

## Foothills Medical Centre – Breastfeeding/Pumping Room

### Frequently Asked Questions (FAQ) – COVID UPDATE



#### **What is this purpose of this room?**

This room is for breastfeeding and pumping. Please feel welcome to use this space for this purpose.

#### **Where is this room?**

This room is on the main floor of the FMC main building, Room 142.

#### **Who can access this room?**

This room is primarily for staff, physicians, medical residents, students and volunteers.

#### **How do I access this room?**

This room requires code access. Please email Carol Urban (FMC Administration) for code access.

[Carol.Urban@ahs.ca](mailto:Carol.Urban@ahs.ca)

#### **Is this room private?**

This room is private; code-access is required.

#### **Is this room for single-person use?**

This room may be used by multiple people at the same time. Further options for privacy are being considered (e.g. curtains).

#### **Do I have to book this room?**

No bookings are required. It is available 7-days a week, 24 hours per day.

#### **Are there pumps available in the room?**

No – users need to bring their own pump and supplies. Please take everything with you when you are finished as security of left items cannot be guaranteed.

#### **Is there a fridge for storage?**

Due to liability concerns, there is no refrigeration available in this room.

#### **Is there a sink?**

Yes – a sink, dish detergent and paper towels are available. Please leave the area clean when you are finished. Guidelines for Pump Part Cleaning & Storage are posted in the room.

#### **Is there someone to whom I can send suggestions in order to improve this room?**

Yes – please send any suggestions to Tracey Plunkett-Rader, FMC Logistics Manager.

[Tracey.Plunkett-Rader@ahs.ca](mailto:Tracey.Plunkett-Rader@ahs.ca)

#### **Can I share the code with others who might need access to this room?**

Anyone needing to use this room needs to email Carol Urban. We would like to track the need and usage of this room in order to inform future plans for improvements. The code will be changed periodically and users will be notified.

#### **I've forgotten the code or didn't email for access in time – what should I do?**

Please contact FMC Security (403-944-1152) and arrange for them to provide access.