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Important Deadlines:

- **Electives**: March 2021 Canadian Electives Deadline for upload to SharePoint - **January 1, 2021**
  - April 2021 Canadian Electives Deadline for upload to SharePoint – **February 1, 2021**
  - International Electives will not be accepted at this time
- **Block 6 ITERs**: Please email pgmeassess@ucalgary.ca Block 6 ITERs are two weeks overdue on **January 25, 2021**

Visit Our Webpage: https://cumming.ucalgary.ca/pgme

We have developed a page dedicated to the latest PGME and related Covid-19 updates: https://cumming.ucalgary.ca/programs/pgme/covid19/resources/information

Please continue to check this page for the latest and developing information.

PGME Events:

2021 workshop dates are now open for registration!!

Please visit our website for the most up to date workshops, seminars and events: https://cumming.ucalgary.ca/pgme/events

PGME resident educational events and workshops are still being offered. Please continue to register for events you are interested in attending. Workshops are currently only being offered virtually. We will continue to provide updates on this status.
Cancer Centre Photos:

December 2020
Invitation to Participate in Self-Disclosure in Medical Education Study - Research

We are inviting medical students and residents at the University of Calgary and Western University to take part in an anonymous survey entitled *Experiences of Self-Disclosure in Medical Education.*

If you are a medical student or resident (medical learner) who has disclosed or considered disclosing your experience of mental illness/addiction within your learning environment we are interested in learning more about your experiences. Please consider completing our survey and/or qualitative study.

Our study seeks to understand the experience of self-disclosure of mental illness. We are seeking to better understand what factors enable or constrain self-disclosure behaviour, what the perceived positive/negative consequences of self-disclosure are for medical learners, and how medical leaners perceive experiences of self-disclosure.

Gathering this information is important so that we can translate our findings into interventions that improve learner wellbeing, reduce burnout, and improve help-seeking amongst medical learners.

Participation in this study is voluntary. The survey will take about 20-30 minutes to complete. You will receive a $10 gift card for your time. Once you have submitted the survey, will be asked to click to another survey where you can enter your contact information to receive the gift card and/or to participate in the qualitative study.

Please note: at this time only medical students and residents from the University of Calgary and Western University can participate.

This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB20-1149).

If you have any questions, please contact the principal investigator: Dr. Aliya Kassam at Calgary (kassama@ucalgary.ca)

Click here to access the survey: https://survey.ucalgary.ca/jfe/form/SV_4Jv4buOUeiFJ4Hj

Thank you,

Dr. Aliya Kassam, PhD
Research Lead | Postgraduate Medical Education
Assistant Professor | Department of Community Health Sciences
Cumming School of Medicine | University of Calgary | Heritage Medical Research Building G02
3330 Hospital Drive NW, Calgary, Alberta T2N 4N1
Phone: 403.210.7526 | Fax: 403.270.0178 | email: kassama@ucalgary.ca
PGME is requesting nominations for the Seventh Annual PGME Awards for Excellence in Medical Education:

Attention: CSM PGME Program Directors, Clinical Faculty, Division and Department Heads, Residents, Fellows, and Program Administrators

These awards are a way to recognize and reward outstanding efforts in providing high-quality residency programming through the hard work, ongoing commitment, and demonstrated passion of PGME staff and faculty. Winners will receive an inscribed plaque.

There are three awards issued in each of the following program categories:

- Direct-entry 2-4 year Programs
- Direct-entry 5-6 year Programs
- Subspecialty Programs (additional 1-3 years)

1. Outstanding Commitment to Residency Education Award (3 Awarded)

<table>
<thead>
<tr>
<th>Purpose:</th>
<th>This award recognizes the outstanding contributions made by an individual to residency education through teaching, administration, program development and/or contributions to educational research that benefit residency education.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eligibility:</td>
<td>Current Cumming School of Medicine PGME clinical teachers working with residents</td>
</tr>
<tr>
<td>Criteria:</td>
<td>The individual has demonstrated exemplary teaching of residents and has made significant contributions to any of the following: program development; program administration; innovative approaches to teaching and learning; research contributions to teaching and assessment or other aspects of residency education.</td>
</tr>
<tr>
<td>Who can nominate?</td>
<td>Any current CSM PGME faculty, staff, division and department head, resident, or fellow</td>
</tr>
</tbody>
</table>

2. Award for Resident Mentorship (3 Awarded)

<table>
<thead>
<tr>
<th>Purpose:</th>
<th>This award recognizes the outstanding contributions of a faculty member who serves as a mentor, role model, and/or advocate for residents.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eligibility:</td>
<td>Current Cumming School of Medicine PGME clinical teachers working with residents</td>
</tr>
<tr>
<td>Criteria:</td>
<td>The individual has provided an established and ongoing mentoring relationship with a PGME Trainee</td>
</tr>
</tbody>
</table>
### Award for Service in Support of Residency Education

**Purpose:** This award recognizes the outstanding contributions made by an individual to residency education through ongoing administrative support and/or innovative approaches to program administration.

**Eligibility:** Current CSM PGME program administrator with 3+ years of service

**Criteria:** The individual serves as a role model for other PGME support staff, and provides excellent support for program directors through their commitment to residency training and approach to program administration.

**Who can nominate?** Any current CSM PGME program director, faculty, staff, resident, or fellow

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**Note A:** A previous winner may be nominated for a PGME Award for Excellence in the same category only after a lapse of three (3) years.

**Note B:** A previous winner may be nominated for a PGME Award for Excellence in a different category at any time.

**To Nominate:**

1. Complete the Nomination Form
2. Write a one-page letter of approx. 500 words. Please include:
   - Date
   - Description of how the nominee meets the criteria for the specific award
   - Your current role
   - Signature (if a group submission, include all names, roles and signatures)
3. If a faculty award (Category 1, 2) submit a copy of the Nominee’s CV

Please email documents saved in a .pdf format to Nancy Dunlop ndunlop@ucalgary.ca

Nominations will be reviewed and ranked by the Awards Committee. Further information will be solicited as needed. Awards will be announced in March 2021. Recipients will be presented with a plaque at an awards ceremony in May.

For nomination form and further details - [Click Here](#)

**Submission deadline:** Nomination Letters may be submitted at any time during the current award period and must be received by **February 12, 2021**
PGME YouTube Channel – Add Your Promotional Videos:

PGME is excited to announce our new YouTube Channel: [https://www.youtube.com/channel/UCHdb0tipwHbrzwwxB0VnHEQ](https://www.youtube.com/channel/UCHdb0tipwHbrzwwxB0VnHEQ).

Check out other program videos, CSM safety information and promotional material to help attract prospective trainees.

If you would like to add your 2021 CaRMS program promotional video to the YouTube Channel, please contact Kraig Meville at [kmeville@ucalgary.ca](mailto:kmeville@ucalgary.ca)

Dr. Shah Awards – Call for Applications:

Postgraduate Medical Education is pleased to announce that applications are being accepted for the 2021 Dr Chirag Shah International Resident Award.

The $2,000 award has been created by Dr Shah to assist international medical graduates who are adjusting to life in Canada and to inspire them to give back to their community and contribute to making Canada a better place.

Last year’s winner, Dr. Oluseyi Akinola (Family Medicine) was born in Western Nigeria and her work with women and children caught in a religious and political war and living in camps led her to establish an NGO “Building this Generation”. She used her award money to continue her work with the Internal Displaced Camps of northern Nigeria. Dr. Akinola also works to promote better mental health in Calgary, working with refugee children and victims of addiction.

The criteria to be eligible for the award are as follows:

1. Candidates must have successfully completed the Alberta International Medical Graduate (AIMG) assessment program.
2. Have completed both high school and medical school outside of Canada and/or United States.
3. Be currently enrolled in residency training.

Please note preference will be given to candidates with evidence of research publications in peer reviewed journals. A completed application includes a current copy of the applicant’s curriculum vitae and a one to two page letter describing:

- The applicant’s need for funding
- An outline of future goals and plans
Research completed or in progress before or during residency
Community involvement highlighting any work with underserved populations

*The deadline for applications for the Dr Chirag Shah International Resident Award is February 12, 2021.*

Applications must be submitted to Karen Fedato Kfedato@ucalgary.ca

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**Happy Holidays from PGME!**

Wishing Everyone a Healthy and Happy 2021!

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*Thank you to all of our programs and trainees for your continued hard work and dedication during this stressful time.*

*Stay Safe and Healthy!*

*Thank you for reading.*

*Stay tuned for the January 2021 PG Post!*