



Wellness Accreditation Standards and Supporting Resources

Indicator 3.2.2.5:	The curriculum plan includes educational programming to develop skills around physician wellness at various stages of the physician life cycle		
<ul style="list-style-type: none"> Workshop Sessions for Academic Half Days and Retreats 	<ul style="list-style-type: none"> Resident Workshops offered by PGME 	<ul style="list-style-type: none"> PGME Learner Resources 	
Indicator 3.2.2.6:	The curriculum plan includes fatigue risk management, specifically, education addressing the risks posed by physician impairment to the practice setting, and the individual and organizational supports available to manage the risk		
<ul style="list-style-type: none"> Workshop Sessions for Academic Half Days and Retreats 1-on-1 Appointment with Occupational Therapist 	<ul style="list-style-type: none"> Fatigue Risk Management Policy & Toolkit Fatigue Risk Management in Medical Education (D2L - Physician Wellness & You) 		
Indicator 5.1:	The physical, psychological, cultural, and professional safety and wellness of patients and residents are actively promoted.		
<ul style="list-style-type: none"> 1-on-1 Appointment with a Counsellor 1-on-1 Appointment with Occupational Therapist Peers CARE Community, Acceptance, Respect, Empathy PGME Learner Resources 	<ul style="list-style-type: none"> Learner Accommodations PGME Policies & Operating Standards Directors of Resident Support Residency Program Ombuds Learner Mistreatment & Safe Reporting 	<ul style="list-style-type: none"> Cumming School of Medicine Centre for Mindfulness Workshop Sessions for Academic Half Days and Retreats Nutrition Resources Parenting Resources General Resources 	
Indicator 5.1.2:	Residency education occurs in a physically, psychologically, culturally, and professionally safe learning environment		
<ul style="list-style-type: none"> 1-on-1 Appointment with a Counsellor 1-on-1 Appointment with Occupational Therapist 1-on-1 Appointment with Learning & Education Resource Specialist Peers CARE Community, Acceptance, Respect, Empathy 	<ul style="list-style-type: none"> Learner Accommodations Residency Program Ombuds Learner Mistreatment & Safe Reporting Directors of Resident Support 	<ul style="list-style-type: none"> Office of Resident Affairs and Physician Wellness PGME Learner Resources PGME Policies & Operating Standards Advocacy & Accountability: Anti-Racism & Anti-Discrimination Taskforce 	
Indicator 5.1.3.1:	There is a positive learning environment for all involved in the residency program		
<ul style="list-style-type: none"> Peers CARE Community, Acceptance, Respect, Empathy 	<ul style="list-style-type: none"> Resident Appreciation Week February 3 - 7, 2025 		
Indicator 5.1.3.2:	Residents are aware of and able to access confidential wellness services that can support physical, psychological, cultural, and / or professional resident wellness concerns.		
<ul style="list-style-type: none"> 1-on-1 Appointment with a Counsellor 1-on-1 Appointment with Occupational Therapist 1-on-1 Appointment with Learning & Education Resource Specialist Peers CARE Community, Acceptance, Respect, Empathy 	<ul style="list-style-type: none"> Learner Accommodations Office of Resident Affairs and Physician Wellness PGME Learner Resources 	<ul style="list-style-type: none"> Directors of Resident Support Residency Program Ombuds Learner Mistreatment & Safe Reporting 	