

JUNE 2022

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Important Deadlines:

- **Electives:** October 2022 Canadian Electives Deadline for upload to SharePoint – **August 1, 2022**
 - March 2023 International Electives Deadline for upload to SharePoint – **August 1, 2022**
- **Block 12 ITERs:** Please email pgmeassess@ucalgary.ca Block 12 ITERs are two weeks overdue on **July 18, 2022**

Visit PGME Website: <https://cumming.ucalgary.ca/pgme>

Subscribe to PGME on YouTube!

<https://www.youtube.com/channel/UChdb0tipwHbrzwwxB0VnHEQ>

PGME Events:

Please visit our website for the most up to date workshops, seminars and events:

<https://cumming.ucalgary.ca/pgme/events>

PGME resident educational events and workshops are still being offered. Please continue to register for events you are interested in attending.

Summer Workshops – Visit website for full details and registration!

- Your Essential Skills Toolkit: Communication, Conflict Management and Physician Wellness
- Critical Appraisal

Contact: pgmeworkshops@ucalgary.ca

Risk Management Requirements for UofC Events:

As Covid-19 related requirements change on a regular basis, please ensure that you review the guidelines set by UofC Risk Management for UofC Events:

<https://www.ucalgary.ca/risk/risk-management-insurance/events/covid-19-event-requirements>

Risk Management Requirements for International Travel:

Risk Management requirements exist for all international travel, please ensure that you review and meet the requirements / guidelines set by UofC Risk Management before embarking on international travel:

<https://www.ucalgary.ca/risk/risk-management-insurance/travel/required-authorizations-actions>

Learner Resources and Supports:

Myth Busters

Myth #2: There are supports through PGME available for residents but no supports for faculty who work with learners in difficulty.

Fact: We offer supports to faculty who work with residents in difficulty.

- The Director of Learner Resources, Aleksandra Mineyko is available to meet with Program Directors or Faculty who are working with residents in difficulty to answer questions and problem solve



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- The PGME Website section for Faculty with resources for working with residents in difficulty [PGME | Faculty and Staff | Resources | Support Learners in Difficulty | Cumming School of Medicine | University of Calgary \(ucalgary.ca\)](#)
- Workshops for faculty groups on feedback and designing remediation and learning support plans are available at request.

Contact Aleksandra Mineyko, Director of Learner Resources (amineyko@ucalgary.ca) and Nancy Dunlop, Education and Learning Resource Specialist (ndunlop@ucalgary.ca) or set up a meeting through Crystal Boisselle (crystal.boisselle@ucalgary.ca).

The PGME website includes information and resources for Program Directors and Faculty on residents in academic difficulty.

[PGME | Faculty and Staff | Resources | Support Learners in Difficulty | Cumming School of Medicine | University of Calgary \(ucalgary.ca\)](#)

Please remember to contribute by sending suggestions and resources to pdassist@ucalgary.ca

LASAC: Learner Academic Supports and Assessment Committee

LASAC meets monthly to review and provide suggestions on Remediation and Probation Plans. If you are developing a Remediation or Probation Plan, please be aware of the meeting dates. All plans are reviewed prior to implementation. Meeting dates are available [here](#).

Twitter Account – Conversations and Tips on Learning Resources – Follow!

Follow Dr. Aleks Mineyko on Twitter for conversations and tips on Learning Resources @aleksmineyko

Transition to Practice Summer Series- CMA-Joule-2022:

Our Transition to Practice Summer Series is back with over 90% satisfaction rating and over 90% likely to recommend from residents last year.

Join our Canadian Medical Association-Joule summer sessions where panels of **practicing physicians** prepare residents and recent grads for the **non-clinical aspects** of the transition from residency to the realities of practice. Sessions cover a wide range of issues –from **taxes to contracts to time management**-- and provide extra time for discussions: a great way for physicians in all specialties to ask questions and prepare for practice.

All of our sessions are **physician-led** and **industry-free**. Last year, residents gave these sessions a **satisfaction** rate of **over 90%** and **over 90%** were **likely to recommend** to a peer. There is no charge. Dates and registration links below or register via [our webpage](#).

Summer West

July 26 – 6:00-8:30pm Pacific Time – Finances, Taxes, Incorporation, Investing – with Dr. Kevin Lee, Dr. Yan Yu, Dr. Norm Yee, and Dr. Katie Lin

<https://cma-ca.zoom.us/meeting/register/tZwvcu-sqDwrHdGzAf-7ifzmXxyifPeeWYQJ>

July 27 – 6:00-8:00pm Pacific Time – Starting in practice, contracts, overhead, billing principles, staffing: Ask us anything – with Dr. Scott Wilson, Dr. Anmol Lamba, and Dr. Marilyn Champagne

<https://cma-ca.zoom.us/meeting/register/tZltd-qsrzgvGNSvNKm7Snh8nyTjbj5Nz7Nn>

July 28 – 6:00-8:00pm Pacific Time – Leadership: Influencing Up with 5 new-in-practice physician speakers – with Dr. Katie Lin, Dr. Yan Yu, Dr. Monty Ghosh, Dr. Kimberly Williams, and Dr. Ali Damji

<https://cma-ca.zoom.us/meeting/register/tZcrdOGvrDirH9SXdv0xdu9e-e0PUGKBjUj>

Call-out for the Resident Feedback Conversation Workshops:

PGME is pleased to announce that we will be holding 5 workshops on **Feedback Conversations - The Essential Skill** in September and October of 2022.

Programs that have launched CBD, or are targeted to launch in July of 2022, are aware of the vital role feedback plays in clinical teaching and learning.

Frequent workplace-based assessments along with coaching are central to competency-based medical education (CBME).

These interactive workshops will cover key elements of feedback, give guidance about making the most of coachable moments throughout the workday, as well as provide residents with opportunities to practice offering and receiving feedback. The objectives for this workshop are listed below:

1. Describe feedback including Definitions, Why it Matters, and Best Practices.
2. Identify barriers to offering and learning from Feedback, as well as strategies to address barriers.
3. Use a “Best Practice” Framework for offering and receiving feedback.

We have scheduled the following workshops well in advance to make it easier for your residents to attend.

Upon request, we may be able to offer a workshop on another day for your program.

The workshops are 2 hours via Zoom which allows the option of scheduling a second Zoom topic in an academic half-day. This is an interactive workshop, so participants are encouraged to leave their video cameras on to enhance opportunities for participation.

The workshops will be held via zoom on the following dates and times (maximum number of participants per workshop is 15):



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Thursday, **September 15th, 2022**

- 1:00 – 3:00 PM

Wednesday, **September 21st, 2022**

- 1:00 – 3:00 PM

Thursday, **October 6th, 2022**

- 1:00 – 3:00 PM

Friday, **October 14th, 2022**

- 10:00 AM - 12:00 PM

Thursday, **October 20th, 2022**

- 1:00-3:00 PM

The target audience for this workshop is new trainees who are interested in developing their skills related to offering and receiving feedback.

The PGME CBE team recommends that residents who have started a CBD program attend. Please email pgmecbd@ucalgary.ca to book a date that works for your program and let us know how many residents to expect.

We look forward to hearing back from you!

The Learning, Engagement, Action for Resident Needs (LEARN) Study:

We wish to explore the needs and perceptions of residency program directors, teaching faculty and residents regarding resident remediation and struggling learners. This is for quality assurance purposes and because there is a lack of research regarding policy development and residency remediation. We are recruiting for one-on-one interviews with key stakeholders including current resident trainees, program directors and teaching faculty.

This is a one-time interview conducted by phone that will take up to 60 minutes of your time. Your participation in this study is completely voluntary. As a token of appreciation for your time, you will receive a \$25.00 gift card. For more information, please contact the PGME Research Lead, Dr. Aliya Kassam at kassama@ucalgary.ca. This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB21-0287).

Equity, Diversity and Inclusion Needs Assessment Survey:



We are undertaking a needs assessment of Equity, Diversity and Inclusion curriculum at CSM. Faculty involved in curriculum development or instruction in any of our academic programs (including faculty development) are invited to complete a survey to help us identify current initiatives at the program level, gaps in programming, and the barriers and facilitators to implementing EDI curriculum. Fill out the survey for your program or course [here](#).

Recipients of PARA Clinical Teaching and Well-Being Award:

PARA is pleased to announce the following award recipients connected to the University of Calgary:

PARA Clinical Teaching Award 2021-2022:

- Dr. Habib Kurwa, Clinical Professor (Dermatology & Dermatologic Surgery), University of Calgary

PARA Well-Being Award 2021-2022:

- Dr. Sarah McPherson, Staff Physician (Emergency Medicine), University of Calgary

Honourable Mention for:

Clinical Teaching Award:

- Dr. Barbora Sporinova, Attending Physician (Internal Medicine)
- Dr. Clark Svrcek, Preceptor (Family Medicine)
- Dr. Darren Presley, Physician (Family Medicine)
- Dr. Laura Coughlan, Physician (OBGYN)
- Dr. Michael Yeung, Program Director (Adult Neurology)
- Dr. Udell Larsen, Clinical Assistant Professor (Anesthesiology)

Well-Being Award:

- Dr. Kathryn Fitch, Staff Psychiatrist (Psychiatry)
- Dr. Udell Larsen, Clinical Assistant Professor (Anesthesiology)

2022 CSCI Resident Research Award Recipients:

PGME is pleased to announce the recipients of the 2022 CSCI Resident Research Award.

Thank you to all who submitted abstracts for consideration for this year's CSCI Award for Excellence in Resident Research. There were many excellent submissions.

The Canadian Society for Clinical Investigation (CSCI) and the Canadian Institutes of Health Research (CIHR) co-sponsor an [Annual Resident Research Award Program](#). This prize is awarded annually for the



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best resident research project conducted during an RCPSC/CFPC residency training program at each Canadian Medical School.

1st Prize Recipient for the 2022 CSCI Award for Excellence in Resident Research:

Dr. Daniel Meyers

PGY-2 Internal Medicine Resident

Abstract title: *Development and Validation of a Prognostic Risk Model for Patients with Advanced Non-Small Cell Lung Cancer Treated with Immune Checkpoint Inhibitors*

Authors: Dr. Daniel Meyers, lead author on this project, and the project supervisor is Dr. Aliyah Pabani. Additional authors include: Drs. Vishal Navani (Co-first author), Yibing Ruan, Devon Boyne, Dylan O'Sullivan, Samantha Dolter, Heidi Grosjean, Igor Stukalin, Daniel Heng, Don Morris, Darren Brenner and Winson Cheung.

Second Prize Recipient:

Dr. Fatemeh Ramazani

PGY-3 Otolaryngology Resident

Abstract title: *Evaluating Sensitivity and Specificity of US and CT as Diagnostic Tools for Pediatric Neck Abscesses*

Authors: Fatemeh Ramazani, Warren K Yunker, C. Carrie Liu

Honourable Mention:

Dr. Ali Fatehi Hassanabad

PGY-6 Cardiac Surgery Resident

Abstract title: *Determining the Translational Potential of Human Pericardial Fluid to Improve Clinical Outcomes in Cardiac Surgery*

Authors: Ali Fatehi Hassanabad, Darrell B Belke, Guoqi Teng, Paul MK Gordon, Antoine Dufour, Jameson A Dundas, Anna N Zarzycki, Justin F Deniset, Paul WM Fedak

Congratulations to these resident researchers and sincere gratitude to the sponsors for encouraging and recognizing their efforts.

Thank you to the CSCI Committee for their time and efforts to select the prize recipients from all of the excellent submissions.

Foothills Medical Centre – Breastfeeding/Pumping Room Frequently Asked Question (FAQ) – Covid Update:

What is this purpose of this room?

This room is for breastfeeding and pumping. Please feel welcome to use this space for this purpose.

Where is this room?

This room is on the main floor of the FMC main building, Room 142.

Who can access this room?

This room is primarily for staff, physicians, medical residents, students and volunteers.

How do I access this room?

This room requires code access. Please email Carol Urban (FMC Administration) for code access.

Carol.Urban@ahs.ca

Is this room private?

This room is private; code-access is required.

Is this room for single-person use?

This room may be used by multiple people at the same time. Further options for privacy are being considered (e.g. curtains).

Do I have to book this room?

No bookings are required. It is available 7-days a week, 24 hours per day.

Are there pumps available in the room?

No – users need to bring their own pump and supplies. Please take everything with you when you are finished as security of left items cannot be guaranteed.

Is there a fridge for storage?

Due to liability concerns, there is no refrigeration available in this room.

Is there a sink?

Yes – a sink, dish detergent and paper towels are available. Please leave the area clean when you are finished. Guidelines for Pump Part Cleaning & Storage are posted in the room.

Is there someone to whom I can send suggestions in order to improve this room?

Yes – please send any suggestions to Tracey Plunkett-Rader, FMC Logistics Manager. Tracey.Plunkett-Rader@ahs.ca

Can I share the code with others who might need access to this room?

Anyone needing to use this room needs to email Carol Urban. We would like to track the need and usage of this room in order to inform future plans for improvements. The code will be changed periodically and users will be notified.

I've forgotten the code or didn't email for access in time – what should I do?

Please contact FMC Security (403-944-1152) and arrange for them to provide access

CSM Office of Professionalism, Equity and Diversity News:

The Office of Professionalism, Equity and Diversity (OPED) receives notifications of upcoming events and activities related to equity, diversity, inclusion and wellness from external and internal organizations.

Upcoming EDI-related Conferences & Events

- **July 5, 6:00 – 7:30pm MT:** All members of Calgary's Black communities are invited to learn about the importance of mental health in an online workshop, **Let's Talk! Black Mental Health**, including signs/symptoms of poor mental health, when to seek professional care and information about free services from the UCalgary Psychology Clinic. Details and registration [here](#)
- **July 6, 10:00 – 11:00am:** Join the next Mount Sinai National Chats for Change for the next webinar in the series, **Say What You Mean, Mean What You Say** with the focus on **Structural Racism**. Details and registration [here](#)
- **July 12, 10:00am MT:** The next session in the AAMC's IDEAS Learning Series is **Improving the Learning Environment for LGBTQ+ Medical Students**. Presenters will discuss inequities faced by LGBTQ+ students during their medical training and highlight practices that faculty and leadership can employ to improve the learning environment. Details and registration [here](#)
- **July 21, 12:00 – 1:00pm MT:** The UCalgary community is invited to attend an online webinar, **Reflecting on Well-Being and Assessment Practices Using an Ethics-of-Care Lens**, as part of the Taylor Institute's Summer Wellness Series. Details and registration [here](#)
- **July 29-31:** The **National Black Canadians Summit** is being held in Halifax, NS. This conference is inspired by the International Decade for People of African Descent (2015-2024): Recognition, Justice and Development, as proclaimed by the United Nations. More details and registration [here](#)
- **Aug. 12 & 13:** Join a 1.5 day virtual conference on **Connecting Research and Practice in Post-Secondary Mental Health**. Program, details and registration [here](#)
- **Aug. 24-26:** The AAMC is offering in-person **Restorative Justice in Academic Medicine Facilitator Training** in Washington, DC. The program will help participants to effectively incorporate restorative justice, gain the tools to address the impact of harms, deter recidivism, and facilitate collaborative solutions within medical schools, teaching hospitals, and allied health professional institutions. Details [here](#)
- **March 10-12, 2023 + follow-up webinars:** CSM's CMS&PD Office is pleased to host the **Mindful Practice in Medicine Core Workshop** over two days at the Banff Centre. This retreat-like workshop, designed for medical practitioners and educators, provides an experiential and interactive learning environment to help energize participants find joy and resilience. Details and registration [here](#)

Opportunities for Grants and Requests for Input

- CSM is undertaking a **needs assessment of Equity, Diversity, and Inclusion curriculum within CSM**. Faculty involved in curriculum development or instruction in an academic program (including faculty development) are invited to complete a survey to help identify current initiatives at the program level, gaps in programming, and the barriers and facilitators to implementing EDI curriculum. Fill out the survey for your program or course [here](#).
- Physicians, medical educators and nurses are invited to participate in a study on **Exploring and Supporting Sensitive Conversations about Bias in Specialty Education**. Participation involves a semi-structured virtual interview. Details on the study [here](#) and participation application [here](#)
- The Community-Based Research Centre is conducting a **Canada-wide 2SLGBTQIA+ Community Study** to understand more about the current state of health among people in the 2SLGBTQIA+ community. Survey participants will be asked a series of questions about their mental and physical health, their sex lives and relationships, caregiving, community connection, discrimination and violence, substance use, economic impacts, housing, and how they have been coping under COVID-19. Go [here](#) for more information and to participate.
- Call for Proposals: The Community-Based Research Centre's annual conference on 2SLGBTQ+ health research, programming, and advocacy in Canada takes place online from October 17-26 and in-person on October 27-28. The organization is seeking proposals for short oral presentations, panels, and workshops and submissions can be based on research, programming, policy initiatives, advocacy, activism, art-based approaches, grassroots responses, and/or community-based actions engaging 2SLGBTQ+ people in Canada or abroad. Details [here](#)

Resources

- The latest edition of the Canadian Medical Association Journal (CMAJ) includes an article on [Dismantling gendered Islamophobia in medicine](#) and [Understanding and addressing Islamophobia through trauma-informed care](#)
- The National Collaborating Centre for Aboriginal Health has produced **An Introduction to the Health of Two-Spirit People: Historical, contemporary and emergent issues**. Available to read and download [here](#)
- The Centre for Addiction and Mental Health (CAMH) has updated two free self-directed learning modules to reflect updates in person centred language, the inclusion of more communities and reflections from the COVID-19 pandemic. Check out the **Aging and mental health: A primer on health equity, diversity and anti-racism** and **Supporting the mental health of older adults in care** courses [here](#)
- The Centre for Gender & Sexual Health Equity at UBC is developing a series of **Research Equity Toolkits: Gender and Sex in Methods and Measurements**, addressing the pervasive erasure in research of people who are marginalized and minoritized on the basis of their genders and sexes. Check out the first three toolkits on sampling plans, data analyses, effective recruitment and determining eligibility. Available for download [here](#)
- The US National Academies of Science, Engineering and Medicine has published a report on **Improving Representation in Clinical Trials and Research: Building Research Equity for Women and Underrepresented Groups**, available [here](#)
- The latest issue from the College of Physicians and Surgeons of Ontario has an article on [Being a True Ally](#) and how allyship can be best used to promote health equity

Recordings of recent webinars, podcasts and presentations

- The First Nations Children's Action Research and Education Service (FNCARES) recently presented a webinar, **A National Crime: Is It Over?**, featuring Cindy Blackstock and 4 other speakers. They discussed the denial of genocide of First Nations, Inuit, and Métis peoples in Canada and the importance of holding the government accountable for ongoing injustices. Check it out [here](#)
- **Intersectionality Matters!** is a podcast hosted by Kimberlé Crenshaw, an American civil rights advocate and a leading scholar of Critical Race Theory. Check out all episodes [here](#)
- Each month, Anne-Marie Pham, Executive Director of the **Canadian Centre for Diversity and Inclusion** interviews a leader who is making a difference in Canada in the field of diversity, inclusion, and equity. Listen to the Leader Talks podcast series [here](#)
- **Dr. Nel Wieman**, president of The Indigenous Physicians Association, recently spoke on CBC's **White Coat Black Art** podcast discussing how the fear of racism deters many Indigenous people from seeking medical treatment, and her own experiences as an Indigenous doctor and health-care leader. Listen [here](#)
- UCalgary's Faculty of Social Work and its Indigenous Social Work Circle and Lodge recently presented three webinars that are now available for viewing: [Understanding Indigenous Cultural Gatherings and Social Dances](#) with Hal Eagletail, [Role of Elders within Indigenous Communities](#), and [Understanding Indigenous ways of Knowing: Cultural Protocols and Land Acknowledgments](#)
- On National Indigenous Peoples Day (June 21), Alberta Health Services hosted Dr. Pamela Roach on a webinar discussing **The Reality of Indigenous Health Systems Safety: Anti-Indigenous Racism Among Physicians in Alberta**. Watch it [here](#)
- In mid-June, CSM's W21C, OIPH, and OPED offered a webinar on **The Urgency of Intersectionality for Addressing Systemic Inequities in Higher Learning**, with Dr. Tonya D Callaghan. Listen to the [recording](#) to learn about intersectionality and why it is so urgent for EDI in post-secondary contexts, how to support the learning needs of students in EDI-focused courses and how to support EDI scholars.

For more information about the OPED, visit: cumming.ucalgary.ca/office/professionalism-equity-diversity

Thank you to all of our programs and trainees for your continued hard work and dedication during this stressful time.

Thank you for reading.

Please note there will only be one issue over the summer months (July and August).

The regular monthly schedule will resume in September!