

Newsletter



Important Deadlines

- April 2023 Canadian Electives Deadline for upload to SharePoint – Feb 1, 2023
- September 2023 International Electives Deadline for upload to SharePoint – Feb 1, 2023

FINAL CALL for outstanding Rotation Spreadsheets:
The deadline for same was October 3, 2022. Please email julie.okeeffe@ucalgary.ca with completed spreadsheets as soon as possible.

PGME Workshops

2023 winter workshops – Visit website for full details and registration!

- Medical Ethics
- RDocs Resiliency Curriculum Resident Module
- Residents as Teachers Toolkit (RATTS)

[PGME Workshops and Events Link](#)

Contact: pgmeworkshops@ucalgary.ca

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MYTHS & FACTS

Learner Resources and Supports



Myth Busters

Myth #1: There are supports through PGME available for residents but no supports for faculty who work with learners in difficulty.

Fact: We offer supports to faculty who work with residents in difficulty.

- The Director of Learner Resources, Aleksandra Mineyko is available to meet with Program Directors or Faculty who are working with residents in difficulty to answer questions and problem solve.
- The PGME Website section for Faculty with resources for working with residents in difficulty PGME | Faculty and Staff | Resources | Support Learners in Difficulty | Cumming School of Medicine | University of Calgary (ucalgary.ca).
- Workshops for faculty groups on feedback and designing remediation and learning support plans are available at request.

Contact Aleksandra Mineyko, Director of Learner Resources (amineyko@ucalgary.ca) or set up a meeting through Crystal Boisselle (crystal.boisselle@ucalgary.ca).

LASAC: Learner Academic Supports and Assessment Committee

LASAC meets monthly to review and provide suggestions on Remediation and Probation Plans. If you are developing a Remediation or Probation Plan, please be aware of the meeting dates. All plans are reviewed prior to implementation. Meeting dates are available [here](#).

Twitter Account – Conversations and Tips on Learning Resources – Follow!

Follow Dr. Aleks Mineyko on Twitter for conversations and tips on Learning Resources [@aleksmineyko](https://twitter.com/aleksmineyko)

The PGME website includes information and resources for Program Directors and Faculty on residents in academic difficulty.

PGME | Faculty and Staff | Resources | Support Learners in Difficulty | Cumming School of Medicine | University of Calgary (ucalgary.ca)

Please remember to contribute by sending suggestions and resources to pdassist@ucalgary.ca.

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University of Calgary Events

Risk Management Requirements for UofC Events: Although registration for on or off campus events is **not required** at this time, all events that have related expenses that are paid for or reimbursed through the U of C's accounting structure must comply with the guidelines set by Risk Management. Please review the guidelines prior to holding your event. Note: Waivers are still required for high risk activities or events.

[Click here for more information](#)

Requirements for International Travel

Risk Management Requirements for International Travel: Risk Management requirements exist for all international travel, please ensure that you review and meet the requirements / guidelines set by UofC Risk Management before embarking on international travel.

[Click here for more information](#)



Newsletter



Are you looking for a quiet space to conduct your mindfulness practice?

Beginning in January, the Office of Resident Affairs and Physician Wellness is pleased to make our counselling room available on a first come, first serve basis on the following days:

Tuesdays: 9am – 4pm

Thursdays: 9am – 4pm

"Mindfulness is being aware – in a particular way, on purpose, in the moment, non-judgmentally"
— Jon Kabat Zinn

Centre for Mindfulness Scholarship

The Office of Resident Affairs and Physician Wellness is pleased to offer 7 scholarships of \$1000 each to support Residents who wish to attend the Mindful Practice in Medicine Core Workshop hosted by the Cumming School of Medicine's Centre for Mindfulness.

For for information: [Click here](#)

Call for Nomination 2023 Dr. Marnie Hinton Resident Wellness Award

Deadline for Nominations is March 15, 2023

For more information: [Click here](#)

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Equity, Diversity and Inclusion Needs Assessment Survey:

We are undertaking a needs assessment of Equity, Diversity and Inclusion curriculum at CSM. Faculty involved in curriculum development or instruction in any of our academic programs (including faculty development) are invited to complete a survey to help us identify current initiatives at the program level, gaps in programming, and the barriers and facilitators to implementing EDI curriculum. Fill out the survey for your program or course [here](#).

The Learning, Engagement, Action for Resident Needs (LEARN) Study:

We wish to explore the needs and perceptions of residency program directors, teaching faculty and residents regarding resident remediation and struggling learners. This is for quality assurance purposes and because there is a lack of research regarding policy development and residency remediation. We are recruiting for one-on-one interviews with key stakeholders including current resident trainees, program directors and teaching faculty.

This is a one-time interview conducted by phone that will take up to 60 minutes of your time. Your participation in this study is completely voluntary. As a token of appreciation for your time, you will receive a \$25.00 gift card. For more information, please contact the PGME Research Lead, Dr. Aliya Kassam at kassama@ucalgary.ca.

This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB21- 0287).



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Physical Exam Preceptors Needed!

Residents are enthusiastically welcome to teach any of our UME courses – there are only four requirements:

1. Be a PGY2 or higher
2. Have a Resident as Teacher course or equivalent
3. Have permission/consent from the attending
4. A desire to share knowledge with medical students

If you have taken a Resident as Teacher course, we would love to add you to the invite list for upcoming courses. Just send an email to medskil2@ucalgary.ca to indicate your interest and let us know when you have taken the RATs course.

CSM Office of Professionalism, Equity and Diversity

Interested in hearing about upcoming events and current resources related to equity, diversity, inclusion, and wellness?

Sign up for the OPED Newsletter: Email OPED@ucalgary.ca to receive the newsletter or provide content.

OPED Website: [Click here](#)

OPED Events: [Click Here](#)



YYC CBD Dashboard

PGME is pleased to announce an upgraded version of the U Sask EPA Dashboard that is now available for our CBD programs to use. Please find the link to this CBD Data Visualizer dashboard and a user guide on our website under CBME Program resources. Website is linked below.

[Click here](#)

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Dr. Chirag Shah International Resident Award

Postgraduate Medical Education is pleased to announce that applications are being accepted for the 2023 Dr. Chirag Shah International Resident Award. The \$2,000 award has been created by Dr. Shah to assist international medical graduates who are adjusting to life in Canada and to inspire them to give back to their community and contribute to making Canada a better place.

Deadline: February 6, 2023

Applications must be submitted to Karen Fedato Kfedato@ucalgary.ca

[Click here for more information](#)



Helios UCMG Post Fellowship Training Awards

The Helios University of Calgary Medical Group (UCMG) Post Fellowship Training Awards allow some of our most outstanding clinical trainees to undertake additional Fellowship training at other institutions and bring their expertise back to benefit our Calgary community. They are funded by contributions from UCMG via the Clinical Faculty Renewal Fund, the Helios Clinic, the Calgary Foundation, the CSM and our departments.

The application deadline is January 6, 2023

For more information: [Click here](#)

Competence by Design Disciplines for 2023 Launch

The following disciplines are confirmed to launch CBD effective July 1, 2023:

- Developmental Pediatrics
 - Pain Medicine
- Palliative Medicine (adult and pediatrics)
- Pediatric Emergency Medicine
 - Ophthalmology

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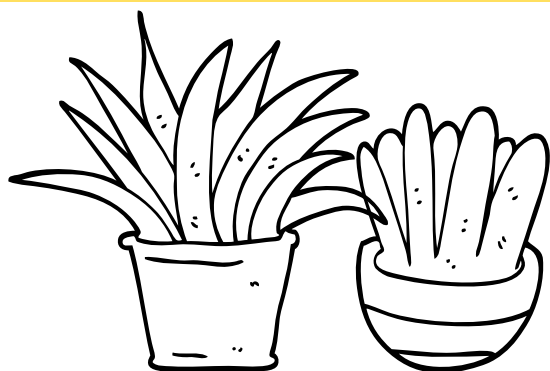
PGME is happy to announce that Erin Weir has joined the team as the new Learning and Education Resource Specialist, replacing Nancy Dunlop upon her retirement. Erin comes to us with over eight years experience with the UME at the Cumming School of Medicine. She graduated with her Masters in Education, Adult, Community and Higher Education, in 2021; having previously acquired a BFA from University of Calgary and B.Ed from Queen's University's Artist in Community Education Program

CPSA's Physician Practice Improvement Program

The Continuing Competence Program at the CPSA is designed to educate all physicians regarding their requirements for practice improvement. The goal is to engage physicians at the earliest stages of their careers to promote lifelong learning and continual quality enhancement.

If you agree there's a benefit to your residents in having us provide informational sessions regarding PPIP or even the CPSA's work in general, we would be pleased to assist. Please contact samuel.lou@cpsa.ab.ca if you wish to discuss further.

Website link: [Click here](#)



The Wellness Office is inviting new members to join the Accommodations Committee. This committee meets monthly to review and decide upon accommodations requests from Residents. Interested persons can send a letter of interest and a copy of their CV to residentwellness@ucalgary.ca.

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PGME Christmas Door Decorating

