



UNIVERSITY OF
CALGARY

What you need to know!



Office of Resident Affairs & Physician Wellness (ORAPW)

ORAPW can provide wellness and health resources and facilitate an environment in which you and your colleagues can be and stay well as you navigate the opportunities and challenges of training.



Indigenous Health

Interested in learning more about the TRC Calls to Action? Please visit the PGME EDIA page for more resources.



Wellness Supports

Free and confidential counselling, occupational therapy and peer support is available. Book an appointment online.



Residency Training

PGME website for all things residency:

- Awards & Grants
- Salary & Benefits
- Rotation Dates
- Resident Travel
- Workshops
- Ombudsperson
- Electives



Resources

Find information around:

- Parenting in Residency
- Meal planning
- Financial supports
- Spirituality supports
- Gender neutral changerooms



Learner Supports

Need help navigating residency? From personal learning plans to study strategies and multi-tasking tips, our PGME Education and Learning Resources Specialist can meet with you to provide tangible Assistance.



Professional Association of Resident Physicians of Alberta (PARA)

PARA endeavours to provide effective representation for physicians completing further training in a residency program. Check the Resident Physician Agreement online!



Accommodations

Academic accommodations assist learners to complete their training and meaningfully participate in the medical profession while safeguarding patient care, safety and well-being.

Find info on accommodations and how to submit a request.



Precision Equity & Social Justice Office (PESJO)

Access the PESJO site to report mistreatment or view resources on equity.

The safe mistreatment reporting process serves the Cumming School of Medicine community, from residents to staff.



Directors of Resident Support (DRS)

Contact the DRS to report mistreatment or bullying, discuss concerns about your training environment or if you need a confidential space to seek support.



PGME Policies & Operating Standards

Please review the PGME Policies & Operating Standards. You'll find information on:

- Code of Conduct
- Safe Learning Environment
- Resident Appeals
- Leave of Absence
- Remediation, Probation & Dismissal



PGME Contact List

Access our contact list to speak to PGME staff directly or through the main inbox at pgme@ucalgary.ca