APRIL 2021

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Important Deadlines:

- **Electives**: August 2021 Canadian Electives Deadline for upload to SharePoint – **June 1, 2021**.
  - International Electives will not be accepted at this time.
- **Block 10 ITERs**: Please email pgmeassess@ucalgary.ca Block 10 ITERs are two weeks overdue on **May 17, 2021**.

Visit PGME Website: [https://cumming.ucalgary.ca/pgme](https://cumming.ucalgary.ca/pgme)

We have developed a page dedicated to the latest PGME and related Covid-19 updates: [https://cumming.ucalgary.ca/programs/pgme/covid19/resources/information](https://cumming.ucalgary.ca/programs/pgme/covid19/resources/information)

Please continue to check this page for the latest and developing information.

Subscribe to PGME on YouTube!

[https://www.youtube.com/channel/UCHdb0tipwHbrzwxB0VnHEQ](https://www.youtube.com/channel/UCHdb0tipwHbrzwxB0VnHEQ)
PGME Events:

Please visit our website for the most up to date workshops, seminars and events:

https://cumming.ucalgary.ca/pgme/events

PGME educational events and workshops are still being offered. Please continue to register for events you are interested in attending. Workshops are currently only being offered virtually. We will continue to provide updates on this status.

Cancer Centre Photos:

April 2021
Resident Alumni:

PGME residents have very recently been recognized as part of the alumni family by the University of Calgary, Cumming School of Medicine. CSM Alumni Engagement is working to complete all of our alumni data for future engagement initiatives. PGME has been able to provide them with resident data from 2008 until current. We are hoping that programs that have records prior to 2008 of their residents will be able to provide them so we can add those residents as alumni.

If you are able to send Kristen.story@ucalgary.ca the data that you do have (prior to 2008) for completed residents, it would be extremely helpful for this new initiative.

At minimum, this should include:

- name (first and last)
- UCID
• contact (email and/or address)
• program (year of completion where possible)
• Preferably via excel, but any format will be welcome

It is acceptable if it is believed to be out of date information, the alumni engagement office works carefully to clean up the data for current accuracy as best as possible.

The information that is collected will be sent to alumni engagement and not retained on the PGME end for confidentiality purposes. They will only be contacted through alumni engagement, whom have all of the proper policies in place.

*Note that this does not include fellows at this time.*

If you were not a program or do not have data prior to 2008, please send an email to inform of this.

Recognizing programs are very engaged with CaRMS and other pressing items, the deadline for this information is set for June 15, 2021.

Please send this information and any questions or concerns to: Kristen.story@ucalgary.ca

Thank you in advance for your assistance with this.

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**CMA Foundation Covid-19 Resident Support Grant:**

Do you have unanticipated expenses due to COVID-19?

The CMA Foundation COVID-19 Support for Medical Learners Bursary was created through a generous donation from the CMA Foundation with the intention of supporting residents in financial need who have been directly affected by the COVID-19 pandemic. The purpose of the Bursary is to support residents who demonstrate unanticipated financial need as a result of the COVID-19 pandemic.

The Bursary will be awarded to residents in any year of PGME, who demonstrate unanticipated financial need as a direct result of the pandemic and who meet the following criteria:

- The applicant must be a full-time Ministry funded resident in good standing at the University
- Demonstrate a financial need
- Demonstrate financial impact experienced by the applicant as a result of COVID-19
- Confirmation that the applicant has applied, where applicable, to government funding and/or for banking support

The Bursary is **not** designed to provide relief for the following **ineligible expenses**:

- Directly replacing lost income (learners requesting direct income loss support should apply for government assistance, as applicable)
- Missed loan payments, or payments in arrears
- Discretionary expenses
- Other non-essential personal expenses unrelated to COVID-19
Please note that the award will be paid by reimbursement. The applicant must have applicable receipts with proof of payment to be reimbursed.

For more information and the application please visit the [CMA Foundation COVID-19 Support Grant webpage](#). All applications can be submitted to [jan.rose@ucalgary](mailto:jan.rose@ucalgary).

**CSCI Resident Research Award - CSCI/CIHR/PGME Resident Research Awards 2021:**

The Canadian Society for Clinical Investigation (CSCI) and the Canadian Institutes of Health Research (CIHR) co-sponsor an annual Resident Research Award program. This prize is awarded each year for the best resident research project conducted during an RCPSC/CFPC residency training program at each Canadian medical school. Notification is sent out to all programs in the spring.

The CSCI prize consists of:

- $1,000 per resident in each medical school;
- A complimentary CSCI membership for two years;
- A diploma signed by the CIHR and CSCI presidents.

PGME will match the prize with an additional $1,000 and, if there are eligible submissions, will award a second prize of $1,000.

For further information please see [CSCI Awards Announcement](#).


**Invitation to Participate in Self-Disclosure in Medical Education Study:**

We are inviting medical students and residents at the University of Calgary and Western University to take part in an anonymous survey entitled *Experiences of Self-Disclosure in Medical Education*.

If you are a medical student or resident (medical learner) who has disclosed or considered disclosing your experience of mental illness/addiction within your learning environment we are interested in learning more about your experiences. Please consider completing our survey and/or qualitative study.
Our study seeks to understand the experience of self-disclosure of mental illness. We are seeking to better understand what factors enable or constrain self-disclosure behaviour, what the perceived positive/negative consequences of self-disclosure are for medical learners, and how medical learners perceive experiences of self-disclosure.

Gathering this information is important so that we can translate our findings into interventions that improve learner wellbeing, reduce burnout, and improve help-seeking amongst medical learners.

Participation in this study is voluntary. The survey will take about 20-30 minutes to complete. You will receive a $10 gift card for your time. Once you have submitted the survey, you will be asked to click to another survey where you can enter your contact information to receive the gift card and/or to participate in the qualitative study.

Please note: at this time only medical students and residents from the University of Calgary and Western University can participate.

This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB20-1149).

If you have any questions, please contact the principal investigator:

Dr. Aliya Kassam at Calgary (kassama@ucalgary.ca)

Click here to access the survey: https://survey.ucalgary.ca/jfe/form/SV_4Jv4buOUeiFJ4Hj

Thank you,

Dr. Aliya Kassam, PhD
Research Lead | Postgraduate Medical Education
Assistant Professor | Department of Community Health Sciences
Cumming School of Medicine | University of Calgary

Congratulations to Calgary Dermatology Resident, Dr. Malika Ladha, 2020-2021 RDoc Award Recipient!

Dr. Malika Ladha of the University of Calgary is one of five Canadians recognized for their contributions to improving the lives of resident doctors in Canada

April 12 – Ottawa, Canada – Dr. Malika Ladha, a dermatology resident at the University of Calgary, is being honoured nationally for her contributions to improving undergraduate and postgraduate medical education in Canada. Dr. Ladha is receiving the RDoC Mikhail Award for Medical Education, resident category. She shares this award with Dr. Terri Aldred of British Columbia, this year’s staff recipient.

Dr. Esther Kim, President of RDoC, said: “As RDoC works to create the best possible training experience for residents, it is important to recognize and celebrate the achievements of those who are finding and
seizing opportunities to better the lives and careers of residents. Dr. Ladha supports her resident peers in so many ways, and we’re excited to be able to recognize this support today.”

In light of physical distancing restrictions due to the ongoing COVID-19 pandemic, RDoC looks forward to celebrating recipients with a virtual reception on the evening of Thursday, May 20. Full information about this event will be available on the RDoC website shortly.

About Dr. Ladha:

Dr. Malika Ladha is a fifth-year dermatology resident at the University of Calgary whose work has had profound positive impacts on undergraduate and postgraduate medical training in Canada. Dr. Ladha is known as an advocate and mentor for many medical learners who have had the experience of being unmatched in the Canadian Residency Matching Service (CaRMS). Working with the Undergraduate Medical Education and Student Advising Wellness offices, Dr. Ladha has provided and advocated for academic, social, emotional, and psychological support for unmatched medical students in Calgary and across Canada. Dr. Ladha has also promoted resident interests throughout the COVID-19 pandemic. As Co-Chairperson of the Canadian Dermatology Association (CDA) Resident Fellow Society, Dr. Ladha developed two virtual national lecture series that provided residents with additional teaching from faculty. In collaboration with the CDA Education Committee, she created an educational program to support junior residents entering the specialty of dermatology. Dr. Ladha also served as resident liaison for the Women’s Dermatologic Society, and was previously the junior representative for the University of Calgary’s Dermatology Residency Planning Committee (RPC). She received the 2020 Resident Physician Mentorship and Teaching Award from the Professional Association of Residents of Alberta.

CSM Office of Professionalism, Equity and Diversity News:

The Office of Professionalism, Equity and Diversity (OPED) receives notifications of upcoming events and activities related to equity, diversity, inclusion and wellness from external and internal organizations.

Closing Soon! Nominations now open for CSM EDI Award and Dr. Glenda MacQueen Leadership Award -

Do you know of members of the Cumming School of Medicine who are taking steps towards creating an equitable, diverse, inclusive culture at CSM, and/or within their community of practice? Nominations for the inaugural CSM EDI Award are open until May 3. Check here for details and the nomination form – one award of $1500 will be given to the winning nomination.

Nominations for the 2021 Dr. Glenda MacQueen Leadership Award, recognizing a female faculty member who has made an outstanding contribution to the leadership of individuals within the CSM, are
now open until May 3. A prize of $1500 will be awarded to be used toward leadership training. Check [here](#) for details.

**Introduction to Affirming Spaces** is a free series of three course modules for healthcare providers that offer insight into fostering affirming healthcare practices that better serve trans and gender-diverse patients in Alberta. The modules cover topics such as: Pronouns & Inclusive Language, 2SLGBTQ+ Terminology, Intersectionality, Creating Affirming Health Care Settings, Transforming Rural Primary Care, and Inclusive Practices for Health Care Providers and much more. Curriculum and registration [here](#).

**Mind the Gap**, a handbook of clinical signs and symptoms in black and brown skin, is now available to be [downloaded](#) online.

**Stanford Centre for Continuing Medical Education** has produced a free online course designed for health professions educators to improve their ability and confidence to teach LGBTQ+ Health content to their trainees. The 8 modules cover important LGBTQ+ health content and practical ways to integrate these concepts into your daily clinical teaching. Specific topics include: A primer on LGBTQ+ health vocabulary, an overview of social and behavioral determinants of queer health, a review of several teaching strategies and interactive case examples of queer health issues. Details and registration [here](#).

Check out the **Voices Unheard podcast series** that amplifies the frequently unheard voices of physicians and surgeons in today’s healthcare system. These bimonthly interview discussions reveal the lived experiences of under-represented medical doctors who face unthinkable workplace discrimination and harassment related to gender, sexual identity, race, ethnicity, and other intersectional identities and/or ethical values that do not ‘fit” into the status quo.

**Online webinars, courses and conferences**

**May 13, 10:00 – 12:00pm MT**: The Indigenous Primary Health Care and Policy Research Network in Alberta (IPHCPR) is presenting a webinar on **Primary Healthcare Innovations Virtual Forum: Exploring the Patient Medical Home for Indigenous Primary Healthcare**. Registration [here](#).

**May 13, 7:00 – 8:00pm MT**: Learn about **Effective Healthcare Communication in Multilingual Settings**. This webinar is part of a public talk series hosted by the Calgary Public Library in partnership with the UCalgary Knowledge Engagement team called ‘The Latest Research on…”. More details and registration [here](#).

**May 17, 6:00 – 7:30pm MT**: All Calgary Zone physicians are invited to attend **Now is the Time to Practice a Just Culture in Healthcare**, with Dr. Tom Lloyd, Director of Saegis Safety Institute. This online webinar, hosted by the Calgary and Area Medical Staff Society, will explore what a Just Culture is, what it looks like, and why Just Culture is important for the medical profession during this era of national discourse regarding systemic inequities. Details and registration [here](#).

**May 20, 12:00 – 1:00pm MT**: Join the Libin Cardiovascular Institute for a presentation on **Gender-based Research: Yesterday’s Neglect, Tomorrow’s Opportunity** by Dr. Alyson McGregor. This free online session will discuss the historical context of men and women in clinical research design and its consequences on our current understanding of medicine and health. Details and registration [here](#).
For more information about the OPED, visit: cumming.ucalgary.ca/office/professionalism-equity-diversity

Fellowship Corner – Welcome PGME Director of Fellowship Programs:

I am pleased to announce the appointment of Dr. Sophia Chou as the PGME Director of Fellowship Programs, effective June 1, 2021. This position was previously part of Dr. Aleks Mineyko’s portfolio but has been moved to a “stand-alone” role as the scope of the position has expanded. Dr. Mineyko will continue her important work as PGME Director of Learner Resources. I would like to thank Dr. Mineyko for her commitment and excellent leadership in supporting all aspects of fellowship training.

Many of you are familiar with Dr. Chou in her capacity as program director for Adult Nephrology. Her background includes an undergraduate degree in Electrical Engineering from Queen’s University. She completed medical studies at Western University, followed by specialty training in Internal Medicine and Nephrology at the University of Calgary. In 2007 she completed a Master of Science, Medical Education Specialization.

Dr. Chou is the recipient of numerous teaching awards at both the undergraduate and postgraduate level. She successfully navigated CBD launch for the Nephrology program and was instrumental in developing new strategies for faculty development. She has piloted several innovative projects related to adoption of EPA’s and Transition to Discipline.

Please join me in welcoming Dr. Chou to this important position.

Lisa Wellkovitch MD, FRCP
Associate Dean, PGME

Thank you to all of our programs and trainees for your continued hard work and dedication during this stressful time.

Stay Safe and Healthy! Thank you for reading.

Stay tuned for the May 2021 PG Post!