# Resident Process Guide to Program Transfers (Internal and External)

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# Resident Transfers - Overview

The purpose of this guide is to provide residency trainees clarity and direction with respect to the various processes associated with requesting to transfer to another training program. This document will outline the steps, timelines, documentation requirements, and application procedures for each of the processes. Applications and discussions regarding transfers with the PGME office are considered confidential and not shared with resident's home program until an offer has been accepted.

There are many factors that impact the transfer process and limit the possibility of transfer requests being successful. These factors include but are not limited to program capacity to take on additional trainees, provincial funding model and availability of funding at the receiving Institution, and the volume of transfer requests received during each process. These factors should be considered when considering how to approach transferring.

There are currently 3 routes available to trainees who wish to transfer programs. The routes to transfer occur in succession and are a) internal transfer, b) transfer via CaRMS R1 2<sup>nd</sup> iteration, and c) national (external) transfer. This guide will provide a summary for each route. Please note if you are a sponsored resident, you cannot transfer via any of the listed routes and will need to contact PGME office.

Transfer mechanisms are not meant to be used to subvert the CaRMS residency match process (or other match/entry processes) and therefore, transfers are not permitted within the first 6 months of the academic year, and transferring from a core training program into a subspecialty is not permitted. For more information on eligibility and requirements, please refer to the transfer <u>policy here</u>.

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# **Internal Transfers**

The internal transfer process was created to help ensure transparency and equal opportunity and access to available positions. This process occurs once per year and provides the opportunity to transfer to another training program at the University of Calgary.

The availability of specific programs does vary from year to year so the PGME office will canvas via the residency programs in the late fall (November) to determine which programs have capacity to take on additional trainees. PGME website will be updated with accepting programs in advance of the application process opening.

### Applying for transfer

Residents interested in transferring are required to submit their application via an e-form available on the <u>transfer website</u>. Only complete and eligible applications will be forwarded to the training programs.

For internal transfers, the training file consists of all assessment and evaluation data to date. Assessment data will be provided by the PGME office to the program upon request. Please note that the receiving program may request additional information such as reference documents.

The application period to submit internal transfer requests is open for 3-weeks each year, between December 15<sup>th</sup> and January 5<sup>th</sup>. Applications for internal transfer must be submitted during this period; therefore, applications submitted outside of this time will not be considered.

#### The Internal Transfer Process

#### **File Review and Interviews**

Once the application period closes, all eligible requests are provided to the residency program for review. Applicants will receive a notice from the PGME office once this has been completed.

The residency program will then review the applications, request the training file (optional), and arrange interviews with any candidates they are considering. The decision to interview and review training files is at the discretion of the program.

Following the interview stage, the successful candidate will be offered a pre-transfer elective by the program.

#### **Pre-Transfer Electives**

It is required that potential transfer candidates participate in a pre-transfer elective, to ensure exposure to the specialty prior to being accepted for transfer and provides the opportunity for both the program and applicant to ensure that the new program is a good fit. While residents can apply to transfer to multiple programs, they can only agree to participate in one pre-transfer elective.

It is recommended that the pre-transfer elective length is 2 blocks, but the minimum length can be 1 block. If an applicant has recently completed an elective or rotation with the program (since July 1<sup>st</sup> of the current year), it could be counted towards the pre-transfer elective requirement.

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At the end of the elective period the residency program will decide if they wish to accept the applicant into the program. If a transfer is offered by the program and accepted by the applicant, the following must be provided to the PGME office to facilitate the processing of the transfer.

- Receiving program provides: A copy of the written offer of transfer from the receiving program including the signed acceptance from the resident.
- Resident provides: A copy of the letter of resignation from the resident to their current training program.
- Original program provides: A copy of the letter of release from the current training program.

Once these documents are received, the PGME office will process the transfer on the trainee's file, issue a Letter of Engagement for the new program, and communicate the program changes with AHS and the CPSA.

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# Transfers via CaRMS

The second iteration of the R1 CaRMS match, can be utilized by current residents to transfer to an available program. . Eligibility criteria can be found on the CaRMS website. Eligibility criteria may differ from province to province, so these should be reviewed for each province you are considering applying to.

The CaRMS system for the second iteration typically opens in January for applicants to update their profiles and prepare their application documents. Available programs will not be known until after the first iteration match day, which is typically in March. Programs will open for selection approximately 2-3 days after the first iteration and is typically open for 2 weeks. Full timelines for the second iteration can be found on the CaRMS Website. If a letter of standing is required for your application, it needs to be requested 3 weeks prior to the deadline in order for PGME to support your request.

Programs will then complete their file review process. Due to the condensed timelines for the second iteration formal interviews are not conducted. The ranking period begins directly following file review.

Should you choose to participate in the second iteration of CaRMS and match, you are contractually obligated to transfer to your matched program and university. Matching via CaRMS supersedes all other transfer options and will result in the removal of your application from the other transfer processes.

### **External Transfers**

The national external transfer process was created to help ensure equal opportunity and access to available positions. This process occurs once per year and provides the opportunity to transfer to a training program at one of the other Canadian Universities.

As noted in the first section of this document, limited funding and program capacity at the receiving Institution, combined with the volume of transfer requests received do impact the ability of residents to transfer programs. For more information on eligibility and requirements, please refer to the transfer policy here.

### Applying for Transfer

Residents interested in transferring are required to submit their application via an e-form available on the transfer website. The Application period to submit external transfer requests is between February 1 and March 31. Please note that the receiving program may request additional information such as reference documents.

For external transfers, the training file consists of all assessment and evaluation data to date and a summary from the PGME office of the trainee record (which may include leaves, FTE status, remedial activities and outcome, etc.).

Training files will be released to the receiving university upon request should there be capacity and funding to consider the request. The receiving university will provide the training file to the residency program for review.

#### The External Transfer Process and Timelines

All residents will be sent a notice each year regarding the national transfer process and timelines.

Applications will only be received during the application period. Once the application period closes, all requests will be compiled, and a list of requests provided to the receiving universities.

Transfer requests will be reviewed by receiving universities after the 2<sup>nd</sup> iteration of the CaRMS match has ended. The timelines of review and acceptance will depend on the receiving institution.

Receiving universities will consult with their training programs regarding capacity and reach out to the PGME office to request trainee files. Training files will only be released to the receiving university upon request. The receiving university will provide the training file to the residency program for review. The receiving residency program will review the file and arrange an interview.

Decisions to proceed with a transfer is at the discretion of the receiving program and university.

If a transfer is offered and accepted, the following must be provided to the PGME office in order to finalize and facilitate the processing of the transfer.

- Resident provides: A copy of the letter of resignation from the resident to their current training program.
- UofC program provides: A copy of the letter of release from the current training program.

Once these documents are received, the PGME office will process the transfer and issue a Letter of release to the receiving University and communicate with AHS and the CPSA regarding the transfer.

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