

POSTGRADUATE MEDICAL EDUCATION

Resident Support Map

What is my concern? Who do I contact?	Navigating the aftermath of a critical incident or crisis situation in a clinical setting?	Confidential concerns? Matters you don't want to discuss with your program?	Experiencing mistreatment or learning site concerns? Unsure about reporting?	A workplace conflict? Need advice navigating personal relationships?	Concerns about your health? Or maintaining work/life balance?	Accommodations? Support for academic performance? Want help with study or time management tips?
A CRISIS SITUATION?		Calgary Distress Centre		24 Hour Crisis line: 403-266-4357		
<u>Directors of Resident</u> <u>Support</u>	Ú ₉	Û ₉	Ú ₉	Ų ₉		
Program Ombudsman	philit		pate litt	pat like		
Program Director	6));xx		(1) (1) (1) (1) (1) (1) (1) (1) (1) (1)	(a) 	(*) 	@\\\ - -
Office of Resident Affairs and Physician Wellness						
Learning and Education Support Specialist						
Peer Support Network	É É			<u></u>	ŶĨ	ŜĮ
PG Dean						
Physician and Family Support Program (PFSP) *support available 24/7/365				2	200	
Precision Equity and Social Justice Office						
Health Care Provider					*	