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Important deadlines:

- **Certificates**: March Resident Certificate Requests Deadline to jglow@ucalgary.ca - **Feb 15, 2019**.
- **Electives**: April 2019 Canadian and May 2019 International Electives Deadline for upload to SharePoint - **Feb 1, 2019**.
- **FITERs** will be distributed in late January, for residents who write the Spring Specialty Exam. Deadline to jglow@ucalgary.ca – **Feb 18, 2019**.
- **eCCT’s** will be distributed on February 15, for residents who write the Fall Subspecialty Exam. Deadline to jglow@ucalgary.ca – **Feb 25, 2019**.

Visit our webpage:

Our website features all of the most up to date information you will need including forms, policies, events, contact information and more, visit: [https://cumming.ucalgary.ca/pgme/](https://cumming.ucalgary.ca/pgme/).

All issues of the PG Post can be found on the website: [http://cumming.ucalgary.ca/pgme/home/news](http://cumming.ucalgary.ca/pgme/home/news).
CBME Update:

**CBME Retreat**
The PGME CBME team regrets to announce that due to scheduling conflicts we have had to move the date of the March 19, 2019 CBME retreat to later in the year. We will notify every one of the new date once it has been set. Sorry for any inconvenience that moving the date of this event has caused. We are working hard to organize a high quality event with the best possible speakers, sessions and resources to aid your programs in transitioning to or with the continued implementation of CBME.

**CBD Working Group**
The next CBD working group will be held on March 19, 2019 from 10:00 am – 1:00 pm in room G43A of the PGME office block with a hot lunch being served from 12:00 – 1:00 pm. This working group will focus on multisource feedback (similar to 360s) and will look at how programs are currently administering MSF as well as provide suggestions on how to implement MSF. Please note that working group meetings are open to all program administrators, program directors and CBD Leads.

We hope you see you on March 19!
New Cancer Centre Photo:

Dec 21, 2018

January 22, 2019
Annual PGME Appreciation Awards – Call for Nominations:

Attention: Program Directors, Residents, Clinical Faculty and Program Administrators

PGME is requesting nominations for the fifth Annual PGME Appreciation Awards.

These awards are a way to recognize and reward outstanding efforts in providing high-quality residency programming through your hard-work, ongoing commitment, and demonstrated passion. The winners will receive an inscribed plaque.

There are three awards issued in each of the following program categories:
- Direct-entry 2-4 year Programs
- Direct-entry 5-6 year Programs
- Subspecialty Programs (additional 1-3 years)

1. **Outstanding Commitment to Residency Education Award (3 Awarded)**

<table>
<thead>
<tr>
<th>Purpose:</th>
<th>This award recognizes the outstanding contributions made by an individual to Residency Education through teaching, administration, program development and/or contributions to educational research which benefit residency education.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eligibility:</td>
<td>Current clinical teachers working with residents</td>
</tr>
<tr>
<td>Criteria:</td>
<td>The individual has demonstrated exemplary teaching of residents and has made significant contributions to any of the following: program development; program administration; innovative approaches to teaching and learning; research contributions to teaching and assessment or other aspects of residency education.</td>
</tr>
<tr>
<td>Who can nominate?</td>
<td>Any medical education faculty, staff, or resident is invited to nominate</td>
</tr>
</tbody>
</table>

2. **Award for Resident Mentorship (3 Awarded)**

<table>
<thead>
<tr>
<th>Purpose:</th>
<th>This award recognizes the outstanding contributions of a faculty member who serves as a mentor, role model, and/or advocates for residents.</th>
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</thead>
<tbody>
<tr>
<td>Eligibility:</td>
<td>Current clinical teachers working with residents</td>
</tr>
<tr>
<td>Criteria:</td>
<td>The individual has been an exemplary model and mentor to residents through demonstration of the CanMEDs roles and commitment to a quality teaching environment for residency training.</td>
</tr>
<tr>
<td>Who can nominate?</td>
<td>Any medical education resident is invited to nominate</td>
</tr>
</tbody>
</table>
3. Award for Service in Support of Residency Education

<table>
<thead>
<tr>
<th>Purpose:</th>
<th>This award recognizes the outstanding contributions made by an individual to Residency Education through ongoing administrative support and/or innovative approaches to program administration.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eligibility:</td>
<td>Any PGME-related administrative support staff with 3+ years of service</td>
</tr>
<tr>
<td>Criteria:</td>
<td>The individual serves as a role model for other PGME support staff, a mentor to residents and provides excellent support for Program Directors through their commitment to residency training and approach to program administration.</td>
</tr>
<tr>
<td>Who can nominate?</td>
<td>Any medical education faculty, staff, or resident is invited to nominate</td>
</tr>
</tbody>
</table>

**Note A:** A previous winner may be nominated for a PGME Appreciation Award in the same category only after a lapse of three (3) years.

**Note B:** A previous winner may be nominated for a PGME Appreciation Award in a different category at any time.

**To Nominate:** Write a letter of approx. 500 words. Please ensure that you include:

- Date
- Name of Nominee
- Name of Award
- Award Category (i.e., 2-4 year program, 5-6 year program, subspecialty program)
- Description of how the nominee meets the criteria for the specific award
- Your name
- Your position (i.e., medical education faculty, staff, resident)

A CV of the candidate is not expected.

Send to Nancy Dunlop ndunlop@ucalgary.ca

Nominations will be reviewed and ranked by the Awards Committee. Further information will be solicited as needed. Awards will be announced in April 2019.

**Submission deadline:** Nomination Letters must be received by 4:30 pm Thurs Feb 28, 2019
Dr. Marnie Hinton Award Recipients:

Last month brought an opportunity to reward two innovative residents for their efforts in promoting positive mental health to fellow residents. The Dr. Marnie Hinton Awards is a joint initiative between the College of Physicians and Surgeons of Alberta (CPSA) and the Physician and Family Support Program (PFSP). Set up to recognize the late Dr. Marnie Hinton and her contributions to the development and advocacy of a physician health program in Alberta, this year’s winners were chosen from a pool of strong submissions.

Dr. Jeffery McCarthy is a Family Medicine resident whose submission was impressive for a number of reasons. After completing a summary of resident feedback about existing wellness needs, Dr. McCarthy, along with his team of “Wellness Avengers”, spearheaded the creation of concise, accessible, practical, ready-to-use modules in a variety of wellness areas. The curriculum is detailed, well-constructed, and includes pop culture references to make the whole process a little less daunting. Dr. Todd Hill, Director of Behavioural Medicine in the Department of Family Medicine, wrote of Dr. McCarthy:

“This candidate is an outstanding example of how a resident can contribute to physician wellness, his current colleagues/ coaches/ teachers’ wellness, while looking after his own as well. This young resident is truly exceptional”.

Dr. Darby Ewashina also won the award for her work on a paper co-authored with Dr. Jane Lemaire entitled: Understanding how patients perceive physician wellness and its links to patient care: A qualitative study. At the 2018 WellMed3 Conference in Greece, this paper was named “the most impactful paper on wellness for 2018”. Exploring the link between physician wellness and patient care from the patient’s perspective, this study demonstrated the effect of physician stress cues on the people at the other end of the stethoscope. Dr. Marie Claire Bourque, Director of the Canadian Psychiatric Association wrote in her nomination of Dr. Ewashina:

“Dr. Ewashina has made significant commitments to resident and physician health at the local, national and international levels. She embodies physical and emotional health practices and practices what she preaches.”

Hearty congratulations to both award winners for their ongoing contributions to resident wellness!

Thank you for reading! Stay tuned for the February PG Post!