

# Newsletter



• HELLO •

July

## Important Deadlines

- **Block 13 ITERs:** Please email [pgmeassess@ucalgary.ca](mailto:pgmeassess@ucalgary.ca) Block 13 ITERs are two weeks overdue on Aug 14, 2023
- **Electives:** November 2023 Canadian Electives Deadline for upload to SharePoint – Sept 1, 2023
- **April 2024 International Electives** Deadline for upload to SharePoint – Sept 1, 2023
- **Career Days Participants** Zoom/room bookings are due Aug 16, 2023. Send to [mykalah.paradis1@ucalgary.ca](mailto:mykalah.paradis1@ucalgary.ca)

## PGME Workshops

No workshops offered during the summer

[PGME Workshops and Events Link](#)

Contact: [pgmeworkshops@ucalgary.ca](mailto:pgmeworkshops@ucalgary.ca)

PGME is pleased to offer a CBD-targeted  
Workshop:

# Feedback Conversations – The Essential Skill



Nurture Growth through Constructive Feedback

Our interactive workshop is designed to enable new trainees in CBD with the essential skills of giving and receiving feedback effectively.

At the heart of successful clinical teaching and learning in CBD lies an understanding of the crucial role that feedback plays. The workshop is crafted to emphasize workplace-based assessments and coaching, which are central to CBD

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## Workshop Objectives:

**Understanding Feedback:** Learn the core principles of feedback, its significance, and best practices for incorporating it into your clinical journey.

**Overcoming Barriers:** Identify common obstacles in giving and receiving feedback, and acquire strategies to address them confidently.

**Best Practice Framework:** Master a "Best Practice" Framework that will equip you to provide and receive feedback with finesse.

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## Who Should Attend:

This workshop is tailored for new CBD trainees seeking to develop their skills in offering and receiving feedback effectively. If residents have already launched in a CBD program, the PGME CBE team highly recommends their attendance to maximize the benefits of this learning opportunity.

Please email [pgmecbd@ucalgary.ca](mailto:pgmecbd@ucalgary.ca) to inquire about the available dates of these workshops and to register your residents.

# Newsletter

A photograph of two binders on a desk. The top binder is orange and has a white label that says 'Applications'. The bottom binder is yellow and has a white label that says 'Grants'. To the right of the binders, a portion of a silver binder ring and some papers are visible.

## Applications

## Grants

### Resident Research Travel Grant Application Deadline:

Just a reminder – the deadline for accepting Resident **RESEARCH** Travel Grant applications for conferences scheduled from April 1st – June 30th, 2023 is **March 15th, 2023**. Completed applications should be submitted electronically to Jan Rose at [jan.rose@ucalgary.ca](mailto:jan.rose@ucalgary.ca).

**Please Note:** Once again, to address the concern that residents may not have received notification that their abstracts have been accepted for presentation, Travel Grant applications will be accepted without the confirmation. Final approval however will be contingent on confirmation that the abstract has been accepted for presentation. Applications with other missing components (Program Director or Research Supervisor signature, etc.) will also be accepted however all requirements must be met prior to approval. ***All applications must still be submitted by the deadline.***

Resident Research Grant Application:

<https://cumming.ucalgary.ca/pgme/faculty-and-staff/awards-and-grants/grants/resident-research-travel-grants>

Award winners:

<https://cumming.ucalgary.ca/pgme/faculty-and-staff/awards-and-grants/grants/grant-recipients>

### Resident Leadership Travel Grant Application Deadline:

Just a reminder – the deadline for accepting Resident **LEADERSHIP** Travel Grant applications for events scheduled from April 1st – June 30th, 2023 is **March 15th, 2023**. Completed applications should be submitted electronically to Jan Rose at [jan.rose@ucalgary.ca](mailto:jan.rose@ucalgary.ca)

A limited amount of funding is available to facilitate and support resident leadership development opportunities. PGME recognizes that participation in conferences, seminars and meetings which encourage trainees to cultivate and demonstrate this aptitude is beneficial for achieving academic success and realizing career goals. Applications with missing components (Program Director, etc.) will be accepted however all requirements must be met prior to approval. ***All applications must still be submitted by the deadline.***

Resident Leadership Grant Application:

<https://cumming.ucalgary.ca/pgme/faculty-and-staff/awards-and-grants/grants/resident-leadership-travel-grants>

Award Winners:

<https://cumming.ucalgary.ca/pgme/faculty-and-staff/awards-and-grants/grants/grant-recipients>



# Newsletter



## Royal College Fall 2024 Exams

Applications for an assessment of training are submitted via our eBooking [online platform](#):

Please read the memo, application instructions, and troubleshooting information here:

<https://www.royalcollege.ca/content/dam/documents/email/exams/exams-2024-fall-e.html>

Deadline to apply for an assessment of training:  
August 31st, 2023

- Note that assessment of training fees are separate from exam registration fees:

<https://www.royalcollege.ca/ca/en/credentials-exams/exams-fees.html#assessment-fees>

## CSM Office of Professionalism, Equity and Diversity

Interested in hearing about upcoming events and current resources related to equity, diversity, inclusion, and wellness?

Sign up for the OPED Newsletter: Email [OPED@ucalgary.ca](mailto:OPED@ucalgary.ca) to receive the newsletter or provide content.

OPED Website: [click here](#)

OPED Events: [click here](#)

## The Learning, Engagement, Action for Resident Needs (LEARN) Study:

We wish to explore the needs and perceptions of residency program directors, teaching faculty and

residents regarding resident remediation and struggling learners. This is for quality assurance purposes

and because there is a lack of research regarding policy development and residency remediation. We are recruiting for one-on-one interviews with key stakeholders including current resident trainees, program directors and teaching faculty.

This is a one-time interview conducted by phone that will take up to 60 minutes of your time. Your participation in this study is completely voluntary. As a token of appreciation for your time, you will receive a \$25.00 gift card. For more information, please contact the PGME Research Lead, Dr. Aliya Kassam at [kassama@ucalgary.ca](mailto:kassama@ucalgary.ca).

This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB21- 0287).

# Newsletter



## Learner Resources and Supports



Does Connect Care charting feel overwhelming? Is it difficult to discern the pertinent information from a charted patient encounter? These may be signs that you are experiencing Note Bloat.

Note bloat occurs when extraneous and irrelevant information incorporated into an electronic medical record.

The good news, there is a solution. You can work with your learners to develop more effective documentation strategies (see reference below). Reach out to our office if you are looking for more specific strategies.

Kahn, D., Stewart, E., Duncan, M., Lee, E., Simon, W., Lee, C., Friedman, J., Mosher, H., Harris, K., Bell, J., Sharpe, B. and El-Farra, N. (2018), A Prescription for Note Bloat: An Effective Progress Note Template. *Journal of Hospital Medicine*, 13: 378–382.  
<https://doi.org/10.12788/jhm.2898>

### LASAC: Learner Academic Supports and Assessment Committee

LASAC meets monthly to review and provide suggestions on Remediation and Probation Plans. If you are developing a Remediation or Probation Plan, please be aware of the meeting dates. All plans are reviewed prior to implementation. Meeting dates are available [here](#).

### Twitter Account – Conversations and Tips on Learning Resources – Follow!

Follow Dr. Aleks Mineyko on Twitter for conversations and tips on Learning Resources [@aleksmineyko](#)

*The PGME website includes information and resources for Program Directors and Faculty on residents in academic difficulty.*

*PGME | Faculty and Staff | Resources | Support Learners in Difficulty | Cumming School of Medicine | University of Calgary ([ucalgary.ca](http://ucalgary.ca))*

*Please remember to contribute by sending suggestions and resources to [pdassist@ucalgary.ca](mailto:pdassist@ucalgary.ca).*

# fresh routes

Fresh Routes is a mobile grocery store that brings healthy and affordable food right to you.

Everyone is welcome!

## Health Sciences Centre

3330 Hospital Dr NW, Calgary

**Look for bus by North Parkade (Lot 6)**

Join us on Wednesdays

10:30 am – 12:00 pm

Choose your own fruits, vegetables, eggs and bread

Bring your own bags

Accepting cash, credit, debit, and Calgary Dollars.



@freshroutes



[www.freshroutes.ca](http://www.freshroutes.ca)

GOOD  FOOD  
STOPS FOR YOU



# Newsletter



## University of Calgary Events

Risk Management Requirements for UofC Events: Although registration for on or off campus events is **not required** at this time, all events that have related expenses that are paid for or reimbursed through the U of C's accounting structure must comply with the guidelines set by Risk Management. Please review the guidelines prior to holding your event. Note: Waivers are still required for high risk activities or events.

[Click here for more information](#)

## Requirements for International Travel

Risk Management Requirements for International Travel: Risk Management requirements exist for all international travel, please ensure that you review and meet the requirements / guidelines set by UofC Risk Management before embarking on international travel.

[Click here for more information](#)

