALBERTA MEDICAL ASSOCIATION (AMA)

The AMA advances patient-centered, quality care by advocating for and supporting physician leadership and wellness.



CHOOSING WISELY ALBERTA (CWA) | CHOOSING WISELY CANADA (CWC)

CWC launched on April 2, 2014, to help clinicians and patients engage in conversations about unnecessary tests and treatments. In 2018, CWA relaunched as a new partnership with the AMA, AH, AHS, CPSA with CME&PD hosting the CWA Provincial Coordinator.



COLLEGE OF PHYSICIANS AND SURGEONS OF ALBERTA (CPSA)

The CPSA regulates the practice of medicine in Alberta. The privilege of profession-led self-regulation is granted through Alberta's Health Professions Act.



RURAL HEALTH PROFESSIONALS ACTION PLAN (RHPAP)

Established in 1991 by the Government of Alberta, RhPAP is a collaborative partner and trusted advocate for rural Alberta communities trying to achieve greater access to health care.



INDIVIDUAL DONORS TO THE GIVING CAMPAIGN

Thank you for helping us provide COVID-19 education, training and resources for health care professionals. [Donate Now!](#)

HOW CAN I GET INVOLVED AND EARN CPD CREDITS?

- » Come to a course or conference
- » Complete an online self-learning module
- » Volunteer as a planning committee member
- » Share your expertise as a speaker
- » Become a coach for your peers



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