We acknowledge that we live and work in the traditional and present day territories of the people of the Treaty 7 region in Southern Alberta, which includes the Blackfoot Confederacy (comprising the Siksika, Piikani, and Kainai First Nations), as well as the Tsuut’ina First Nation, and the Stoney Nakoda (including the Chiniki, Bearspaw, and Wesley First Nations). The City of Calgary is also home to Métis Nation of Alberta, Region 3.
MESSAGE FROM THE ASSOCIATE DEAN

On behalf of the entire team, I would like to thank you for your interest in the Annual Report 2021 – 2022 of the Office of Continuing Medical Education & Professional Development (CME&PD). I have had the honour of serving as Associate Dean, CME&PD of the Cumming School of Medicine since January 1, 2022. This Annual Report reflects primarily the contributions of my predecessor Kelly Burak, who is enjoying a well-deserved sabbatical.

The ongoing COVID pandemic continues to dominate our professional and our private lives. While newer variants seem to be less devastating and we have learned a lot about the pandemic and now have effective treatments available, we do not know for sure what the future will bring. The Office of CME&PD continues to provide regular updates on COVID through COVID Corner as well as many of our other programs.

The pandemic also had a major impact on the delivery of medical education. Once the pandemic was declared, the Office of CME&PD had to quickly switch all activities to virtual events. While the demand for virtual events remains strong, we are starting to resume in person events. For now, most of our events are offered both in person and virtually, which causes increased operational and educational complexity for our office. At the same time, we are also working on incorporating the upcoming changes from the College of Physicians & Surgeons of Alberta’s Physician Practice Improvement Program (PPIP) into our offerings.

All the achievements over the last year would not have been possible without the support of the wonderful and dedicated staff of the Office of CME&PD. I also want to thank all our speakers, moderators, panelists and members of the scientific planning committees, the Continuing Medical Education Faculty Committee as well as our financial supporters for their ongoing support of our educational activities.

Thomas J Raedler, MD
Associate Dean, CME&PD
Co-Lead, Physician Learning Program (PLP)
Cumming School of Medicine, University of Calgary
A YEAR IN SUMMARY

VISION
Inspiring excellence in continuing professional education, practice and research.

MISSION
To provide and coordinate integrated academic educational and assessment activities and resources that promote lifelong learning for healthcare professionals for excellence in clinical practice focused on improving health outcomes.

70 Courses
1 IN-PERSON
35 VIRTUAL/BLENDED
14 SELF-DIRECTED
9 COVID CORNER
11 COVID AT THE CABIN

9,682 Total Registrants
URBAN 5,988
RURAL 3,694

Accreditation
Internal
225.25 Mainpro+ credits
99 MOC 1 hours
66.25 MOC 3 SAP hours

External
176.75 Mainpro+ credits
780 MOC 1 hours
139.25 MOC 3 SAP hours
58.75 MOC 3 SIM hours

21,509 Newsletter Subscribers
43,973 Website Visits
1,953 Twitter Followers

Engagement

12 ABSTRACTS/PRESENTATIONS
2 PEER-REVIEWED PUBLICATIONS
4 NON PEER-REVIEWED PUBLICATIONS
COVID CPD RESPONSE

Since March 2020, CME&PD quickly pivoted to developing and delivering high quality COVID-19 Continuing Professional Development (CPD) for physicians and other healthcare professionals. CME&PD is a trusted source for the latest research and evidence-based education and training. We have covered topics such as patient management of COVID-19 in various settings from the community to the intensive care unit, addressing atypical presentations and post-COVID conditions, as well as mental health and wellness of patients and healthcare professionals during the pandemic. During this period we developed and delivered the COVID Corner webinar series, the COVID Community webinar series as well as the COVID at the Cabin vodcast series during the summer of 2021.

These activities received an educational grant from the following organizations

![Alberta Health Services](image1.png) ![CPSA](image2.png) ![University of Calgary](image3.png) ![RAPPAP](image4.png)

COVID-19 CPD OFFERINGS

**MARCH 2020 – JUNE 2022**

- **COVID Corner**
  - 33 episodes
  - 18,865 attendees
  - 65 hours of content

- **COVID Community**
  - 3 webinars
  - 1,245 attendees
  - 4.5 hours of content

- **COVID at the Cabin**
  - 11 vodcasts
  - 2,721 views
  - 4.7 hours of content
PROVINCIAL CPD NETWORK

The Alberta CPD Network is co-chaired by the Offices of CME&PD at the University of Calgary and Lifelong Learning at the University of Alberta. The goal of the CPD Network is to identify opportunities for alignment to deliver on the Quadruple Aim; make healthcare work better by enhancing patient experiences in an efficient, sustainable system with an improved work-life balance for healthcare providers.

The CPD Network launched on April 28, 2022 and two working groups 1) Peer Coaching and Quality Improvement, and 2) Data and Information, began work in reviewing and prioritizing short-term actions from the project plan.

Thank you to the College of Physicians and Surgeons of Alberta for financially supporting its launch, and to the multiple provincial stakeholders for their in-kind contributions.
PHYSICIAN LEARNING PROGRAM

VISION
By 2025, all Alberta physicians will care for patients in a supportive culture, driven by evidence-informed, reflective practice improvement.

MISSION
PLP creates actionable clinical information and engages with physicians, teams, partners, and patients to co-create sustainable solutions to advance practice.

In 2021-2022, PLP and CME&PD collaborated on initiatives to engage physicians with clinically meaningful practice data at the 46th Annual Pearls for Family Practice, 39th Annual Calgary Therapeutics Course, Geriatrics conference and the development of the My Practice Improvement (MyPI) tool.

PLP PARTNERS
The College of Physicians and Surgeons of Alberta launched its Physician Practice Improvement Program (PPIP) on January 1, 2021 to foster a culture of quality improvement in professional growth and personal development. PPIP requires that three PPIP activities must be completed at least once every five years in:

» Practice-driven quality improvement activity using objective data
» CPSA Standard of Practice quality improvement activity
» Personal development activity

For more information, visit https://cpsa.ca/physicians-competence/ppip/

CME&PD and Physician Learning Program (PLP) are enhancing our tools and services to ensure physicians and healthcare teams are equipped to meet these continuous quality improvement requirements.

» Evidence-based Practice for improving Quality (EPIQ) Workshops for training front-line teams in quality improvement methods is now available https://cumming.ucalgary.ca/cme/EPIQ

» Stay tuned in early 2023 for the launch of MyPI (My Practice Improvement), an online tool to document Physician Practice Improvement activities and earn CPD credits.
CME AWARDS 2021-2022

CME TOP TEACHER AWARDS
Dawn Peta
Registered Nurse
Tina Nicholson
Family Physician

DR. NORM SCHACHAR LONG-SERVICE AWARD
Robin Cox
Anesthesiologist

DR. JOCELYN LOCKYER CPD SCHOLARSHIP AWARD
Heather Armson
Family Physician

NEW TEACHER OF THE YEAR AWARDS
Izu Nwachukwu
Psychiatrist
Cheryl San Juan
Registered Nurse
Erik Singendonk
Family Physician

CME&PD COURSE INNOVATION AWARD
“YOU GUT THIS” WEBINAR SERIES PLANNING COMMITTEE
Julia Carter
Family Physician Committee Chair
Susan Witt
Family Physician
Lisa Stevenson
Family Physician
Bettina Lott
Family Physician
Christine Luelo
Family Physician
Stephen Akindipe
Family Physician
Sander Veldhuyzen van Zanten
Gastroenterologist
Kerri Novak
Gastroenterologist
Andrea Plaisier
Digestive Health SCN
Mina Sisodiya
Digestive Health SCN
Leanne Reeb
Digestive Health SCN

Congratulations to our 2021-2022 CME Awards Winners
CME&PD PARTNERS

ALBERTA HEALTH SERVICES (AHS)
AHS is Canada’s first and largest province wide, fully-integrated health system, responsible for delivering health services to the over four million people living in Alberta.

ALBERTA MEDICAL ASSOCIATION (AMA)
The AMA advances patient-centered, quality care by advocating for and supporting physician leadership and wellness.

CHOOSING WISELY ALBERTA (CWA) | CHOOSING WISELY CANADA (CWC)
CWC launched on April 2, 2014, to help clinicians and patients engage in conversations about unnecessary tests and treatments. In 2018, CWA relaunched as a new partnership with the AMA, AH, AHS, CPSA with CME&PD hosting the CWA Provincial Coordinator.

COLLEGE OF PHYSICIANS AND SURGEONS OF ALBERTA (CPSA)
The CPSA regulates the practice of medicine in Alberta. The privilege of profession-led self-regulation is granted through Alberta’s Health Professions Act.

RURAL HEALTH PROFESSIONALS ACTION PLAN (RHPAP)
Established in 1991 by the Government of Alberta, RhPAP is a collaborative partner and trusted advocate for rural Alberta communities trying to achieve greater access to health care.

INDIVIDUAL DONORS TO THE GIVING CAMPAIGN
Thank you for helping us provide COVID-19 education, training and resources for health care professionals. Donate Now!
HOW CAN I GET INVOLVED AND EARN CPD CREDITS?

» Come to a course or conference
» Complete an online self-learning module
» Volunteer as a planning committee member
» Share your expertise as a speaker
» Become a coach for your peers