# **EDIA** news, resources and upcoming opportunities

# June 11, 2025 edition

# Curated by the CSM Precision Equity and Social Justice Office



Hello EDIA champions,

June 9<sup>th</sup> to 16<sup>th</sup> is **Men's Mental Health Week**. Societal expectations, cultural norms, and toxic masculinity often work together to discourage men from seeking help for their mental health. Learn more about the impact and how to help on the Canadian Mental Health Association website. Additional resources are available on the Canadian Men's Health Foundation website.

As well as being National Indigenous History Month, (test your knowledge here) June is also:

- Filipino Heritage Month: Check out the resources from the Canadian Centre for Diversity and Inclusion
- <u>Italian Heritage Month</u>: Did you know that Canada is home to one of the larges Italian diasporas n the world? StatsCan has some details from the 2021 Canadian census here
- <u>Portuguese Heritage Month</u>: Learn more about the history of <u>Portuguese Canadians</u> and celebrate <u>Portugal Day</u>
   on June 10, proclaimed to commemorate the death of Luís de Camões, a poet and literary icon.
- <u>Deafblind Awareness Month</u>: This provides an opportunity to learn more about the individual experiences of those who have some combination of hearing and vision loss. The Rick Hansen Foundation has an <u>article</u> on communication methods that people who are Deafblind use, and JennyLynn Dietrich's TEDx Talk discusses <u>Being Blind But Not Blind</u>.
- <u>Pride Month</u>: Calgary celebrates Pride in September, but June is Pride season for many locations across the world. The Government of Canada has several <u>resources</u> to access, no matter when you celebrate!

### **Upcoming EDI-related events and webinars**

**June 11, 6:30 – 7:30pm MT:** The Tourette OCD Alberta Network presents a webinar on **Understanding Tourette Syndrome**, including symptoms, how it is diagnosed, the natural history of the condition and available treatment options. Register <a href="here">here</a>

June 12, 11:30am – 12:30pm MT: The CSM Department of Community Health Sciences and the O'Brien Institute for Public Health present Equity, Diversity, Inclusion & Accessibility (EDIA) in Health Professions Education: Implications for Health Learning Systems and Public Health. Dr. Aliya Kassam will explore how the individual, programmatic, systemic and structural influences in health professions education can assist in the culture change of higher education institutions and healthcare services alike. Presentation available in person (CWPH) and online. More details and registration <a href="https://example.com/here">here</a>

June 13, 9:30 – 11:00am MT: The UCalgary community is invited to attend an online workshop, Understanding and Addressing Microaggressions for faculty, staff and learners. This workshop focuses on microaggressions, everyday categories, reactions to acts of microaggression, and strategies for responding to microaggressions. (Also offered July 11) For more information and to enroll, sign into My Learning on your UCalgary account.

June 13, 12:00 – 1:00pm MT: UCalgary staff, faculty, and learners are invited to an online workshop on Responding to Disclosures of Sexual and Gender-Based Violence, offered by UCalgary's Sexual and Gender-Based Violence Prevention and Support Office. Also offered June 30. Information and registration <a href="https://example.com/here-based-violence

**June 14, 10:00am – 6:00pm:** In celebration of National Indigenous History Month, Aboriginal Awareness Week Calgary presents a free <u>Family Day and Powwow</u> at Elbow River Camp at the Stampede Grounds, including an Indigenous arts & crafts market, exhibits, hand game tournament and Powwow.

June 17, 10:00 – 11:00am MT: Hiring managers at UCalgary are encouraged to take the virtual workshop on Equitable and Inclusive Hiring for Managers. Participants will learn about equitable and inclusive practices to apply as a measure to integrate equity consideration into the hiring of staff. Also offered on July 21. For more information and to enroll, sign into My Learning on your UCalgary account.

June 17, 11:00am – 12:00pm MT: The Association of American Medical Colleges (AAMC) presents, as part of its IDEAS Learning Series, a webinar on Can Leaders Have a Bad Day? Reframing Perfectionism in Medical Education. This presentation explores personal and cultural tendencies towards perfectionism, the effects of leader perfectionism on both leaders and followers, and the impact of shame as a teaching tool. More details and registration <a href="https://example.com/here">here</a>

June 19, 10:00am MT: The Community-Based Research Centre presents a webinar, What's Next in the Fight Against Conversion Practices in Canada?: Where We're at Three Years After the Federal Ban. This webinar will discuss the subject of ongoing conversion practices in Canada, post-criminalization, featuring perspectives from legal experts, survivors, advocates, and researchers. Details and registration <a href="here">here</a>

June 19, 1:00 – 4:00pm MT: The UCalgary community is invited to attend an in-person workshop on main campus, Enhancing a Culture of Respect in the Workplace. This workshop focuses on competencies and strategies to enhance the personal and leadership effectiveness of employees and workplace culture. For more information and to enroll, sign into My Learning on your UCalgary account.

June 21, 2:00 – 4:00pm MT: Celebrate National Indigenous Peoples Day at the 10<sup>th</sup> annual Campfire Chats, <u>A Celebration of Indigenous Music and Culture</u>, hosted by UCalgary and Heritage Park. Join the celebration, enjoy live music and performances, and honour the Indigenous peoples' of Canada at this event.

June 25, 9:00am – 12:00pm MT: The UCalgary community is invited to attend an online workshop on Fostering an Inclusive Campus Climate. In this workshop, participants will explore campus climate and examine the issues and the interplay of perceptions among people, processes, and institutional cultures representing essential aspects of the institution's climate. Also offered July 30. For more information and to enroll, sign into <a href="My Learning">My Learning</a> on your UCalgary account.

July 2, 10:00 – 11:00am MT: The Mount Sinai National Chats for Change series continue with a webinar, REACT: Stepping Up or Stepping Back? In today's rapidly evolving socio-political landscape, health sciences education professionals are faced with the complex challenge of deciding when and how to respond—or not respond—to current events. This session will explore the nuances of engaging with or stepping back from socio-political issues, particularly those related to race, equity, and justice within educational settings. Registration <a href="here">here</a>

July 4, 9:00 – 10:30am MT: The UCalgary Community is invited to attend a virtual workshop on Intercultural Competence and Intercultural Communication. Participants will develop skills to engage in mindful, reflexive, and accountable cross-cultural dialogue, recognizing the influence of culture on communication. For more information and to enroll, sign into My Learning on your UCalgary account.

# **Upcoming EDI-related Courses and Conferences:**

June 19 & 20: The Indigenous Primary Health Care Policy & Research Network presents its <u>Annual Scientific Meeting</u> and 2<sup>nd</sup> <u>Annual Decolonizing Health Care Congress</u> in Calgary. The event brings together researchers, health system actors, decision-makers, service providers, and trainees to share knowledge, reflect on progress, and co-create future directions for Indigenous primary health care and Indigenous approaches to learning health systems.

Aug. 13, 9:00am – 2:00pm MT: UCalgary is hosting Collaborations for Change, a virtual conference connecting research and practice in post-secondary mental health and well-being. Registrants will have the opportunity to attend keynote speeches, panel discussions and workshops, and connect with post-secondary mental health and well-being professionals and community leaders. Details and registration <a href="https://example.com/here">here</a>

**Sept. 27 & 28**: The <u>Federation of Medical Women of Canada's 2025 Educational Conference and AGM</u> takes place in Toronto, with the theme *Women Physicians Empowering for Change*. Plenary themes include diversity & inclusion, sexual & reproductive rights, and support & mentorship. Early bird rates available until June 30.

# **Opportunities and Award Nominations**

The June 14 deadline is fast approaching for UCalgary students, faculty and staff members to submit a proposal for the 2025-26 <u>ii' taa'poh'to'p</u>, <u>Indigenous Strategy Intercultural Capacity Building Grant</u>. The grants support big ideas, initiatives, and projects that help to build intercultural capacity on campus.

Members of the CSM community are invited to join the selection committee for the <u>CSM Staff Excellence Awards</u>. Members serve a 2 year term, reviewing the nominations and selecting the award recipients. Committee membership is designed to reflect the diversity of the CSM community. <u>Email</u> for more information and to apply for this opportunity (deadline to apply for selection committee is June 30).

The Community Based Research Centre is conducting its annual **Sex Now national online survey, open to 2S/LGBTQ+people of all genders.** The survey collects vital data that shapes public health policies and community services. Details and survey available <a href="here">here</a>

### **Resources:**

The Canadian Journal of Educational Administration and Policy has recently published an article, <u>"It was Trans Hell:"</u> <u>Exploring the Schooling Experiences of Trans and Non-binary Youth in Alberta</u>, highlighting findings from a qualitative research study exploring the schooling experiences of transgender and non-binary youth (ages 14-25).

A recent article in The Conversation Canada, co-authored by UCalgary faculty members, discusses <a href="Why Bystanders">Why Bystanders</a>
<a href="Defend Bad Behaviour at Work">Defend Bad Behaviour at Work</a> — Even When They know It's Wrong, summarizing an extensive <a href="research study">research study</a>.

### **Recordings of recent webinars, podcasts and presentations:**

The Health Professionalism Education, Research and Resources podcast has a series of episodes on <a href="Improving Health">Improving Health</a> <a href="Equity">Equity</a>, from Antiracist Approaches to Clinical Care, to Diversity & Cultural Humility.

Having trouble embracing *they* as a pronoun for a single person? Watch What's Up with Singular They? from Savvy Ally Action.

### **EDIA Quote of the Day**

The beauty of the world lies in the diversity of its people. ~ unknown

Newsletter curated by: Precision Equity and Social Justice Office | Cumming School of Medicine | University of Calgary | website



We acknowledge the traditional territories of the peoples of the Treaty 7 region of Southern Alberta. Calgary is also home to the Métis Nation of Alberta, Districts 5 & 6.