



UNIVERSITY OF
CALGARY

CUMMING SCHOOL OF MEDICINE
Office of Continuing Medical Education
and Professional Development

ANNUAL COURSE LISTING

September 2019 to June 2020

**CME
&PD**

cumming.ucalgary.ca/cme



MESSAGE FROM KELLY



Welcome to the upcoming CME&PD academic year. Our lineup of accredited face to face, online, blended and series courses provides new topics and greater flexibility in how and when you continue your medical education and professional development.

Our courses are developed with medical doctors, healthcare providers, students, rural practitioners and residents in mind. We provide deeper and more practical learning through our emphasis on “pearls for practice”, and offer more online and webinar learning options to ensure our pricing is accessible for all healthcare providers.

Our office is committed to offering socially relevant continuing medical education which has led us to debuting several opioid-related online and blended learning courses. We also recognize the variation between rural and urban medical practice, and have structured our course offerings to reflect these differences.

As continuing medical education shifts to focus on physician practice and quality improvement, you can access a variety of new and existing courses to deepen and strengthen your practice. Through our partnership with the Physician Learning Program, you can take your learning a step further by incorporating practice-specific data and evidence into your continuing medical education.

Alberta Health Services, Alberta Medical Association, College of Physicians and Surgeons of Alberta, Physician Learning Program and Rural Health Professions Action Plan are invaluable partners in supporting, collaborating and funding our courses.

Kelly Burak MD FRCPC MSc (Epid)
Associate Dean, CME&PD

TABLE OF CONTENTS

4	ABOUT US
5	ABOUT THE BROCHURE
	COURSES
6	FACE TO FACE
11	ONLINE VIA WEBINAR
13	ONLINE SELF-LEARNING
15	BLENDED
17	SERIES
18	OUR PARTNERS
20	CONTACT



95
CME
OPPORTUNITIES



ABOUT US

The Office of Continuing Medical Education and Professional Development is committed to providing excellence in continuing medical education programming for physicians and other healthcare providers.

OUR VISION

Inspiring excellence in continuing professional education, practice and research.

OUR MISSION

To provide and coordinate integrated academic educational and assessment activities and resources that promote lifelong learning for healthcare providers for excellence in clinical practice focused on improving health outcomes.

OUR SERVICES

The Office of Continuing Medical Education and Professional Development at the Cumming School of Medicine, University of Calgary offers a broad range of evidence-based learning opportunities to physicians, other healthcare providers and the public in a variety of formats including face to face, online, blended and series learning.

We provide support with accreditation services, professional course and event planning and management, registration, venue arrangements, advertising and marketing, registrant course materials and course evaluation summaries.

The Office of CME&PD is fully accredited by the Committee on Accreditation of Canadian Medical Education and is an accredited CPD provider for The College of Family Physicians of Canada and the Royal College of Physicians and Surgeons of Canada.

ABOUT THE BROCHURE

This brochure includes a listing and a brief description of confirmed courses as of publication date. Please visit cumming.ucalgary.ca/cme for an up-to-date listing of course offerings and specific course brochures.

Face to Face, Online, Blended and Series courses offered through the Office of CME&PD:

- are evidence-based, objective and balanced with no industry involvement
- meet accepted standards of scientific integrity
- have specific learning objectives for participants
- are developed by planning committees comprised of individuals from relevant backgrounds
- are provided for both general practitioners and specialists, as well as other healthcare providers
- are derived from needs assessments generated from the perceived needs of the target audiences and the unperceived needs from environmental scans
- provide diverse opportunities for learning in both face to face and online environments
- provide credits towards continuing medical education and professional development requirements

FACE TO FACE

Our courses offered in person for panels, workshops and hands-on learning



ONLINE VIA WEBINAR

Our face to face courses livestreamed so that you can join us remotely



ONLINE SELF-LEARNING

Self-learning experience, anytime, anywhere



BLENDED

Combining classroom interaction and the convenience of engaging with online content



SERIES

Pick and choose from a number of different course offerings or attend the entire semester of lectures



LEGEND - WHO SHOULD ATTEND

EMS	Emergency Medical Services	OHP	Other Healthcare Providers
EMT	Emergency Medical Technicians	PA	Physician Assistants
IMG	International Medical Graduates	RN	Registered Nurses
LPN	Licensed Practical Nurses	RPH	Pharmacists
MD	Family Physicians, Specialist Physicians	RPSYCH	Psychologists
MFR	Medical First Responders	SW	Social Workers
NP	Nurse Practitioners		

FACE TO FACE

Join us in person and sign up early to get a discount!

SEPTEMBER 6, 2019

Trauma Half Day

Psychiatric Quarterly Update Series

ALSO VIA WEBINAR

Auditorium, Foothills Medical Centre, 1403 29 Street NW, Calgary, AB

WHO SHOULD ATTEND: MD | PA | NP | RN | PH | LPN | RPH | RPSYCH | SW | MENTAL HEALTH PROFESSIONALS

This series of updates aims to provide healthcare professionals with an evidence-based overview of multiple areas within the psychiatric domain. Each half-day session aims to cover important topics such as diagnosis review and update, treatment/therapeutic use and application, and local perspectives and resources as it pertains to that session's focus. This course is structured as a self-assessment program eligible for MOC Section 3 Self-Assessment – 3.5 hours.

SEPTEMBER 11-13, 2019

Banff Symposium on Practice-Based Remediation

Banff Centre for Arts and Creativity,
107 Tunnel Mountain Drive, Banff, AB

BY INVITATION ONLY

This is an invitational symposium focused on developing an understanding of best practices in remediation of practicing physicians; identifying gaps in knowledge and developing a research agenda around remediation in Canada.

SEPTEMBER 18, 2019 – MARCH 11, 2020

Wednesday Evenings | 7-9 p.m. MST

Evening Course for Primary Care – Fall 2019 / Winter 2020

ALSO VIA WEBINAR

Theatre One, Health Sciences Centre,
3330 Hospital Drive NW, Calgary, AB

WHO SHOULD ATTEND: MD | RESIDENTS | NP | RPH | OHP

Evening Course for Primary Care provides practice pearls that can be used every day.

WHY ATTEND

- relevant, practical, evidence-informed
- flexible format – attend the sessions you select in person or via webinar
- Mainpro+ Group Learning – 2.0 credits per evening

SEPTEMBER 19, 2019

Assessment of Decision-Making Capacity Workshop

Geriatrics Update Pre-Course

Winsport, 88 Canada Olympic Road SW, Calgary, AB

WHO SHOULD ATTEND: MD | GERIATRICIANS | PSYCHIATRISTS | INTERNISTS | OTHER INTERESTED SPECIALISTS

There are complex and predictable clinical, ethical and legal implications when assessing decision-making capacity. This session will help the primary care provider navigate the process related to the Alberta Adult Guardianship & Trusteeship, Personal Directives and Enduring Power of Attorney Acts. This interactive workshop is designed for physicians and will include small group work and presentations. Upon completion of a pre- and post-course questionnaire, Family Physicians will be eligible to claim Mainpro+ Group Learning credits. Specialists will be able to claim MOC Section 1 hours.

SEPTEMBER 20, 2019

2019 Geriatrics Update: Clinical Pearls

Winsport, 88 Canada Olympic Road SW, Calgary, AB

WHO SHOULD ATTEND: MD | RN | NP | OTHERS WITH AN INTEREST IN CARING FOR THE OLDER ADULT ARE WELCOME

This course focuses on clinical pearls for practice. A blend of short snappers, case-based interactive workshops and panel discussion shares latest knowledge and best practice for managing challenging health issues in older adults, across the continuum of care.



FACE TO FACE

Join us in person and sign up early to get a discount!

SEPTEMBER 21-22, 2019 |
FEBRUARY 22-23, 2020

Preparation Course for the CCFP Exam

Health Sciences Centre, 3330 Hospital Drive NW,
Calgary, AB

*WHO SHOULD ATTEND: PRACTICE ELIGIBLE PHYSICIANS
WHO ARE PREPARING TO UNDERTAKE THE CCFP EXAM*

The course will provide participants with an overview of the principles of family medicine, an overview of the patient-centred clinical method, an introduction to the Simulated Office Oral (SOO) component of the exam, skills and strategies to use in patient interviews that can be applied to the exam, six practice SOOs with feedback from experienced examiners, pre-course practice with Short Answer Management Problems (SAMPs) and feedback, an opportunity to practice writing SAMPs in an exam-like setting and to discuss the SAMP component of the exam.

SEPTEMBER 30-OCTOBER 1, 2019 |
OCTOBER 28-29, 2019

Essential Strategies for Chronic Pain Management

Richmond Road Diagnostic and Treatment Centre,
1820 Richmond Road SW, Calgary, AB

*WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | RPH | SPECIALISTS |
PHYSICAL THERAPISTS | OCCUPATIONAL THERAPISTS | RPSYCH |
SW | NUTRITIONISTS | KINESIOLOGISTS | PAIN RESEARCHERS*

Providers and patients consistently agree that chronic pain is one of the most challenging issues they face. Messages are conflicting and evidence is difficult to interpret. This two day course in a classroom setting will provide an overview of the key issues and an opportunity for small group interaction to formulate a plan for your most troubling dilemmas.

OCTOBER 7-10, 2019 *New Date!*

44th Annual Pearls for Family Practice

ALSO VIA WEBINAR

MacEwan Conference & Event Centre, University of Calgary,
2500 University Drive NW, Calgary, AB

*WHO SHOULD ATTEND: MD | RESIDENTS AND TRAINEES | NP | RN |
LPN | OHP WORKING IN PRIMARY CARE*

This program provides an update and review focused on pragmatic, evidence-informed pearls pertinent for practice in primary care. Topics covered include a wide variety of the diagnoses typically seen in both urban and rural settings.

*89% of attendees said
that they would change
their practice as a result of
attending Family Practice!*

OCTOBER 25, 2019

Current Obstetrical Management Seminars

ALSO VIA WEBINAR

MacEwan Conference & Event Centre, University of Calgary,
2500 University Drive NW, Calgary, AB

*WHO SHOULD ATTEND: MD | SPECIALIST PHYSICIANS | PA | MIDWIVES |
RN | LPN | NP | SPECIALIST ALLIED HEALTH PROFESSIONALS |
RESIDENTS AND STUDENTS*

This program is intended to provide an opportunity to review and update your knowledge and management of normal and abnormal obstetrical cases. Issues with respect to newborn care, lactation, preconception care and planning, women's mental health and postpartum management will also be covered.

FACE TO FACE

Join us in person and sign up early to get a discount!

NOVEMBER 2, 2019

Calgary Liver Disease Course 2019

Fort Calgary, 750 9 Avenue SE, Calgary, AB

WHO SHOULD ATTEND: MD | GENERAL INTERNISTS | GENERAL GASTROENTEROLOGISTS | RESIDENTS | RN | NP | OHP

Non-alcoholic fatty liver, alcoholic liver disease, viral hepatitis, drug-induced liver injury and incidental liver masses are commonly encountered in the outpatient setting. This course will focus on the diagnosis of these chronic liver diseases, how they can be managed in their medical home and when referral to a specialist is recommended. Integrating the Choosing Wisely recommendations for Hepatology, this course will focus on the appropriate investigations of abnormal liver tests, elevated ferritin, benign liver tumours and will “demystify” the interpretation of hepatitis B serology.

“*This was exceptionally interesting. It was eye opening to how we need to address these issues with our patients.*

– Liver Disease Attendee

NOVEMBER 29, 2019

Women's Mental Health

Psychiatric Quarterly Update Series

ALSO VIA WEBINAR

Coombs Lecture Theatre, Foothills Medical Centre, 1403 29 Street NW, Calgary, AB

WHO SHOULD ATTEND: MD | PA | NP | RN | PH | LPN | RPH | RPSYCH | SW | MENTAL HEALTH PROFESSIONALS

This series of updates aims to provide healthcare professionals with an evidence-based overview of multiple areas within the psychiatric domain. Each half-day session aims to cover important topics such as diagnosis review and update, treatment/therapeutic use and application, and local perspectives and resources as it pertains to that session's focus. This course is structured as a self-assessment program eligible for MOC Section 3 Self-Assessment – 3.5 hours.

WINTER 2020

Anxiety

Psychiatric Quarterly Update Series

ALSO VIA WEBINAR

Auditorium, Foothills Medical Centre, 1403 29 Street NW, Calgary, AB

WHO SHOULD ATTEND: MD | PA | NP | RN | PH | LPN | RPH | RPSYCH | SW | MENTAL HEALTH PROFESSIONALS

This series of updates aims to provide healthcare professionals with an evidence-based overview of multiple areas within the psychiatric domain. Each half-day session aims to cover important topics such as diagnosis review and update, treatment/therapeutic use and application, and local perspectives and resources as it pertains to that session's focus. This course is structured as a self-assessment program eligible for MOC Section 3 Self-Assessment – 3.5 hours.

JANUARY 16, 2020

Paediatric Fractures Course

Emergency Medicine for Rural Hospitals Pre-Course Banff Rural Suite

Banff Park Lodge, 222 Lynx Street, Banff, AB

WHO SHOULD ATTEND: MD | NP | OTHER RURAL HEALTH PROFESSIONALS (REMOTE PRACTICE SITES)

This course is designed for rural practitioners to learn the knowledge and skills necessary in the initial management of paediatric fractures. This course will include short didactic presentations addressing the correct diagnosis of paediatric fractures and the physiologic differences between paediatric and adult fractures that affect management. Live demonstration with hands-on practice will focus on appropriate casting and splinting methods. Participants will practice on each other, including applying casts and splints. (Appropriate attire is recommended).

“*This was extremely interesting and relevant to many of us in rural practice! Fabulous!!*

– Banff Rural Suite Attendee

FACE TO FACE

Join us in person and sign up early to get a discount!

JANUARY 17, 2020

Common Fractures and Dislocations Course

Emergency Medicine for Rural Hospitals Pre-Course
Banff Rural Suite

Banff Park Lodge, 222 Lynx Street, Banff, AB

WHO SHOULD ATTEND: MD | NP | RN | OTHER RURAL HEALTH PROFESSIONALS (REMOTE PRACTICE SITES)

This course is designed to learn hands-on skills to deal with common fractures and dislocations seen in the rural emergency departments. The course will include short case-based presentations on specific fractures, a discussion of diagnosis and treatment, demonstration of the applicable cast and/or splint and hands-on practice. The morning will focus on fractures and dislocation of the upper limbs and the afternoon will focus on the lower limbs. Participants will practice on each other, including applying splints and casts. (Appropriate attire is recommended).

JANUARY 17, 2020

Diagnosing ECGs Emergently

Emergency Medicine for Rural Hospitals Pre-Course
Banff Rural Suite

Banff Park Lodge, 222 Lynx Street, Banff, AB

WHO SHOULD ATTEND: MD | RESIDENTS AND TRAINEES | NP | RN | EMT AND OTHER HEALTHCARE PROVIDERS WORKING IN EMERGENCY CARE

This workshop includes a systematic approach to interpretation, axis determination, ischemia, injury and infarction, differential diagnosis and case studies.

JANUARY 17, 2020

Ultrasound Guided Fascia Iliaca Compartment Block and IV Starts

Emergency Medicine for Rural Hospitals Pre-Course
Banff Rural Suite

Banff Park Lodge, 222 Lynx Street, Banff, AB

WHO SHOULD ATTEND: PHYSICIANS AND NURSES PRACTICING IN RURAL COMMUNITIES

This course offers expert-lead teaching and plenty of hands-on scanning time, equipping non-anesthesiologists with the skills to administer a Fascia Iliaca Compartment Block for controlling pain from the lower limb, femur and hip joint, and to use ultrasound imaging to guide access for tricky IV starts.

JANUARY 17-18, 2020

22nd Annual Rural Anesthesia for GP Anesthesiologists and Associated Post-Course (Ultrasound Guided Nerve Blocks)

Banff Rural Suite

Banff Park Lodge, 222 Lynx Street, Banff, AB |

Banff Mineral Springs Hospital, 305 Lynx Street, Banff, AB

WHO SHOULD ATTEND: GP ANESTHESIOLOGISTS WORKING IN RURAL SETTINGS

This intensive one-day course for GP anesthesiologists features a blend of expert didactic teaching and practical skill-development workshops, and offers opportunities for networking and exchange of information and ideas between leaders in the field and rural GP anesthesiologists.

JANUARY 17-19, 2020

36th Annual Emergency Medicine for Rural Hospitals

Banff Rural Suite

Banff Park Lodge, 222 Lynx Street, Banff, AB |

Banff Mineral Springs Hospital, 305 Lynx Street, Banff, AB

WHO SHOULD ATTEND: MD | RN | NP | PRE-HOSPITAL HEALTH PROFESSIONALS

This course provides updates on clinical topics relevant for physicians, nurses and other health professionals who practice in rural communities. Through a combination of plenary lectures, small group interactive sessions and hands-on skill development workshops, participants will review current best practices, guidelines, tools and techniques for investigating and managing emergent patients – from pre-hospital to the rural emergency department.

FEBRUARY 2020

6th Annual MSK Clinical Pearls Course

Edmonton, AB

WHO SHOULD ATTEND: PRIMARY CARE PHYSICIANS | EMT | ATHLETIC THERAPISTS | PHYSIOTHERAPISTS | SPECIALIST PHYSICIANS | KINESIOLOGISTS | NURSES | RESIDENTS/TRAINEES

This expert-lead annual course uses a blend of didactic presentations, case studies and hands-on skills training to enhance physicians' and other healthcare professionals' care for patients with physical injuries. This year's topics TBD.

FACE TO FACE

Join us in person and sign up early to get a discount!

FEBRUARY 7, 2020

Mood Day Conference

Health Sciences Centre, 3330 Hospital Drive NW,
Calgary, AB

*WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | RPH |
PSYCHIATRISTS | RPSYCH | SW | MENTAL HEALTH PROFESSIONALS*

This course offers an interdisciplinary clinical focus which is applicable to all community practitioners. The vision of the conference is to examine Bipolar and Major Depressive Disorder from a psychiatric and psychological perspective. The conference is designed to provide strong practical and clinical resources to all members of the mental health community.

APRIL 1-2, 2020

Physician Learning Program Conference

Chateau Lacombe, 10111 Bellamy Hill, Edmonton, AB

*WHO SHOULD ATTEND: HEALTHCARE LEADERS | MD | OHP | PATIENT
REPRESENTATIVES | MEDICAL STUDENTS AND MEDICAL TRAINEES*

The Alberta Medical Association, the Physician Learning Program and Choosing Wisely Alberta invite you to participate in this important event. Choosing Wisely Alberta is a physician driven program to encourage physicians and patients to engage in conversation about appropriateness of tests, investigations and treatments. It aims to avoid unnecessary and low-value care to decrease the risk of harm to patients. This groundbreaking campaign has been embraced internationally and in Canada. Alberta is taking a lead role in the campaign in Canada and has had tremendous support from primary care and specialty groups alike.

APRIL 3-4, 2020

Alberta Sexual Assault Course and Conference

Health Sciences Centre, 3330 Hospital Drive NW,
Calgary, AB

*WHO SHOULD ATTEND: SART PHYSICIANS | EMERGENCY PHYSICIANS |
URGENT CARE PHYSICIANS | MD | PSYCHIATRISTS | RPSYCH | SW |
NP | NURSES | OHP WORKING WITH SEXUAL ASSAULT PATIENTS*

This course is designed to share core training and a management update for urban and rural healthcare professionals on sexual assault.

APRIL 22, 2020

37th Annual Calgary Therapeutics Pre-Course

ALSO VIA WEBINAR

MacEwan Conference & Event Centre, University of Calgary,
2500 University Drive NW, Calgary, AB

WHO SHOULD ATTEND: TBD

TBD.

APRIL 23-24, 2020

37th Annual Calgary Therapeutics Course

ALSO VIA WEBINAR

MacEwan Conference & Event Centre, University of Calgary,
2500 University Drive NW, Calgary, AB

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | RPH | SPECIALISTS | OHP

This evidence-based course is designed to introduce family physicians, specialist physicians, pharmacists and nurse practitioners to new medications, new indications for older products and new guidelines for treatment. Current therapeutics controversies are examined and drug and non-drug therapeutic approaches for selected clinical conditions are presented.

“

*I return to this course
frequently because of the
variety of content and that it
is pertinent to my practice.*

- Therapeutics Attendee

MAY 7-8, 2020

7th Annual ACH Paediatric Update Conference

Alberta Children's Hospital, Kinsmen Learning Centre,
4th Floor, 28 Oki Drive NW, Calgary, AB

*WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | RPH | PAEDIATRICIANS |
RPSYCH | RESIDENTS | OCCUPATIONAL THERAPISTS | PHYSIOTHERAPISTS |
SW | SPEECH LANGUAGE PATHOLOGISTS | AUDIOLOGISTS*

This conference will update knowledge in selected areas of paediatric care relevant to physicians and other health professionals who look after children in community and hospital settings. Various topics will be reviewed to support advancements in the care of infants, children and adolescents.

ONLINE VIA WEBINAR

Join us remotely via webinar



SEPTEMBER 6, 2019

Trauma Half Day

Psychiatric Quarterly Update Series

ALSO VIA FACE TO FACE

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SEPTEMBER 18, 2019 – MARCH 11, 2020

Wednesday Evenings | 7-9 p.m. MST

Evening Course for Primary Care – Fall 2019 / Winter 2020

ALSO VIA FACE TO FACE

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Evening Course for Primary Care provides practice pearls that can be used every day.

WHY ATTEND

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- flexible format – attend the sessions you select in person or via webinar
- Mainpro+ Group Learning – 2.0 credits per evening

OCTOBER 7-10, 2019 New Date!

44th Annual Pearls for Family Practice

ALSO VIA FACE TO FACE

WHO SHOULD ATTEND: MD | RESIDENTS AND TRAINEES | NP | RN | LPN | OHP WORKING IN PRIMARY CARE

This program provides an update and review focused on pragmatic, evidence-informed pearls pertinent for practice in primary care. Topics covered include a wide variety of the diagnoses typically seen in both urban and rural settings.

OCTOBER 25, 2019

Current Obstetrical Management Seminars

ALSO VIA FACE TO FACE

WHO SHOULD ATTEND: MD | SPECIALIST PHYSICIANS | PA | MIDWIVES | RN | LPN | NP | SPECIALIST ALLIED HEALTH PROFESSIONALS | RESIDENTS AND STUDENTS

This program is intended to provide an opportunity to review and update your knowledge and management of normal and abnormal obstetrical cases. Issues with respect to newborn care, lactation, preconception care and planning, women's mental health and postpartum management will also be covered.



**Webinar access
was awesome!**

– COMS Webinar Attendee

ONLINE VIA WEBINAR

Join us remotely via webinar

NOVEMBER 29, 2019

Women's Mental Health

Psychiatric Quarterly Update Series

ALSO VIA FACE TO FACE

WHO SHOULD ATTEND: MD | PA | NP | RN | PH | LPN | RPH | RPSYCH | SW | MENTAL HEALTH PROFESSIONALS

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WINTER 2020

Anxiety

Psychiatric Quarterly Update Series

ALSO VIA FACE TO FACE

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APRIL 22, 2020

37th Annual Calgary Therapeutics Pre-Course

ALSO VIA FACE TO FACE

WHO SHOULD ATTEND: TBD

TBD.

APRIL 23-24, 2020

37th Annual Calgary Therapeutics Course

ALSO VIA FACE TO FACE

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | RPH | SPECIALISTS | OHP

This evidence-based course is designed to introduce family physicians, specialist physicians, pharmacists and nurse practitioners to new medications, new indications for older products and new guidelines for treatment. Current therapeutics controversies are examined and drug and non-drug therapeutic approaches for selected clinical conditions are presented.

“

Loved that I could stay home and yet still attend an awesome conference!

– Therapeutics Webinar Attendee



ONLINE SELF-LEARNING

Self-learning experience, anytime, anywhere

FEBRUARY 3 – MAY 24, 2020

Psychiatry Online Literature Review Course

D2L BASED ONLINE COURSE

WHO SHOULD ATTEND: PSYCHIATRISTS | MD | RESIDENTS

The Psychiatry Online Literature Review Course provides the opportunity for physicians and residents to discuss current relevant journal articles and their relation to practice. The focus of the articles will be "Highlights of 2019". All discussions are held online in an asynchronous format so that participants can post their comments at any time. Convenient method for physicians and residents to review journal articles, and their relation to practice with other physicians and residents, from the familiarity of their own office or home computer. In addition to the MOC Section 1 discussion format, each discussion also includes a quiz which is structured as a self-assessment program eligible for MOC Section 3 Self-Assessment credits.

Acute Stroke Care e-Learning Program (FREE)

ONLINE MODULES FOR SELF-PACED LEARNING

WHO SHOULD ATTEND: HEALTH TEAM INVOLVED IN ACUTE STROKE CARE: ALLIED HEALTH PROFESSIONALS | DISPATCH | DIAGNOSTIC IMAGING TECHNICIANS | EMERGENCY DEPARTMENT PHYSICIANS | EMERGENCY DEPARTMENT NURSES | NEURO-INTERVENTIONALISTS | NEUROLOGISTS | PARAMEDICS | MFR & EMS | RADIOLOGISTS | STROKE NURSES | OTHER NURSING SPECIALTIES | OHP

Acute Stroke Care e-Learning is an online portal provided by the University of Calgary Office of CME&PD and the Quality Improvement & Clinical Research (QuICR) Alberta Stroke Program. QuICR is a partnership between Alberta Health Services, Alberta Innovates Health Solutions, University of Alberta – Faculty of Medicine and Dentistry and the University of Calgary – Cumming School of Medicine. In the online portal, there are multiple self-learning modules designed for various professionals involved in acute stroke care in Alberta. You will also find the most up-to-date tools and resources for your clinical practice of acute stroke care.

Dementia Behaviours and Appropriate Use of Antipsychotics (FREE)

ONLINE MODULES FOR SELF-PACED LEARNING

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN

The management of behavioural disturbances in dementia involves non-pharmacologic approaches and pharmacologic treatments. This online self-learning course is designed to support family physicians in Alberta in implementing behaviour assessment and management of patients with dementia, including the appropriate use of antipsychotics. You will walk through three clinical cases of a patient with dementia to reflect on care strategies.

Healthy Pregnancy Weight Gain (FREE)

ONLINE MODULES FOR SELF-PACED LEARNING

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | COUNSELLORS

In this course, you will learn how to effectively discuss weight gain with pregnant women. You will be presented with practical tips, evidence-based research from the most recent Health Canada and Institute of Medicine recommendations, as well as the latest study findings from innovative projects being conducted right here in Alberta. We have consulted with both women and healthcare providers across the province to shape this program.



9

**ONLINE
SELF-LEARNING
OPPORTUNITIES**

ONLINE SELF-LEARNING

Self-learning experience, anytime, anywhere

Obesity Management CME Program (FREE)

ONLINE MODULES FOR SELF-PACED LEARNING

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN | COUNSELLORS

This online CME course is provided by the University of Calgary Office of CME&PD and Alberta Health Services – Primary Care and Chronic Disease Management. It is not a one-time course for your participation but an ongoing portal for your point-of-care access. You will learn the 5As of obesity management from this self-learning course. The Obesity Management CME Program was designed for primary care practitioners in Alberta to understand the 5As, and to give them a set of practical tools and local resources in adult obesity counselling and management.

Patient Relations: Part One and Part Two (FREE)

ONLINE MODULES FOR SELF-PACED LEARNING

WHO SHOULD ATTEND: MD

This course is a CPSA mandated education to all the regulated members. The course consists of two parts. Part One is to raise the awareness of Bill 21 as well as related CPSA recommendations and Standards of Practice. Part Two uses case scenarios to remind physicians to respect boundaries, and to help them recognize ‘the slippery slope’.

ONGOING | MULTIPLE TIMES PER YEAR

Wise Prescribing and Deprescribing: Opioid Skills for the Frontline Clinician (Online Modules)

ONLINE MODULES FOR SELF-PACED LEARNING

WHO SHOULD ATTEND: MD | NP | RN | PA

This course provides opportunities for you to review the principles and guidelines for opioid tapering, reflect on your own practices and discuss enablers and barriers with the workshop facilitator and peers. There are offerings of self-learning as well as small group learning activities in this course. Completion of the online modules is the prerequisite of registering for the workshops.

ONGOING

Alberta Opioid Dependency Treatment Virtual Training Course

ONLINE MODULES FOLLOWED BY WEBINAR AND TWO MANDATORY FACE TO FACE WORKSHOPS (FIRST SET OF WORKSHOPS ARE SEPTEMBER 9 AND NOVEMBER 18)

WHO SHOULD ATTEND: MD | NP | RHP | OHP

Opioid Use Disorder has reached a crisis level in Alberta necessitating the training of more healthcare professionals in the treatment of patients with this disorder. The focus of the Alberta Opioid Dependency Treatment Virtual Training Course is to provide healthcare providers with the knowledge, skills and attitudes required to work with patients who have Opioid Use Disorder (OUD). This course is structured as a self-assessment program eligible for MOC Section 3 Self-Assessment – 10 hours.

“*Excellent course. The inclusion of the perspective of physicians working in the area was very helpful.*

– Alberta ODT Virtual Training Course Attendee

COMING SOON

Breastfeeding e-Learning Series

ONLINE MODULES FOR SELF-PACED LEARNING

WHO SHOULD ATTEND: MD | PEDIATRICIANS | OBSTETRICIANS | NURSES | MIDWIVES | DIETITIANS | LACTATION CONSULTANTS

Providing standardized education to support province-wide breastfeeding guidelines and policies to healthcare providers (HCPs) is part of the Breastfeeding Strategy to ensure consistent support for breastfeeding mothers/parents and their families in Alberta. A series of online modules will be available for physicians and other healthcare providers across the maternal-child continuum of care (preconception, pregnancy, postpartum and the early years) in Alberta.

BLEND

Combining classroom interaction and the convenience of engaging with online content

SEPTEMBER 9 | NOVEMBER 18

Alberta Opioid Dependency Treatment Virtual Training Course

ONLINE MODULES FOLLOWED BY WEBINAR AND TWO MANDATORY FACE TO FACE WORKSHOPS

WHO SHOULD ATTEND: MD | NP | RHP | OHP

Opioid Use Disorder has reached a crisis level in Alberta necessitating the training of more healthcare professionals in the treatment of patients with this disorder. The focus of the Alberta Opioid Dependency Treatment Virtual Training Course is to provide healthcare providers with the knowledge, skills and attitudes required to work with patients who have Opioid Use Disorder (OUD). This course is structured as a self-assessment program eligible for MOC Section 3 Self-Assessment – 10 hours.

SEPTEMBER 20, 2019 |
OCTOBER 25, 2019 |
MORE DATES TBD

Medical Record Keeping

PRE-COURSE ONLINE SELF-LEARNING FOLLOWED BY FACE TO FACE WORKSHOP AND POST-COURSE WEBINAR

Health Sciences Centre, 3330 Hospital Drive NW, Calgary, AB

WHO SHOULD ATTEND: MD

The medical record facilitates good care. With contemporaneous documentation of patient encounters, the reflection and review can reinforce the consistency, completeness and quality of your clinical activities. This course aims to address sufficient documentation, which is central to patient safety and continuity of quality care.

4TH FRIDAY OF EVERY MONTH

Office Gynecological Training for Family Physicians

PRE-COURSE ONLINE SELF-LEARNING FOLLOWED BY FACE TO FACE CLINIC TRAINING

MAINPRO+ 2 CREDITS PER HOUR

WHO SHOULD ATTEND: MD

Family physicians and other primary care practitioners have to be increasingly competent in office skills and procedures that are more commonly associated with specialist practice, for example, gynecological office procedures. This course provides gynecological office procedure training opportunity for you in Intrauterine Device (IUD) insertion and Endometrial Biopsy practice. It also allows you to have ongoing conversation with specialists, providing your feedback on what you further need for office gynecological training.

ONGOING | MULTIPLE TIMES PER YEAR

Wise Prescribing and Deprescribing: Opioid Skills for the Frontline Clinician (Workshops)

ONLINE MODULES FOR SELF-PACED LEARNING FOLLOWED BY FACE TO FACE SMALL GROUP WORKSHOPS

WORKSHOPS: MAINPRO+ 3 CREDITS PER HOUR

Health Sciences Centre, 3330 Hospital Drive NW, Calgary, AB

WHO SHOULD ATTEND: MD | NP | RN | PA

This course provides opportunities for you to review the principles and guidelines for opioid tapering, reflect on your own practices and discuss enablers and barriers with the workshop facilitator and peers. There are offerings of self-learning as well as small group learning activities in this course. Completion of the online modules is the prerequisite of registering for the workshops.



8

**BLEND
LEARNING
OPPORTUNITIES**

Combining classroom interaction and the convenience of engaging with online content

ONGOING | NOVEMBER 1, 2019 |
MULTIPLE TIMES PER YEAR

Practice Readiness Assessment (PRA) Orientation for International Medical Graduate (IMG) Candidates

ONLINE MODULES FOR SELF-PACED LEARNING
FOLLOWED BY FACE TO FACE WORKSHOP

Health Sciences Centre, 3330 Hospital Drive NW,
Calgary, AB

*WHO SHOULD ATTEND: INTERNATIONAL MEDICAL CANDIDATES IN
PRACTICE READINESS ASSESSMENT*

This course is by referral only. This self-paced online orientation course is developed in response to the identified unique support needs the International Medical Graduates (IMGs) have when they undergo a Practice Readiness Assessment (PRAs) in Alberta. It serves the purpose of tailoring the preparation of IMG candidates for assessment and practice integration.

MAY 22, 2020

Confident ECG Interpretation: Pick Up the Pearls and Pass by the Pitfalls

PRE-COURSE ONLINE SELF-LEARNING FOLLOWED BY
FACE TO FACE SMALL GROUP WORKSHOPS

Health Sciences Centre, 3330 Hospital Drive NW,
Calgary, AB

*WHO SHOULD ATTEND: FAMILY PHYSICIANS AND OTHERS
WHO WORK IN URGENT CARE AND ICU WISHING TO UPSKILL
IN ECG INTERPRETATION; ECG-CERTIFIED FAMILY PHYSICIANS
AND HOSPITALISTS LOOKING FOR A REFRESHER IN THIS AREA;
FAMILY PHYSICIANS PREPARING TO WRITE THE COLLEGE
OF PHYSICIANS AND SURGEONS OF ALBERTA ECG
INTERPRETATION EXAMINATION*

This course is facilitated by cardiologists from the University of Calgary Cardiac Sciences. The course will provide a review of basic 12-lead ECG interpretation skills required by family physicians.

DATE TBD

Rheumatology CME Workshop

PRE-COURSE ONLINE SELF-LEARNING FOLLOWED BY
FACE TO FACE WORKSHOP

Health Sciences Centre, 3330 Hospital Drive NW,
Calgary, AB

WHO SHOULD ATTEND: MD | NP

This course is designed for family physicians and other primary care practitioners involved in the care of patients with common rheumatological conditions. There is a strong focus on exam skills, initial treatment and when to refer. There will be a lot of opportunities for participants to communicate individual learning needs and discuss application in their own practices with the experts.

COMING SOON

Professionalism and Medical Ethics

ONLINE MODULES FOR SELF-PACED LEARNING
FOLLOWED BY WORKSHOP AND MENTORING

WHO SHOULD ATTEND: MD

Physicians are committed to the health and well-being of individual patients and society through ethical practice, high personal standards of behaviour, accountability to the profession and society, physician-led regulation and maintenance of personal health. This course is designed to help you recognize and safely navigate everyday ethical and professional challenges, identify and prevent conflicts and potential misconducts.



Thank you very much. A practice-transforming course and one of the best one-day CME workshops I have ever taken. Immediately relevant to improving my work as a clinician in the ER ...

– Confident ECG Attendee

SERIES

Pick and choose from a number of different course offerings or attend the entire semester of lectures

SEPTEMBER 10, 2019 – MAY 26, 2020

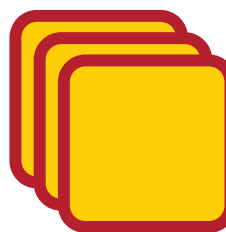
Tuesday Mornings | 8-9 a.m. MST

Rural Videoconference Series

Telehealth/Videoconference room at your health care facility

WHO SHOULD ATTEND: MD | PA | NP | RN | LPN IN RURAL PRACTICE

This course offers a series of weekly, one-hour educational sessions presented by clinical experts via videoconference. Each presentation is focused on providing up-to-date, evidence-based, patient-focused clinical pearls that change day-to-day practice and to help participants adapt this knowledge to their local rural and remote contexts in primary care and hospital environments. Rural health professionals receive this high quality continuing medical education in a collegial setting at their local Telehealth sites.



3
ONGOING
RELATED
CONTENT



*They were all great
– exceeded my
expectations!*

– Evening Course Participant

SEPTEMBER 18, 2019 – MARCH 11, 2020

Wednesday Evenings | 7-9 p.m. MST

Evening Course for Primary Care – Fall 2019 / Winter 2020

FACE TO FACE AND VIA WEBINAR

Theatre One, Health Sciences Centre, 3330 Hospital Drive NW,
Calgary, AB

WHO SHOULD ATTEND: MD | RESIDENTS | NP | RPH | OHP

Evening Course for Primary Care provides practice pearls that can be used every day.

WHY ATTEND

- relevant, practical, evidence-informed
- flexible format – attend the sessions you select in person or via webinar
- Mainpro+ Group Learning – 2.0 credits per evening

ONGOING | QUARTERLY HALF DAYS

Psychiatric Quarterly Update Series

FACE TO FACE AND VIA WEBINAR

Auditorium, Foothills Medical Centre, 1403 29 Street NW, Calgary, AB

WHO SHOULD ATTEND: MD | PA | NP | RN | PH | LPN | RPH | RPSYCH | SW |
MENTAL HEALTH PROFESSIONALS

This series of updates aims to provide healthcare professionals with an evidence-based overview of multiple areas within the psychiatric domain. Each half-day session aims to cover important topics such as diagnosis review and update, treatment/therapeutic use and application, and local perspectives and resources as it pertains to that session's focus. This course is structured as a self-assessment program eligible for MOC Section 3 Self-Assessment – 3.5 hours.



OUR PARTNERS

The Office of Continuing Medical Education and Professional Development at the Cumming School of Medicine, University of Calgary would like to thank our partners for collaborating and supporting our commitment to life long learning which promotes excellence in clinical practice and improved health outcomes.



RURAL HEALTH PROFESSIONS ACTION PLAN

INVOLVED COURSES

- Banff Rural Suite
- Rural Videoconference Series

COLLEGE OF PHYSICIANS & SURGEONS OF ALBERTA

INVOLVED COURSES

- Alberta ODT Virtual Training Course
- Medical Record Keeping
- Practice Readiness Assessment Orientation for International Medical Graduate Candidates
- Professionalism and Medical Ethics
- Wise Prescribing and Deprescribing: Opioid Skills for the Frontline Clinician



ALBERTA HEALTH SERVICES

INVOLVED COURSES

- ACH Paediatric Update Conference
- Alberta ODT Virtual Training Course
- Calgary Liver Disease Course
- Current Obstetrical Management Seminars
- Essential Strategies for Chronic Pain Management
- Psychiatric Quarterly Update Series
- Rural Videoconference Series
- Wise Prescribing and Deprescribing: Opioid Skills for the Frontline Clinician

OUR PARTNERS

CHOOSING WISELY

INVOLVED COURSES

- Banff Rural Suite
- Calgary Liver Disease Course
- Calgary Therapeutics Course
- Physician Learning Program Conference



PHYSICIAN LEARNING PROGRAM

INVOLVED COURSES

- Calgary Liver Disease Course
- Calgary Therapeutics Course
- Pearls for Family Practice
- Physician Learning Program Conference

ALBERTA MEDICAL ASSOCIATION

INVOLVED COURSES

- MSK Clinical Pearls Course



CONTACT

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Office of Continuing Medical Education
and Professional Development



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