EDIA news, resources and upcoming opportunities

March 26, 2025 edition

Curated by the CSM Precision Equity and Social Justice Office



Hello EDIA champions,

The **Cumming School of Medicine's** *You Belong Survey* is currently underway to better understand the diverse composition, experiences, and sense of belonging of the CSM's students, staff, and faculty members. We ask all CSM members to complete this short survey by Monday, March 31. All individual responses are confidential, and data will only be analyzed in aggregate. The amalgamated results will help us measure and report on CSM's progress in building a more equitable and inclusive campus - not only to see improvements, but to see where we may be missing the mark, where we can do better to meet identified gaps, and to provide a temperature check of the current school climate as a whole. If you haven't received an email with your link or if you have questions, contact us at PESJO@ucalgary.ca

March 31 is **National Indigenous Languages Day** in Canada, an opportunity to honour recognize the importance of First Nations, Inuit and Métis languages across Canada and honour the critical role they play in preserving the history, culture and identity of Indigenous communities.

March 31 is also **International Transgender Day of Visibility**, a day celebrated around to world to recognize and celebrate the accomplishments and contributions of transgender and gender non-conforming people. More than ever, it is a day to recognize the unique issues facing trans people and show solidarity with the transgender community. DYK that 74% of Two Spirit, trans, and nonbinary job seekers in Egale's Working for Change study reported hiding aspects of their identity to avoid discrimination? Check out <u>Egale's website</u> to learn more about gender identity, puberty blockers, and misinformation and disinformation about trans communities.

Upcoming EDI-related events and webinars

Mar. 27, 12:00 – 1:30pm MT: The UCalgary Faculty of Social Work presents an online webinar with Niigaan Sinclair, son of the late Murray Sinclair, on How Indigenous Social Work Will Save the World. More details and registration here

Mar. 27, 2:30 – 4:00pm MT: Draw the Line Against Transphobia in Schools, offered by Egale, is a free, 90-minute, instructor-led webinar that will help participants recognize harmful dynamics, and build skills for fostering cultures of consent, gender inclusion, and healthier relationships overall. This session is designed for students, educators, administrators, and staff in both secondary and post-secondary schools in Canada. Learn more and register for this webinar and/or a one-hour self-paced module here.

Apr. 2, 10:00 – 11:00am MT: The CSM's Libin Cardiovascular Institute presents an in-person presentation at the HSC, Support for a Healthy and Just Calgary: The Centre for Sexuality and Sexual Health for All, as part of their Women's Health Research Seminar series. Details here

Apr. 2, 1:00 -2:30pm MT: UCalgary's Office of Institutional Commitments presents an online workshop, Allyship: Strategies and Actions. This workshop will look at the allyship journey in relation to privilege, positionality and intersectionality of identity, as well as strategies and actions of inclusive allyship. More details and registration here

Apr. 2, 3:30 – 5:00pm MT: UCalgary learners are invited to an in-person workshop on main campus on Responding to Disclosures of Sexual and Gender-Based Violence with Practice, offered by UCalgary's Sexual and Gender-Based Violence Prevention and Support Office. Participants will explore their roles in supporting disclosures on campus, learn

three key elements of a positive initial response, have the opportunity to practice their responses, and become familiar with various community and campus resources. Information and registration here

Apr. 9, 12:00 – 1:00pm MT: UCalgary staff, faculty, and learners are invited to an online workshop on Responding to Disclosures of Sexual and Gender-Based Violence, offered by UCalgary's Sexual and Gender-Based Violence Prevention and Support Office. (Also available April 25) Information and registration here

Apr. 16, 11:30am – 1:30pm MT: The UCalgary Recovery Community presents Recovery Ally Training, an interactive session designed for post-secondary campus members and community members who want to better understand addiction and recovery through an all-pathways approach. More details and registration here

Apr. 16, 12:10 – 12:50pm MT: The CSM Office of Faculty Development presents 5 Assumptions You Might Be Making About How You Show Up in the World, a free virtual presentation with Kiara Mikita, the CSM Sexual Violence Educator. Details and registration here

Upcoming EDI-related Courses and Conferences:

Mondays, Apr. 7 – May 12, 6:30 – 8:00pm MT: The CSM Centre for Mindfulness is hosting an in-person 6-week course, Navigating Turbulent Times, (small charge). Topics will include defining mindfulness, and learning about mindfulness of the body, thoughts/emotions, and kindness/compassion. Takes place weekly and can be attended in person at the CWPH building or online.

Apr. 24, 9:00am – 2:00pm MT: The UCalgary Accessibility Network and the Institutes for Transdisciplinary Scholarship are hosting an in-person **Accessible Cities and Societies Showcase** where researchers, government representatives, community members, and practitioners can come together to share their work, experiences and visions for accessible urban environments that transcend disciplinary and sector boundaries. Registration here

Apr. 29: The Health Data Research Network Canada (HDRN) presents its annual public forum, <u>Health Data for All of Us: a Public Dialogue on Al in Health</u>. The 2025 event takes place in Ottawa (small registration fee) and online (free) and will focus on exploring key ethical, equity and privacy challenges in the context of artificial intelligence and health, particularly health data.

May 7, 8:30am – 1:30pm MT: Transdisciplinary educators, scholars, and community leaders are invited to the **Pluralism Education Day** on main campus to explore methods of delivery of pluralism education and foster shared understanding, trust, wellness, and improved productivity. More details and registration here

May 7 & 8: UCalgary staff, faculty and learners are invited to participate in First Responder to Sexual Assault and Abuse Training™. This comprehensive training place over Zoom. It will build the capacity of all UCalgary community members to assess and respond effectively to disclosures of sexual assault and sexual abuse. More details and registration here

Aug. 13, 9:00am – 2:00pm MT: UCalgary is hosting **Collaborations for Change**, a virtual conference connecting research and practice in post-secondary mental health and well-being. Registrants will have the opportunity to attend keynote speeches, panel discussions and workshops, and connect with post-secondary mental health and well-being professionals and community leaders. Early bird rates available until Apr. 7. Details and registration here

Opportunities and Award Nominations

The Canadian Medical Association (CMA) is conducting the <u>National Physician Health Survey</u>, to gather crucial data on burnout, anxiety, depression and other wellness indicators in medicine. The information gathered also helps the CMA identify ways to support medical learners and physicians at all stages of their careers, and provides researchers, educators and health organizations with a one-of-a-kind dataset to advance physician health and wellness programs. Physicians and medical learners are encouraged to complete the survey by its closing date of April 15.

CSM's Black and Racial Equity (BARE) Research Program is looking for Black professionals or faculty members to become mentors for the **Black Youth Mentorship and Leadership Program**, an initiative designed to equip Black high school students with the skills needed to thrive in different professional fields. From July 2 to Aug. 9, mentors will provide valuable, hands-on, in-person experience within their professional field, supervising their mentee(s) on a project. More information about this opportunity here. Apply by Apr. 15!

Resources:

Rainbow Health Ontario has a website that provides guidance for <u>caring for trans and gender-diverse patients in primary care</u>, including hormone therapy and additional resources.

A recent article on the Canadian Paediatric Society website highlighted the <u>Disproportionate Impact of Health</u> <u>Misinformation on BIPOC communities: A call for paediatricians to act</u>.

Recordings of recent webinars, podcasts and presentations:

UAlberta's John Dossetor Health Ethics Centre recently presented a webinar on <u>Freedom of Expression and Regulatory</u> <u>Reach in Health Care</u>. Dr. Eric Wasylenko discusses the balancing of freedom of expression and professional regulation in health disciplines, using the lens of ethics and proposes a framework for managing potentially competing imperatives.

EDIA Quote of the Day

Privilege isn't about what you've gone through; it's about what you haven't had to go through. And right now, we are in a time that is calling on us to learn the stories that we don't know.

~ Janaya Khan

The Precision Equity and Social Justice Office receives notifications of upcoming events and activities related to equity, diversity, inclusion and wellness from external and internal organizations. From time to time, we will be sending out notifications of these opportunities so that you can participate or share them with your colleagues. Please respond if you prefer to not receive future emails such as this.

Regards,

Precision Equity and Social Justice Office | Cumming School of Medicine | University of Calgary
We acknowledge the traditional territories of the peoples of the Treaty 7 region of Southern Alberta. Calgary is also
home to the Métis Nation of Alberta, Districts 5 & 6.
Website

