

EDIA news, resources and upcoming opportunities

January 14, 2026 edition

Curated by the CSM's Precision Equity and Social Justice Office



Hello EDIA champions,

January 21 is Bell's Let's Talk Day. This year's theme is 'taking a moment for mental health'. Here's some things you can do to participate:

- Join the CSM WOOW Committee and other CSM work units in the **HSC atrium from 11:30am – 1:30pm** to learn more about taking care of your mental health.
- Check out these [online resources](#) to help create positive change for mental health, things you can share with your family, friends, and colleagues.
- Attend From [Help to Hope: The Power of Community with Farkhunda Muhtaj](#) on main campus from 3:00 – 4:30pm. This in-person event includes a screening of *We are Ayenda*, a documentary that follows a group of Afghan women and girls who find strength, resilience, and hope through sport amidst adversity.

Upcoming EDI-related events and webinars

Jan. 15, 12:00 – 1:00pm MT: The Department of Community Health Sciences and the O'Brien Institute for Public Health present a hybrid presentation on **Centering Health Equity and Youth Voice: How Strong Black Woman Schema Shapes IPV Help-Seeking and Mental Health Outcomes Among Young Black Women**. More details and registration [here](#)

Jan. 16, 12:00 – 1:00pm MT: UCalgary staff, faculty, and learners are invited to an online workshop on **Responding to Disclosures of Sexual and Gender-Based Violence**, offered by UCalgary's Sexual and Gender-Based Violence Prevention and Support Office. Information and registration [here](#). Also offered [Jan. 30](#)

Jan. 16, starting at 2:00: All CSM faculty, staff, and students are invited to the HRIC Atrium for **Wellness Uncorked: A Sober Social**. This event will include Dr. Stephenie Borgland as guest speaker, mocktails, mingling, and community partner booths!

Jan. 20, 12:30 – 2:00pm MT: The National Collaborating Centre for Indigenous Health is hosting a webinar on **H.E.A.L. Healthcare: Hearts-based Education and Anticolonial Learning in Healthcare**. This webinar will engage participants in anti-bias training using anticolonial arts-based learning tools available from the [H.E.A.L. Healthcare website](#). Some prework required for this interactive webinar. Details and registration [here](#)

Jan. 22, 10:00 – 11:00am MT: The UCalgary community is invited to take part in an online engagement session, **ii'taa'poh'to'p Indigenous Research Implementation Plan: Gathering Stories**. Faculty, staff, and students can share ideas, perspectives, and experiences to contribute to shaping the plan. Details and registration [here](#)

Jan. 22, 3:00 – 4:30pm MT: UCalgary's One Child Every Child initiative presents an in-person event at Foothills campus to discuss **The Story of ii'taa'poh'to'p**. Participants will learn about the historical and cultural context of reconciliation, the development and structure of UCalgary's Indigenous Strategy, the cultural gifts associated with the strategy, and the importance of territorial acknowledgements. Details and registration [here](#)

Jan. 24, 11:00am – 12:00pm MT: The Confluence is hosting **Blackfoot Fireside Stories** at the former site of Fort Calgary Historical Park. This ticketed event is held outdoors around a fire, providing participants an opportunity to deepen their understanding of the diverse Indigenous cultures that make up Treaty 7. Another session take place on Jan. 31. Details and registration [here](#)

Jan. 28, 10:00 – 11:00am MT: The Association of American Medical Colleges (AAMC) presents , as part of its IDEAS Learning Series, a webinar on **Improving Health Care for Individuals Experiencing Homelessness**. This webinar will explore how academic health systems leverage their role as anchors in their communities to advance care for individuals experiencing homelessness and will highlight clinical and community-based strategies to improve access, demonstrate trustworthiness, and enhance the patient experience. Details and registration [here](#)

Jan. 28, 11:00am – 1:00pm MT: The Alliance against Violence & Adversity (AVA) presents a webinar, the inaugural **Equity, Diversity, Inclusion, and Accessibility (EDIA) Champions Panel**. This new bimonthly panel series focused on key issues related to gender-based violence, trauma, equity, and inclusion and will bring together EDIA leaders and community voices to share insights, experiences, and strategies for building inclusive and equitable spaces. Details and registration [here](#)

Jan. 29, 12:00 – 1:30pm MT: UCalgary's Indigenous Research Support Team coordinates an **Indigenous Research Community of Practice (IRCoP)** to provide a space for UCalgary Indigenous and non-Indigenous scholars (students, staff, faculty, and alumni) interested in doing, supporting and interested in learning about Indigenous research. This is a great opportunity to network, connect, and create capacity across campus, discussing topics such as mentorship, university processes, and sharing of research projects and initiatives. If you are interested in participating in this virtual meeting, [email](#) for more details.

Feb 2, 9:30 - 11:30am MT: The Alberta Children's Hospital Research Institute is presenting an online **Indigenous Research Workshop**, with Keeta Gladue, manager of UCalgary's Indigenous Research Support Team. Register [here](#)

Feb. 3, 10:00 – 11:00am MT: Join an online workshop on **Weight Stigma: An Evidence Update for Medical Educators**, hosted by the CSM Office of Faculty Development. Weight-based bias remains common in clinical training and can unintentionally affect diagnosis, clinical reasoning, and patient trust. This workshop reviews current evidence on weight and health, clarifies misconceptions, and helps faculty align their teaching and clinical modeling with up-to-date, patient-centred best practices. (Also offered in person at Foothills campus on [Feb. 4](#) noon). Information and registration [here](#)

Feb. 5, 11:00am – 12:00pm MT: The Canadian Centre for Diversity and Inclusion presents a virtual panel discussion for Black History Month, **Exploring Black Leadership**. This webinar will explore the evolving landscape of Black leadership across Canada through the lens of diversity, equity, inclusion, and accessibility, spotlighting the innovation and collective impact of Black leaders across sectors. AHS is a partner with CCDI and those registering with an AHS email can attend at no cost by selecting 'employer partner'. Details and registration [here](#)

Feb. 5, 1:00 – 3:00pm MT: Join an online webinar on **The Future of EDI at Post-Secondary Institutions in Alberta & Beyond**. Dr. Shirley Anne Tate, UAlberta's CRC Chair in Feminism and Intersectionality will provide a keynote lecture, followed by a roundtable, where scholars featured in [Unmasking Academia](#) will connect their insights to the current EDI landscape. Register [here](#)

Upcoming EDI-related Courses and Conferences:

Feb. 13 & 14: UCalgary CSM's Disability and Sexuality Lab is hosting the [Sexuality, Disability, and the Power to Disrupt](#) conference. Participants can register at no cost to attend this virtual event, which will focus on centring disabled voices, challenging assumptions, and providing open space for conversations about love, desire, pleasure, and intimacy.

Feb. 17 – 20: UCalgary faculty, staff, alumni, and learners are invited to register for the **Indigenous Relations Training Program**, facilitated by Writing Symbols Lodge. This in-person in-depth program helps participants deepen their understanding of Indigenous histories, world views and pathways to Reconciliation. Register by Feb. 13. More details and registration link [here](#)

Feb. 19 & Mar. 2: Members of the Cumming School of Medicine community are invited to register for a two-part online learning series on **Understanding Indigenous Health Policy**, presented by the Office of Faculty Development and the Indigenous, Global, and Local Health Office. Dr. Esther Tailfeathers, newly appointed Assistant Dean of the Indigenous Health Program, will co-lead this series exploring how historical and contemporary policies continue to shape Indigenous health and healthcare delivery in Canada. Details and registration [here](#)

Mar. 4 & 5: The Canadian Centre for Diversity and Inclusion presents a virtual UnConference on [Belonging in complex times: Equity and courage at work](#). Early bird rates in effect until Jan. 16.

Opportunities and Award Nomination

Nominations for the **Federation of Medical Women of Canada awards** are open until [Jan. 16](#). Learn more [here](#).

Nominations are now open for the **UCalgary's Women's Resource Centre Awards of Excellence**. Nominate a deserving alumna or current female UCalgary student who exhibits wisdom, resilience, and compassion by [Jan. 30](#). Details [here](#)

Applications are open until [Jan. 30](#) for **UCalgary's Indigenous Curriculum Grants Program**, with up to \$10,000 to support initiatives that will advance Indigenous engagement and Indigenous perspectives in the curriculum. More details [here](#)

CIHR has launched the next iteration of the [Research Excellence, Diversity, and Independence \(REDI\) Early Career Transition Award](#). The REDI program aims to promote scientific excellence and promote diversity in Canada's research ecosystem. It is a two-phase program designed to support trainees (post-doctoral researchers, clinicians, and PhD-holding research associates) from underrepresented groups who are aiming to launch an independent research career in Canada, and would benefit from 1-3 years of structured, mentored development to support that transition. [UCalgary Research Services](#) provides support for submitting an application – register by [Feb. 2](#) to participate!

CIHR has a new funding opportunity, [Advancing 2S/LGBTQI+ Health Through Research](#). This grant is made available to projects that advance, strengthen, and enhance inter-disciplinary, high-impact, and community-engaged health research that addresses the health priorities of 2S/LGBTQI+ individuals and communities in Canada. Register interest for the funding opportunity by [Feb. 11](#).

Resources:

Looking to ensure your documents and presentations are legible for people with low vision? The Braille Institute has created a family of fonts that feature clear, highly distinctive letters and numbers that make reading easier and more accessible. Check out the [Atkinson Hyperlegible® font](#)!

Recordings of recent webinars, podcasts and presentations:

APTN News recently posted an investigative report on YouTube on [Dismantling Denialism](#), exploring the surge in denialism of the brutal history of residential school and explores what it will take to defend truth and reconciliation.

A recent study reported in JAMA examined the [Proportion of Female Physicians in a Specialty and Median Annual Payments in Ontario](#), finding that specialties with higher growth in the percentage of female physicians over time had a lower increase in total median payments overall and for female physicians but not male physicians.

EDIA Quote of the Day

We can disagree and still love each other unless your disagreement is rooted in my oppression and denial of my humanity and right to exist.

~ James Baldwin

Newsletter curated by: Precision Equity and Social Justice Office | Cumming School of Medicine | University of Calgary | [website](#)

We acknowledge the traditional territories of the peoples of the Treaty 7 region of Southern Alberta. Calgary is also home to Métis Nation within Alberta (Nose Hill Métis District 5 and Elbow Métis District 6)

