

EDIA news, resources and upcoming opportunities

October 29, 2025 edition

Curated by the CSM Precision Equity and Social Justice Office



Hello EDIA champions,

UFlourish is an annual wellbeing initiative at UCalgary, taking place from Oct. 29 – Nov. 14, to support the mental health and well-being of the UCalgary community. The period is filled with a variety of events and opportunities including keynote presentations, film screenings, a wellness fair, draft activities, learning sessions, and more! Check out all the activities [here](#).

As part of UFlourish, the Foothills campus community is invited to [The Great Play Date](#) in the HSC Atrium on Nov. 5 between 11:00am and 1:00pm. This is a free and fun event where anyone can drop by to play some games, have some fun, enter for door prizes, and check out our wellness and mental health info booths. Attend with your colleagues to connect, recharge, and boost your mental health!

Upcoming EDI-related events and webinars

Oct. 30, 12:00 – 1:30pm MT: UCalgary's Indigenous Research Support Team coordinates an **Indigenous Research Community of Practice for Indigenous and non-Indigenous academics** to network, connect, and create capacity across campus, discussing topics such as mentorship, university processes, and sharing of research projects and initiatives. If you are interested in participating in the virtual meetings that take place the last Thursday of each month, [email](#) for more details.

Nov. 3, 9:30 – 11:00am MT: Members of UCalgary academic selection committees are encouraged to participate in an online workshop on **Equitable and Inclusive Hiring for Academic Selection**. Learn about equitable and inclusive hiring, how to apply an EDI lens through the recruitment and selection process, the impact of implicit bias, and tools to mitigate bias. (Also offered Dec. 16) For more information and to enroll, sign into [My Learning](#) on your UCalgary account.

Nov. 4, 11:00am – 12:00pm MT: Join the UCalgary Sexual and Gender Based Violence Prevention and Response Office to chat about **Consent and Boundary Basics**. This online workshop introduces the aspects of consent, defines boundaries, and gives strategies for communicating our own boundaries and rolling with rejection. Details and registration [here](#).

Nov. 5, 12:00 – 1:00pm MT: UCalgary staff, faculty, and learners are invited to an online workshop on **Responding to Disclosures of Sexual and Gender-Based Violence**, offered by UCalgary's Sexual and Gender-Based Violence Prevention and Support Office. Information and registration [here](#). Click [here](#) for other upcoming dates

Nov. 5, 1:00 – 4:00pm MT: UCalgary faculty and staff members are invited to attend an in-person **Land Acknowledgement Workshop**. Participants will learn the history of how Land Acknowledgements came to be in Academia, how to pronounce the Indigenous Languages in the Territorial Land Acknowledgement, how Indigenous People acknowledge the land, and tips and tricks to draft a meaningful Land Acknowledgement. Details and registration [here](#)

Nov. 6, 12:00 – 1:00pm MT: The UCalgary community is invited to attend an in-person sharing circle, **Trans Rights Are Human Rights: Peer Support Circle for Those Affected by Anti-Trans Rhetoric**. The sharing circle is for anyone who

would like to meet in person with others to informally explore thoughts and feelings about growing anti-trans rhetoric. More details and registration [here](#)

Nov. 7, 12:00 – 1:00pm MT: The UCalgary Faculty of Social Work is hosting a webinar in honour of International Inuit Day. UCalgary researcher and advocate, Tapisa Kilabuk, shares her personal and professional journey exploring Inuit experiences of colonization, representation, and resilience in **Where are the Inuit?** More details and registration [here](#)

Nov. 12, 10:00am – 12:00pm MT: Learners, staff and faculty are invited to the UCalgary Recovery Community's online **Recovery Ally Training**. Participants will learn about models of addiction, stigma and bias, approaches to recovery, and how to be an ally. More details and registration [here](#)

Nov. 12, 11:00am – 12:00pm MT: Current UCalgary staff, learners, and faculty who are impacted by caregiving in their personal or professional life are invited to attend **Care & Connection: Supporting Caregivers in the UCalgary Community**. Participants at this in-person event taking place at Foothills campus will learn about strategies and resources to support their well-being. Details and registration [here](#)

Nov. 12, 12:00 – 1:00pm MT: The UCalgary community is invited to attend an in-person **Keynote on Leisure and Mental Health**, taking place on main campus. This session will discuss the topic of "work-life balance" and approaching leisure as an experience. Can't attend? You can also [register](#) to receive a recording afterwards. Register for the [in-person](#) event [here](#)

Nov. 13, 8:00am – 12:30pm MT: UCalgary staff and faculty are invited to attend an in-person workshop on main campus on **The Working Mind Employee**. The workshop aims to increase awareness of mental health, reduce the stigma of mental illnesses, and offer resources to maintain positive mental health and increase resiliency. Register [here](#)

Nov. 13, 12:00 – 1:00pm MT: The UCalgary Recovery Community is holding a "Lunch and Unlearn" session on **Recovery Coaching** on main campus, open to learners, staff, and faculty. This session will explore recovery coaching as a vital, strengths-based support for individuals navigating recovery from addiction and mental health challenges. Participants will "unlearn" common misconceptions and explore how this peer-led, non-clinical approach empowers individuals to build resilience, purpose, and a fulfilling life. A complimentary lunch and refreshments will be provided. Register [here](#)

Nov. 13, 1:30 – 4:00pm MT: The UCalgary community is invited to participate in the **KAIROS Blanket Exercise** at an event on main campus. This experiential teaching tool is based on participatory popular education methodology that explores the historic and contemporary relationship between Indigenous and non-Indigenous peoples in the land we now know as Canada. Registration [here](#)

Nov. 13, 2:00 – 3:00pm MT: UFlourish continues with an online workshop on **Neurodiversity in the Workplace & The 6 Principles for Inclusion**. Everyone is invited to attend to learn about observable language and other differences, along with practical strategies to create a more neuroinclusive workplace. More details and registration [here](#)

Nov. 19, 9:00am – 12:00pm MT: UCalgary staff and faculty are invited to attend an in-person workshop on the **Art of Giving Feedback for Individual Contributors**. The workshop will review practical tools and approaches to feedback with psychological safety, team dynamics and emotional reactions in mind. Register [here](#) (The same course for [leaders is available on Nov. 26](#))

Nov. 20, 9:00am – 12:00pm MT: The UCalgary community is invited to attend an in-person workshop on main campus, **Enhancing a Culture of Respect in the Workplace for Individual Contributors**. This workshop builds personal and leadership effectiveness by exploring why respect matters, clarifying UCalgary's respectful workplace policies, and defining behaviours such as harassment and violence. More details and registration [here](#)

Nov. 23, 8:30 – 9:30am MT: As part of the Community Based Research Centre's annual conference, a free online panel discussion, **Taking Up Space**, will be offered. The panel will focus on 2S/LBTQ+ women and gender-diverse communities' needs and experiences in multi-disciplinary research. More details and registration [here](#)

Upcoming EDI-related Courses and Conferences:

Nov. 10, & 12-14, 9:00am – 4:00pm MT: UCalgary faculty, staff, alumni, and learners are invited to register for the **Indigenous Relations Training Program**, facilitated by Writing Symbols Lodge. This in-person in-depth program helps participants deepen their understanding of Indigenous histories, worldviews, and pathways to Reconciliation. Register by Nov. 7. More details and registration link [here](#)

Nov. 13 & 14: UCalgary staff, faculty and learners are invited to participate in a two-day, in-person **First Responder to Sexual Assault and Abuse Training™** workshop. The session will build the capacity of all UCalgary community members to assess and respond effectively to disclosures of sexual assault and sexual abuse. More details and registration [here](#)

Nov. 14: The [2025 Newcomer Research Symposium](#) takes place in Calgary. This year's theme, *Living Knowledge with Newcomers*, broadens how community-centred research is conducted, shared, and validated.

Nov. 20 – 22: The Community-Based Research Centre (CBRC) presents the [2025 Summit: Convergency and Emergence](#), taking place in Montreal. This conference provides an opportunity for knowledge exchange focused on 2S/LGBTQIA+ health research, programming, and advocacy.

Opportunities and Award Nominations

The UCalgary community and community partners are invited to the inaugural meeting of the **Health Equity Journal Club**, hosted by the CSM [Health Equity HUB](#) on Nov. 6 from 10:00 – 11:00am at Foothills campus. Each session will explore a paper or topic related to health equity, with a focus on open discussion and shared learning. Learn more and register [here](#) by Nov. 3.

Applications are open for the [CSM Health Equity HUB's Community Catalyst Awards](#) until Nov. 17. These small grants (up to \$5,000) support early-stage community-academic partnerships in health equity and can support community connections, project scoping, proposal development, student engagement, and partnership building.

Nominations for the **Cumming School of Medicine's (CSM) Equity, Diversity, Inclusion, and Accessibility (EDIA) Award** are now open until November 14. This award recognizes the efforts of CSM faculty members, learners, staff, postdoctoral scholars, and work units toward creating an equitable, diverse, inclusive culture at CSM, and/or within their community of practice. Details [here](#)

The Centre on Aging, in collaboration with the Office of Institutional Commitments, invites UCalgary faculty and staff to apply for [Age-Friendly University Project Grant funding](#), with grants up to \$40,000. This funding program enables faculty and staff across the university to develop and launch initiatives that contribute to UCalgary's age-friendliness, such as research, teaching and learning, student affairs, human resources, services and resources, or outreach and engagement. Deadline: Nov. 3.

Resources:

In spring 2024, UCalgary hosted the inaugural Disability & The City: Building Accessible Communities Symposium that grew connections between UCalgary's scholars and diverse community rightsholders, integrating disability perspectives into urban development in their research, pedagogy, practice, and beyond. The [Disability and the City](#) magazine documents the findings, patterns, and insights from the symposium.

Statistics Canada recently released a new article on [Socioeconomic Outcomes of Transgender and Non-binary People in Canada](#), based on the 2021 census results, showing poverty rates are higher for the gender diverse population compared to the cisgender population.

Recordings of recent webinars, podcasts and presentations:

The Canadian Race Relations Foundation has produced a documentary on the [Science of Racism](#), exploring the ways in which our brain compartmentalizes, classifies and subconsciously discriminates in order to make sense of the world around us.

EDIA Quote of the Day

Injustice anywhere is a threat to justice everywhere.

~ Martin Luther King, Jr

Newsletter curated by: Precision Equity and Social Justice Office | Cumming School of Medicine | University of Calgary | [website](#)



We acknowledge the traditional territories of the peoples of the Treaty 7 region of Southern Alberta. Calgary is also home to Métis Nation within Alberta (Nose Hill Métis District 5 and Elbow Métis District 6)