

**EMERGING LEADERS IN HEALTH PROMOTION
GRANT PROJECTS FUNDED FOR 2020-21**

	Recipient(s)	Project & Description
1.	HAY, Dr. Rebecca (U of C; Resident, Pediatrics)	<p>Minding the gap - youth mental health empowerment and education outreach initiative <i>(Mentor: Dr. Amonpreet Sandhu)</i></p> <p>This project is an education initiative to connect health care providers to the community with the goal to teach youth about the science and presentation of mental health. The specific gap this project aims to address is increasing awareness and enhancing education, decreasing stigma, and improving access to resources. This project will create and implement an interactive presentation on mental health, that pediatric resident physicians will teach to youth and adolescents in schools. This presentation will be part of a broader curriculum change in the CBE addressing mental health and different coping strategies.</p>
2.	RIZZUTI, Dr. Francesco (U of C; Resident, Public Health and Preventive Medicine) BENHAM, Dr. Jamie (U of C; Resident, Endocrinology and Metabolism)	<p>Promoting safe COVID-19 Behaviours in the Community <i>(Mentor: Dr. Jia Hu)</i></p> <p>The purpose of this project is to promote and encourage the adoption of behaviours such as, physical distancing, masking in public, staying home while ill, avoiding bars and other high-risk settings, using a contact tracing app, and vaccine uptake. This project proposes to: 1) engage underserved community groups around COVID-19 by gathering information about community-specific perceptions, attitudes and beliefs towards COVID-19; 2) develop knowledge translation materials to address community-specific needs; and 3) host in-person (or virtual) sessions to disseminate findings and promote public health measures to mitigate COVID-19 within the community.</p>
3.	SUN, Dr. Warren (U of A, Resident, General Surgery) WANG, Dr. Rachel (U of A, Resident, Obstetrics and Gynecology)	<p>Raising awareness for the impact of obesity on women's health <i>(Mentor: Dr. Ashley Demsky, Dr. Shawna Stafford)</i></p> <p>This project aims to translate evidence-based research about the unique implications of obesity into a format that is accessible, practical, and informative for all health literacy levels. This will be done using white-board animation; a creative audio-visual platform that engages the audience with live illustrations and narrations over a short span of time. The goal is to create a mini-series of educational videos on the impact of obesity on pregnancy, fertility, and gynaecological cancers. Once completed, the videos will be distributed at a provincially and nationally.</p>

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4.	<p>YU, Katherine (U of C; Medical Student)</p> <p>HONG, Zach (U of C; Medical Student)</p> <p>MAREZIA, Ashna (U of C; Medical Student)</p> <p>ROBERTSON, Julia (U of C; Medical Student)</p>	<p>Addressing Barriers in Healthcare Experienced by Calgary Immigrants: Co-Design of a Culturally Tailored Resource <i>(Mentor: Dr. Aleem Bharwani)</i></p> <p>This project aims to address sociocultural differences and improve mutual understanding of immigrant and physician perspectives in healthcare for the three most prevalent immigrant communities (Filipino, Indian, Chinese) in Calgary. Through continuous consultation with immigrants, immigrant community service organizations, and physicians, we aim to co-design a tailored, culturally sensitive resource to bridge this cultural gap in healthcare.</p>