Recipients of Resident Doctor (RDoC) Award

Congratulations to:

2020-2021

Dr. Malika Ladha, a dermatology resident at the University of Calgary, is being honoured nationally for her contributions to improving undergraduate and postgraduate medical education in Canada. Dr. Ladha is receiving the RDoC Mikhael Award for Medical Education, resident category. She shares this award with Dr. Terri Aldred of British Columbia, this year’s staff recipient.

Dr. Esther Kim, President of RDoC, said: “As RDoC works to create the best possible training experience for residents, it is important to recognize and celebrate the achievements of those who are finding and seizing opportunities to better the lives and careers of residents. Dr. Ladha supports her resident peers in so many ways, and we’re excited to be able to recognize this support today.”

In light of physical distancing restrictions due to the ongoing COVID-19 pandemic, RDoC looks forward to celebrating recipients with a virtual reception on the evening of Thursday, May 20. Full information about this event will be available on the RDoC website shortly.

About Dr. Ladha

Dr. Malika Ladha is a fifth-year dermatology resident at the University of Calgary whose work has had profound positive impacts on undergraduate and postgraduate medical training in Canada. Dr. Ladha is known as an advocate and mentor for many medical learners who have had the experience of being unmatched in the Canadian Residency Matching Service (CaRMS). Working with the Undergraduate Medical Education and Student Advising Wellness offices, Dr. Ladha has provided and advocated for academic, social, emotional, and psychological support for unmatched medical students in Calgary and across Canada. Dr. Ladha has also promoted resident interests throughout the COVID-19 pandemic. As Co-Chairperson of the Canadian Dermatology Association (CDA) Resident Fellow Society, Dr. Ladha developed two virtual national lecture series that provided residents with additional teaching from faculty. In collaboration with the CDA Education Committee, she created an educational program to support junior residents entering the specialty of dermatology. Dr. Ladha also served as resident liaison for the Women’s Dermatologic Society, and was previously the junior representative for the University of Calgary’s Dermatology Residency Planning Committee (RPC). She received the 2020 Resident Physician Mentorship and Teaching Award from the Professional Association of Residents of Alberta.

2020

Dr. Alyssa Lip of the University of Calgary is one of five Canadians recognized for their contributions to improving the lives of resident doctors in Canada.
April 24, 2020 – Ottawa, Canada – Dr. Alyssa Lip, a PGY-3 resident doctor and Chief Resident of the General Internal Medicine Program at the University of Calgary, is being honoured nationally for her contributions to improving the wellness of resident doctors in Canada. Dr. Lip is receiving the RDoC Puddester Award for Resident Wellness, resident category. She shares this award with Dr. Cheryl French, an emergency room physician at the University of Manitoba.

Dr. Emily Stewart, President of RDoC, said: “At the best of times, medicine can be an intense occupation, and RDoC works hard with its stakeholders to make sure that the wellness of Canada’s resident doctors is always a consideration in decision-making. These are unusual times and we are especially grateful for everyone who are providing wellness support to our members. It is an honour to recognize Dr. Lip for her ongoing work and thank her for what she does.”

Due to the COVID-19 pandemic, the RDoC Awards will be presented to their individual recipients at a future date once restrictions on physical distancing have been lifted.

Biographies of all RDoC Award Recipients can be found by clicking on this link.