

Newsletter



UNIVERSITY OF CALGARY



Important Deadlines

- February 2023 Canadian Electives Deadline for upload to SharePoint – [Dec 1, 2022](#)
- July 2023 International Electives Deadline for upload to SharePoint – [Dec 1, 2022](#)
- **Rotation Spreadsheets:** The deadline for same was October 3, 2022. Please email julie.okeeffe@ucalgary.ca with completed spreadsheets as soon as possible.

PGME Workshops

Winter Workshops – Visit website for full details and registration!

- Advanced Biostatistics
- Let's Talk Social Media and News Reporters
- Physician Financial Management

[PGME Workshops and Events Link](#)

Contact: pgmeworkshops@ucalgary.ca

Newsletter

MYTHS & FACTS

Learner Resources and Supports



Myth Busters

Myth #1: There are supports through PGME available for residents but no supports for faculty who work with learners in difficulty.

Fact: We offer supports to faculty who work with residents in difficulty.

- The Director of Learner Resources, Aleksandra Mineyko is available to meet with Program Directors or Faculty who are working with residents in difficulty to answer questions and problem solve.
- The PGME Website section for Faculty with resources for working with residents in difficulty PGME | Faculty and Staff | Resources | Support Learners in Difficulty | Cumming School of Medicine | University of Calgary (ucalgary.ca).
- Workshops for faculty groups on feedback and designing remediation and learning support plans are available at request.

Contact Aleksandra Mineyko, Director of Learner Resources (amineyko@ucalgary.ca) or set up a meeting through Crystal Boisselle (crystal.boisselle@ucalgary.ca).

LASAC: Learner Academic Supports and Assessment Committee

LASAC meets monthly to review and provide suggestions on Remediation and Probation Plans. If you are developing a Remediation or Probation Plan, please be aware of the meeting dates. All plans are reviewed prior to implementation. Meeting dates are available [here](#).

Twitter Account – Conversations and Tips on Learning Resources – Follow!

Follow Dr. Aleks Mineyko on Twitter for conversations and tips on Learning Resources [@aleksmineyko](#)

The PGME website includes information and resources for Program Directors and Faculty on residents in academic difficulty.

PGME | Faculty and Staff | Resources | Support Learners in Difficulty | Cumming School of Medicine | University of Calgary (ucalgary.ca)

Please remember to contribute by sending suggestions and resources to pdassist@ucalgary.ca.

Newsletter



University of Calgary Events

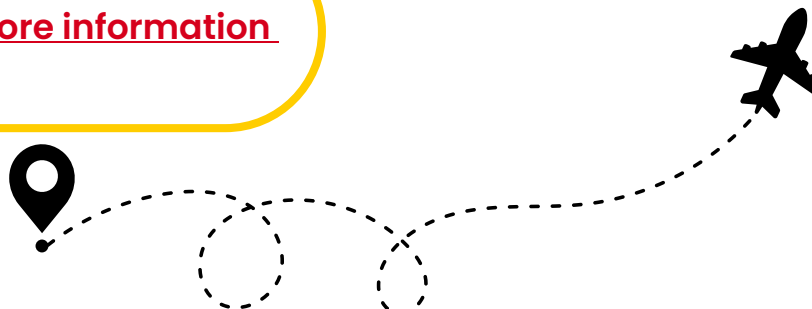
Risk Management Requirements for UofC Events: Although registration for on or off campus events is **not required** at this time, all events that have related expenses that are paid for or reimbursed through the U of C's accounting structure must comply with the guidelines set by Risk Management. Please review the guidelines prior to holding your event. Note: Waivers are still required for high risk activities or events.

Click here for more information

Requirements for International Travel

Risk Management Requirements for International Travel: Risk Management requirements exist for all international travel, please ensure that you review and meet the requirements / guidelines set by UofC Risk Management before embarking on international travel.

Click here for more information



Newsletter



Equity, Diversity and Inclusion Needs Assessment Survey:

We are undertaking a needs assessment of Equity, Diversity and Inclusion curriculum at CSM. Faculty involved in curriculum development or instruction in any of our academic programs (including faculty development) are invited to complete a survey to help us identify current initiatives at the program level, gaps in programming, and the barriers and facilitators to implementing EDI curriculum. Fill out the survey for your program or course [here](#).

The Learning, Engagement, Action for Resident Needs (LEARN) Study:

We wish to explore the needs and perceptions of residency program directors, teaching faculty and residents regarding resident remediation and struggling learners. This is for quality assurance purposes and because there is a lack of research regarding policy development and residency remediation. We are recruiting for one-on-one interviews with key stakeholders including current resident trainees, program directors and teaching faculty.

This is a one-time interview conducted by phone that will take up to 60 minutes of your time. Your participation in this study is completely voluntary. As a token of appreciation for your time, you will receive a \$25.00 gift card. For more information, please contact the PGME Research Lead, Dr. Aliya Kassam at kassama@ucalgary.ca.

This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB21- 0287).



Newsletter



Physical Exam Preceptors Needed!

Residents are enthusiastically welcome to teach any of our UME courses – there are only four requirements:

1. Be a PGY2 or higher
2. Have a Resident as Teacher course or equivalent
3. Have permission/consent from the attending
4. A desire to share knowledge with medical students

If you have taken a Resident as Teacher course, we would love to add you to the invite list for upcoming courses. Just send an email to medskil2@ucalgary.ca to indicate your interest and let us know when you have taken the RATs course.



YYC CBD Dashboard

PGME is pleased to announce an upgraded version of the U Sask EPA Dashboard that is now available for our CBD programs to use. Please find the link to this CBD Data Visualizer dashboard and a user guide on our website under CBME Program resources. Website is linked below.

[Click here](#)

The Wellness Office would like to strike a working group to look at the issue of Part-Time Residency and its implications. Interested persons can send an email expressing their interest to residentwellness@ucalgary.ca.

Newsletter



2023 Sandra Banner Student Award for Leadership now accepting applications

The [online application](#) process for the 2023 Sandra Banner Student Award for Leadership (SBSAL) is now open.

Interested students and residents enrolled full-time in a Canadian medical education program and residing in Canada as Canadian citizens or landed immigrants are eligible to apply using the submission form on our website. Applications will be accepted until December 15, 2022 at 17:00 ET.

The purpose of the SBSAL is to encourage the development of future leaders in medicine through public recognition and financial support of leadership activities. It is awarded annually to one undergraduate medical student and one postgraduate medical trainee demonstrating an interest in and an aptitude for leadership. The award was established in 2013 by the CaRMS Board of Directors in recognition of the 29 years of leadership Sandra Banner provided to CaRMS.

Learn more about the eligibility criteria and how to apply on our website, and please share this information with your friends and colleagues to help us recognize young leaders in the Canadian medical education community.

If you have any questions about the Sandra Banner Student Award for Leadership, please contact us at awardscommittee@carms.ca.

[Click here to learn more](#)



Newsletter



Call for Nomination 2023 Dr. Marnie Hinton Resident Wellness Award

Dr. Marnie Hinton was a long-time Alberta physician, trained in Great Britain, who dedicated her life to physician health. She initially volunteered her time through the early days of the Alberta Physician Assistance Program, then became more formally involved as a triage physician with the Physician and Family Support Program of Alberta.

Dr. Hinton always made herself available for phone calls or direct support to physicians struggling with addiction. She frequently volunteered her time to take new members to 12 step recovery groups in the Greater Edmonton area or offer her wisdom regarding healthy sobriety.

Field of Study: Postgraduate Medicine
Value: \$500.00
Annual Awards: 2

Conditions: Awarded to a medical resident in satisfactory academic standing and has demonstrated significant contributions to the advancement of physician wellness.

Deadline for Nominations is March 15, 2023

For more information: [Click here](#)

CPSA's Physician Practice Improvement Program

The Continuing Competence Program at the CPSA is designed to educate all physicians regarding their requirements for practice improvement. The goal is to engage physicians at the earliest stages of their careers to promote lifelong learning and continual quality enhancement.

If you agree there's a benefit to your residents in having us provide informational sessions regarding PPIP or even the CPSA's work in general, we would be pleased to assist. Please contact samuel.lou@cpsa.ab.ca if you wish to discuss further.

Website link: [Click here](#)

The Wellness Office is inviting new members to join the Accommodations Committee. This committee meets monthly to review and decide upon accommodations requests from Residents. Interested persons can send a letter of interest and a copy of their CV to residentwellness@ucalgary.ca.

Newsletter



2022 Recipients of Dr. Marnie Hinton Award

Congratulations to:

The Dr. Marnie Hinton Award is jointly sponsored by the College of Physicians and Surgeons of Alberta's (CPSA) Physician Health Monitoring Program (PHMP) and the Alberta Medical Association's (AMA) Physician and Family Support Program (PFSP), with special thanks to Bennett Jones LLP for their generous contribution. Established to recognize the late Dr. Marnie Hinton and her contributions to the development and advocacy of a physician health program in Alberta, the 2022 winners were chosen from a pool of strong submissions.

Dr. Sarah Frehlich is a Physical Medicine & Rehabilitation resident who, throughout her residency, has dedicated a considerable amount of her extracurricular time to impactful resident and physician wellness initiatives. She plays a key role in the Physiatry Wellness Committee, leads initiatives to secure funding and protected time for resident wellness and social events, and has also developed a meditation curriculum during academic half days. Dr. Frehlich has also taken on a provincial role as a part of the Professional Association of Resident Physicians of Alberta (PARA) where she has been a member of the Community & Wellness Committee as well as served on the Finance & Operation Review Committee, Leadership & Education Committee, and Negotiations committee.

As a contributor to Dr. Frehlich's nomination package, Dr. Vishal Tulsi shared, "On a program level, Sarah has truly made resident wellness a part of her legacy as a chief resident. [...] Her strength has been to create activities that are easily implemented and fun yet effective at the same time."

Newsletter



Dr. Adam Neufeld is a resident in the Family Medicine program who has demonstrated a commitment and interest in the wellbeing of his colleagues. He was a founding member of the Family Medicine Residency Wellness and Advocacy Subcommittee. Through this committee, Dr. Neufeld completed both a quantitative and qualitative needs assessment for residents in the spring of 2021. This resulted in the close collaboration of the Wellness and Advocacy Subcommittee and the Family Medicine Postgraduate Program on multiple wellness initiatives. Outside of his residency program, Dr. Neufeld is a College of Family Physicians of Canada (CFPC) Section of Residents (SOR) Representative and Executive Board Member. He uses these roles to bring about national awareness of the intrinsic and extrinsic factors that contribute to wellness in medical education. He is also working with the Canadian Federation of Medical Students (CFMS) on a national wellness curriculum initiative to help guide medical schools across Canada.

Dr. Penny Borghesan, a supporter of Dr. Neufeld for this award, stated, "[Dr. Neufeld] truly is a visionary, with a sincere desire to innovate and lead in the evolution of medical culture as it relates to Physician well-being."

Heartfelt congratulations to Drs. Frehlich and Neufeld as recipients of this Award for 2022!

Congratulations

Newsletter

CSM Office of Professionalism, Equity and Diversity



The Office of Professionalism, Equity and Diversity (OPED) receives notifications of upcoming events and activities related to equity, diversity, inclusion and wellness from external and internal organizations.

Upcoming EDI-related events and webinars

Nov. 2, 10:00 – 11:00 am: The UCalgary community is invited to a free **Culturally Inclusive Event Planning Workshop**, at the International Student Services boardroom. Details and registration [here](#)

Nov. 3, 1:00 – 3:00pm MT: UCalgary learners, faculty and staff are invited to attend an in-person, interactive workshop on 21 Things You May Not Know About the Indian Act. Learn what the Indian Act is and how it governs Indigenous-Settler relations. Details and registration [here](#)

Nov. 3, 10:00 – 11:30am MT: The UCalgary community is invited to join a Panel Discussion on Culture and Mental Health webinar for a conversation on the connection between culture, cultural identity, and experiences with mental health. Details and registration [here](#)

Nov. 15, 9:30 – 10:30am MT: The CSM Critical Disabilities Studies Speaker Series continues with a webinar on COVID-19 burden among people with intellectual and developmental disability: A health equity failure, with Dr. Scott Landes. Details and registration [here](#)

Nov. 16, 12:00 – 1:30pm MT: The next webinar in UCalgary's Office of Indigenous Engagement's Elder's Teaching Series is Elder Doreen Bergum. This series allows participants to listen and learn from Elders speaking to traditional knowledges, worldviews, languages, and approaches to healing with respect to cultural wellbeing, intergenerational trauma, and Indigenous ways of knowing, doing, connecting, and being. Register [here](#)

Nov. 16, 12:30 – 1:30pm MT: CSM's Office of Faculty Development and Performance presents What to Do When You Don't Know What to Do, with Dr. Kiara Mikita. More details and registration [here](#)

Nov 17, 10:30 – 11:45am MT: UCalgary's Taylor Institute EDI Workshop series continues with Confronting and Dismantling Anti-Black Racism at the University of Calgary, an online presentation that will draw on research conducted at UCalgary, and will discuss Black students, staff, instructors, and faculty's experiences of anti-Black racism; highlight concrete strategies to debunk pejorative stereotypes, and confront, disrupt, and combat anti-Black racism at UCalgary. Details and registration [here](#)

Newsletter

CSM Office of Professionalism, Equity and Diversity



Upcoming EDI-related Conferences & Training:

March 10–12, 2023 + follow-up webinars: CSM's CMS&PD Office is pleased to host the Mindful Practice in Medicine Core Workshop over two days at the Banff Centre. This retreat-like workshop, designed for medical practitioners and educators, provides an experiential and interactive learning environment to help energize participants find joy and resilience. Details and registration [here](#)

Grant & Presentation Opportunities, Requests for Input, and Awards Nominations:

The Indigenous Health Conference, taking place virtually Feb 2–4, 2023, has opened a call for abstracts for workshops, oral presentations and posters. Deadline to submit is Nov. 28. Details [here](#)

The Black Health Education Collaborative wants to hear about Black adults' experiences with the Canadian healthcare system through a 30–60 minute virtual interview. Contact the [BHEC](#) with questions or to participate.

Resources:

The CMAJ, the Canadian Medical Association Journal, is focusing two issues on the health of Black people and anti-Black racism in health care in Canada. The first issue is now available here, with articles on equitable access to cancer care, factors that affect mental health in Black youth, responses of medical schools to address anti-Black racism in 2020 and more. Available [here](#)

Check out Advancing Health Equity: A Guide to Language, Narrative and Concepts, a document prepared by the American Medical Association and AAMC. This document is a comprehensive health equity communication guide to help support physicians' conversations with patients.

Available for download [here](#)