



May 26, 2020

Dr. Justin Low
Clinical Lecturer
University of Calgary

Dear Dr. Low:

RE: 2019-2020 PARA Clinical Teaching Award – University of Calgary

Congratulations on being selected as the 2019-2020 recipient of the *PARA Clinical Teaching Award* for the University of Calgary. This award recognizes physician preceptors who have shown excellence in resident physician education.

This is what your nominators had to say about your commitment to medical education:

“Dr. Low is a rural Family Doctor providing high quality patient care in a rural setting (Cardston, AB). This includes: in-patient duties, Emergency Medicine and Clinic. His panel also includes a high proportion of Aboriginal patients from the Kanai First Nations.

I had the opportunity to work with Dr. Justin Low for the greater part of my core eight-week rural family medicine rotation at the University of Calgary (Rural Family Medicine – Lethbridge). Throughout my rotation, Dr. Justin Low provided a significant amount of one on one teaching and would enthusiastically discuss the intricacies of a patient diagnosis or treatment plan; he has a tremendous passion for the educational process of students. He motivated me to take on more responsibility for my patients and instilled a greater appreciation for the impact of comprehensive primary care in rural communities. In summary, it was a great education experience!

Dr. Justin Low puts a large emphasis on resident well-being and personal development. On a regular basis, he will check in with residents in order to see how they are doing in regard to the rotation and their learning goals. Furthermore, he strongly advocates for balance between clinical duties and time-away from work.

Dr. Justin Low is an important member of the family medicine clinical teaching group in Southern Alberta. He consistently accepts residents throughout the year providing them with valuable clinical experiences directly relevant to their future careers as rural family doctors.

“I want you to feel supported”. This is Dr. Justin Low’s philosophy, and something that he will consistently reinforce throughout a resident’s rotation. As a resident begins to work more independently, he reminds you that he is always available to review patients or discuss cases so that a learner may be comfortable with their treatment plan and management.”

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In honour of this recognition, you will receive a commemorative plaque and a \$750 donation will be made in your name to the charity of your choice. Please advise of your charity selection and confirm the following information that will appear on your plaque:

Dr. Justin Low
Clinical Lecturer, University of Calgary

Your hard work and dedication will also be featured in *PARAscope*, our monthly member e-newsletter and PARA's Annual Report. To facilitate this, please provide us with a photo of yourself (JPG) to include in the feature. Your photo and accompanying information (confirmation of plaque details and charity of choice) can be forwarded to us at ravneet.saran@para-ab.ca.

Again, congratulations on receiving the *2019-2020 PARA Clinical Teaching Award* and please accept our sincere thanks for your ongoing commitment to resident physician education.

Sincerely,



Dr. Francesco Rizzuti
PARA President

cc: *Dr. Jon Meddings, Dean, Cummings School of Medicine*
Dr. Lisa Welikovitch, Associate Dean, Postgraduate Medical Education Office