APRIL 2020

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Important Deadlines:

- **Electives**: July 2020 Canadian and August 2020 International Electives Deadline for upload to SharePoint EXTENDED - **May 8, 2020**. PLEASE NOTE: Programs can submit late electives, but Local and Home letters must be uploaded to SP by May 15.
- August 2020 Canadian and September 2020 International Electives Deadline for upload to SharePoint - **June 1, 2020**.
- **Block 10 ITERs**: Please email pgmeassess@ucalgary.ca Block 10 ITERs are two weeks overdue on **May 18, 2020**.
- **eFITERs for the Fall Subspecialty Exam**: Will be distributed by RCPSC on May 15. Return completed eFITERs to iglow@ucalgary.ca – by **June 15, 2020**.

Visit Our Webpage: [https://cumming.ucalgary.ca/pgme](https://cumming.ucalgary.ca/pgme)

We have developed a page dedicated to the latest PGME and related Covid-19 updates: [https://cumming.ucalgary.ca/programs/pgme/covid19/resources/information](https://cumming.ucalgary.ca/programs/pgme/covid19/resources/information)

Please continue to check this page for the latest and developing information.
PGME Events:

PGME resident educational events and workshops are still being offered. Please continue to register for events you are interested in attending. In the case face-to-face is not an option, we will work to offer remotely where possible and will keep anyone registered up to date. We will continue to provide updates on this status.

Please visit our website for the most up to date workshops, seminars and events:  
https://cumming.ucalgary.ca/pgme/events

Travel Grant Programs:

Dear Residents,

The unfolding impact and events of the COVID-19 pandemic has quite literally reshaped our world. As I’m sure you are aware, the Government, along with the University of Calgary, have implemented widespread travel restrictions. In light of this, PGME has decided to suspend the Travel Grant Programs, effectively immediately. This includes both the Leadership Travel Grant Program and the Research Travel Grant Program. PGME will keep all of our residents posted on when the Programs will resume.

Until then, be well. And thank you for your service during these trying times.

Cancer Centre Photo:

April 2020
Dear Resident:

As a learner at the Cumming School of Medicine, University of Calgary, you are invited to take part in a learner wellness needs assessment to understand the impact of COVID-19 on your well-being.

The current COVID-19 pandemic has impacted residents at the Cumming School of Medicine. We wish to explore this impact using a multi-faceted approach to wellness in learners, recognizing: 1) wellness can be impacted in different domains specifically mental health, physical health, social health, occupational health and intellectual health and 2) wellness initiatives can occur at the individual (learner), program and system (higher education system and health care system) levels. The information provided will help us plan wellness initiatives and prepare for future events.

Your participation in this research study is completely voluntary and anonymous. You can refuse to participate or withdraw at any time up to the point that you submit the survey without penalty. You may also choose not to participate in the interview.

If you have further questions concerning matters related to this research, please contact:

Office of Postgraduate Medical Education Research Lead, Dr. Aliya Kassam (kassama@ucalgary.ca)
(403) 210-7526

The University of Calgary Conjoint Health Research Ethics Board has approved this research study and will have access to the records. If you have any questions concerning your rights as a possible participant in this research, please contact the Chair, Conjoint Health Research Ethics Board, University of Calgary at 403-220-7990.
CSCI Awards:

The information for the 2020 CSCI Resident Research Awards is now available.

For more information, visit: https://cumming.ucalgary.ca/pgme/faculty-and-staff/awards-and-grants/awards/award-information

The submission deadline to PGME is Monday, May 18, 2020, 11:59 pm - Late submissions will not be accepted.

Completed applications are to be submitted to: Kristen.story@ucalgary.ca

Thank you to all of our programs and trainees for your continued hard work and dedication during this stressful time.

Stay Safe and Healthy!

Thank you for reading.

Stay tuned for the May 2020 PG Post!