PGMEpost
Postgraduate Medical Education

NOVEMBER 2020

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Important Deadlines:

- **Electives:** March 2021 Canadian Electives Deadline for upload to SharePoint - **January 1, 2021.**
  - International Electives will not be accepted at this time.
- **Block 5 ITERs:** Please email pgmeassess@ucalgary.ca. Block 5 ITERs are two weeks overdue on **December 28, 2020.**

Visit Our Webpage: [https://cumming.ucalgary.ca/pgme](https://cumming.ucalgary.ca/pgme)

We have developed a page dedicated to the latest PGME and related Covid-19 updates: [https://cumming.ucalgary.ca/programs/pgme/covid19/resources/information](https://cumming.ucalgary.ca/programs/pgme/covid19/resources/information)

Please continue to check this page for the latest and developing information.

PGME Events:

Many 2021 workshop dates are now open for registration!!

Please visit our website for the most up to date workshops, seminars and events: [https://cumming.ucalgary.ca/pgme/events](https://cumming.ucalgary.ca/pgme/events)

PGME resident educational events and workshops are still being offered. Please continue to register for events you are interested in attending. Workshops are currently only being offered virtually. We will continue to provide updates on this status.
Cancer Centre Photos:

November 2020
Invitation to Participate in Self-Disclosure in Medical Education Study - Research

We are inviting medical students and residents at the University of Calgary and Western University to take part in an anonymous survey entitled *Experiences of Self-Disclosure in Medical Education.*

**If you are a medical student or resident (medical learner) who has disclosed or considered disclosing your experience of mental illness/addiction within your learning environment** we are interested in learning more about your experiences. Please consider completing our survey and/or qualitative study.

Our study seeks to understand the experience of self-disclosure of mental illness. We are seeking to better understand what factors enable or constrain self-disclosure behaviour, what the perceived positive/negative consequences of self-disclosure are for medical learners, and how medical leaners perceive experiences of self-disclosure.

**Gathering this information is important so that we can translate our findings into interventions that improve learner wellbeing, reduce burnout, and improve help-seeking amongst medical learners.**

Participation in this study is voluntary. The survey will take about 20-30 minutes to complete. You will receive a $10 gift card for your time. Once you have submitted the survey, will be asked to click to another survey where you can enter your contact information to receive the gift card and/or to participate in the qualitative study.

**Please note: at this time only medical students and residents from the University of Calgary and Western University can participate.**

This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB20-1149).

If you have any questions, please contact the principal investigator:

Dr. Aliya Kassam at Calgary (kassama@ucalgary.ca)

**Click here to access the survey:** [https://survey.ucalgary.ca/jfe/form/SV_4Jv4buOUeiFJ4Hj](https://survey.ucalgary.ca/jfe/form/SV_4Jv4buOUeiFJ4Hj)

Thank you,

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Resident Research and Resident Leadership Travel Grant Application Deadline:

Just a reminder that the deadline for accepting Resident Research and Resident Leadership Travel Grant applications for conferences scheduled from January 1st to March 31st, 2021 is December 15th, 2020. Completed applications should be submitted to Jan Rose electronically to jan.rose@ucalgary.ca.

In April 2020 PGME suspended the Travel Grant Programs due to the COVID-19 pandemic and the University of Calgary’s travel restrictions. In September 2020 the Resident Leadership Travel Grant Program and the Resident Research Travel Grant Program were reinstated.

At this time, PGME will now open up applications for the Travel Grant Program for online learning opportunities for the January to March 2021 period. Due to the travel restrictions that are still in place, this will be only for online and virtual learning. The will be no grants awarded for actual travel at this time. An example of expenses eligible for reimbursement would be the conference registration.

The Grant application deadline for both the Research and Leadership Travel Grant Programs for all events occurring between January 1st through to March 31st, 2021 will be December 15th, 2020. Please be sure to submit your application to me by then as late applications cannot be accepted. Please submit the application digitally at jan.rose@ucalgary.ca. As PGME is working remotely, please do not attempt to submit a paper copy to the office.

The application can be found here:

Research:  https://cumming.ucalgary.ca/pgme/faculty-and-staff/awards-and-grants/grants/resident-research-travel-grants
Leadership: https://cumming.ucalgary.ca/pgme/faculty-and-staff/awards-and-grants/grants/resident-leadership-travel-grants

Once again, to address the concern that residents may not have received notification that their abstracts have been accepted for presentation, Travel Grant applications will be accepted without the confirmation. Final approval however will be contingent on confirmation that the abstract has been accepted for presentation. Applications with other missing components (Program Director or Research Supervisor signature, etc.) will also be accepted however all requirements must be met prior to approval. All applications must still be submitted by the deadline.
Call for Abstracts - OHMES Symposium 2021:

For more information, visit: https://cumming.ucalgary.ca/office/ohmes

Thank you to all of our programs and trainees for your continued hard work and dedication during this stressful time.

Stay Safe and Healthy!

Thank you for reading. Stay tuned for the December 2020 PG Post!