



Dr. Marnie Hinton Resident Award for Physician Wellness

Terms of Reference

Overview: In a joint initiative, the College of Physicians and Surgeons of Alberta and the Physician and Family Support Program (PFSP) would like to honor the late Dr. Marnie Hinton in recognition of her contribution to the development of a physician health program in Alberta.

Dr. Hinton was a long-time Alberta physician, trained in Great Britain, who dedicated her life to physician health. She initially volunteered her time through the early days of the Alberta Physician Assistance Program, then became more formally involved as a triage physician with the Physician and Family Support Program of Alberta.

Dr. Hinton worked for many years at an Edmonton hospital site caring for an adult population with multiple issues focused on intellectual and concurrent severe behavioral challenges. She was known for her stamina and persistence with this often very challenging population.

Most notably, she worked for nearly 25 years with Canniff and Associates to support the Physicians Aftercare Program operated through the College of Physicians and Surgeons.

Dr. Hinton always made herself available for phone calls or direct support to physicians struggling with addiction. She frequently volunteered her time to take new members to 12 step recovery groups in the Greater Edmonton area or offer her wisdom regarding healthy sobriety.

Source of Funds: This award will be funded annually for a five-year term by the Physician and Family Support Program of the Alberta Medical Association

Value: There are two (2) awards, each for \$500, with a maximum total of \$1000 per year.

Eligibility: A medical resident in satisfactory academic standing

Administration of Award: The award will be administered by the office of Postgraduate Medical Education (PGME) within the University of Calgary's Cumming School of Medicine and will be awarded in April each year. A call for applications will be the initiative of the Office of Resident Affairs and Physician Wellness.

Nomination Process:

- a. Nominations can be submitted by fellow residents, program directors or program administrators.
- b. Unsuccessful candidates may be re-nominated in subsequent years. Previous recipients are not eligible.
- c. Nominations should be submitted via the PGME Award Nomination form.
- d. A supplemental letter of nomination will be considered but is not required.
- e. Deadline for nomination is February 28th
- f. Self-nominations are not permitted
- g. Only one nomination package is allowed per candidate. You may need to coordinate the submission if multiple individuals want to nominate the same person.



Selection Process: The nominations will be reviewed and scored by an awards committee struck by the Office of Resident Affairs.

Award Criteria:

Demonstration of significant contributions to the advancement of physician wellness. Specifically:

- Active engagement to improve physician/resident physician health and well-being within their residency program or within PGME that has had an impact within the residency. This may be implementing activities for the resident cohort or initiating a program for the residents to participate in that enhances the wellness for residents.
- Demonstrated care of colleagues and contributions to the residency program. Examples of wellness care for resident colleagues is ideal.