



UNIVERSITY OF CALGARY
CUMMING SCHOOL OF MEDICINE
Distributed Learning and Rural Initiatives

2019 CABIN FEVER

Rural Physician Development Conference

February 8-10, 2019



What is DLRI?

Distributed Learning and Rural Initiatives believes in providing quality health care to people of rural Alberta. We strive to accomplish this goal by fostering and sustaining meaningful relationships between medical educators, health care professionals in training, individuals, and families living in rural communities. Our commitment to education, research and continuous improvement results in the recruitment and retention of dedicated, skilled, rural physicians.

What do we do?

- Engage communities
- Inspire social accountability
- Create opportunities



The DLRI team

Director

Dr. Aaron Johnston

Operations Manager

Dragana Stanojevic

Staff

Marchella Barbero

Mandy Dale

Karen Joorisity

Dr. Rebecca Malhi

Deborah Treijs

Rachel Trudel

Jessica Vause

Special thank you to the planning committee:

Dr. Roisin Dempsey
Dr. Scott MacLeod
Dr. Jaclyn Mann
Dr. Samantha Myhr
Dr. Kristy Penner
Dr. David Pontin
Dr. Maryanne Rockx (Chair)
Dr. Jon Somerville
Dr. Ron Spice
Dr. David Topps
Dr. Luke Turanich
Dr. Keith Wycliffe-Jones

Foundational Skills

To support clinical preceptors in the development or renewal of foundational teaching skills, a provincially based initiative was established with the two Faculties of Medicine. Once you complete all modules contact DLRI at dlri@ucalgary.ca to obtain a certificate of recognition. Foundational Skills workshops are denoted in the program with an asterisk (*).

WELCOME TO CABIN FEVER

Welcome to the largest conference for rural preceptors in Alberta!

Each of us has a unique understanding of the opportunities and challenges of practicing medicine in a rural environment. During your time with us we hope you gain insight into the latest topics and trends in rural medical education, discuss issues in our communities, and connect to each other in a meaningful way.

By the end of the conference, each participant will be able to:

1. List and apply at least 5 ways in which you will change your practice as a result of attending two or more learning sessions
2. Create a personal toolbox of training strategies based on workshop presenters' experiences
3. Evaluate and apply a variety of communication strategies to enhance interactions with learners

Foundational Skills:

1. Basic Skills of Precepting
2. Teaching Procedures
3. Performing an Effective Assessment
4. Providing Effective Feedback
5. Dealing with a Learner in Difficulty
6. Teaching with Technology

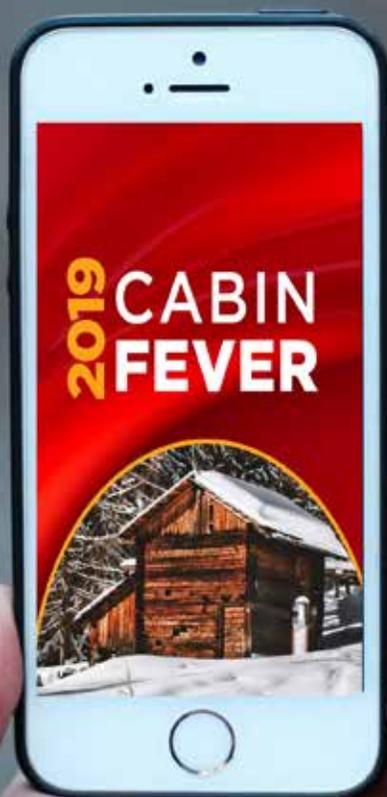
DOWNLOAD THE CABIN FEVER APP

Cabin Fever has gone digital!

Download the app to have the best possible conference experience. It's free and easy. With the app you'll be able to connect to other attendees and speakers, view maps, session reminders and descriptions, plus much more!

Download the app in 3 simple steps:

1. Visit attendify.com/app/fov46s
2. Enter your mobile number to receive your text link or scan the QR code below.
3. Download the Attendify app and search for Cabin Fever. Create your profile and you're done!



RURAL RECOGNITION **AWARD** WINNERS

Dr. Hal Irvine Community Focus Award

Dr. Kristy Penner

Early Educator Award

Dr. Ashley Rommens

Dr. Ian Bennett Meritorious Service Award

Dr. Robert Perlau

Dr. Spencer McLean Peer-To-Peer Teaching Award

Dr. Hart Stadnick

Inter-Professional Award

Annamaria Mundell

Thank you to all nominators, nominees, and recognized health care professionals. We value the impact you have in our community and the work you do on a daily basis.

Award winners will be recognized at the Saturday banquet.



CABIN FEVER

Plenary SPEAKERS



Dr. Sandy Macdonald is a family physician, anaesthetist, and was the Medical Director and Territorial Chief of Staff for the Department of Health, Government of Nunavut for over 17 years. He provided clinical services at Qikiqtani General Hospital in Iqaluit and was a family physician for the High Arctic communities of Resolute Bay and Grise Fiord for 12 years. He currently is the community physician for Gjoa Haven, Nunavut. He has worked for indigenous people in remote areas of Canada for most of his career as a family physician. He came to Nunavut in 2001 as the first Territorial Medical Director charged with the task of developing a physician program for the Territory that would meet the needs of its mostly (86%) Inuit population. He is a Clinical Associate Professor of Family Medicine at Memorial University of Newfoundland and Assistant Professor of Family Medicine VPT at the University of Ottawa. Recipient of the Queen's Diamond Jubilee Medal in recognition of his service to the people of Nunavut, Dr. Macdonald has given presentations nationally and internationally based on his expertise in the areas of health care delivery, medical education, and social accountability in medical practice in Nunavut and remote areas of Canada. Dr. Macdonald lives with his wife, Michele, and daughter Martha in Toronto.



Teri Price is currently the Executive Director and co-founder of the Greg's Wings Projects

organization. Greg Price was Teri's brother and the impact of Greg's journey combined with her own experience in the health care system has led to Teri's commitment, along with her family, to drive improvements in health care. Teri will be joined by Dave Price and Irina Charania.



Dr. Allan Donsky is a Core Committee Member of Alberta Health Services Addiction and Mental Health Strategic Clinical Network (SCN).

Allan is a consultant Psychiatrist with the Healthy Minds/ Healthy Children (HMHC) Program in Calgary. Dr. Donsky has practiced child & adolescent psychiatry for over 22 years. He has blended his professional background in mental health with a deep appreciation for mindfulness as a way to navigate our human experience.

CABIN FEVER

Schedule AT A GLANCE

FEBRUARY

FRIDAY 08

SATURDAY 09

SUNDAY 10

AM



Welcome Session

Greg's Story
Dave Price, Teri Price,
Irina Charania
8:15am, KC 203

• •
Workshop 10:00am

• •
Workshop 11:30am

• •



Keynote Speaker

Medical Practice in Nunavut
Dr. Sandy Macdonald
8:15am, KC 203

• •
Workshop 10:00am

• •
Workshop 11:30am

• •



Closing Session

Mindfulness Practice
Dr. Allan Donsky
8:30am, KC 203

PM

Family Mixer

Kinnear Centre /
Maclab
6pm

*Family Activities in
Kinnear Centre
KC 105 6pm*

Banquet

Kinnear Centre / KC
103
6pm

*Childcare in Kinnear Centre
in KC 303 at 6pm*

Adult guests welcome

Workshop LOCATIONS

	KC 201	KC 202	KC 204	KC 205
8:15am	Friday		Greg's Story	
			9:45am Refreshments	
10am	How to Build Clinical Courage <i>Pontin</i>	Greg's Story Workshop <i>Price/Charania</i>	Harm Reduction & Risk <i>Nixon/Manning</i>	Teamwork <i>Parker/M...</i>
			11:15am Refreshments	
11:30am	Teaching in a Clinical Environment* <i>Parks</i>	Greg's Story Workshop <i>Price/Charania</i>	Harm Reduction & Risk <i>Nixon/Manning</i>	Rural FM <i>Munder/Dup...</i>
8:15am	Saturday		Medical Practice in I...	
			9:45am Refreshments	
10am	How to Build Clinical Courage <i>Pontin</i>	Obesity Prevention <i>Wicklam/Koryzma</i>	Advance Care Planning <i>Tan</i>	Teamwork <i>Parker/M...</i>
			11:15am Refreshments	
11:30am	Teaching in Clinical Environment* <i>Parks</i>	Rural FM Clerkship <i>Kelly/Wicklum</i>	Direct Observation <i>Koppula</i>	Rural FM <i>Munder/Dup...</i>
8:30am	Sunday		Mindfulness	
			Closing Remarks -	

205	206	208	210
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- Price Family			
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ment Break KC 203			
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Learning network*	Medical Assistance in Dying	Practical Podcasting*	A Procedure for Procedural Skills*
<i>Mundell/Lewis</i>	<i>Walsh/Spice</i>	<i>Boora</i>	<i>Chad</i>

ment Break KC 203			
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Al Sim.	Indigenous Medical Learners	Keeping on the Cutting Edge: FOAM*	Understand the Adult Learner*
<i>Palmer/ Berron</i>	<i>D'Hont</i>	<i>Bond</i>	<i>Buck/Buck</i>

Nunavut - Macdonald			
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ment Break KC 203			
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Learning network*	Indigenous Medical Learners	Narrative Feedback for Preceptors*	Understand the Adult Learner *
<i>Mundell/</i>	<i>D'Hont</i>	<i>Hui</i>	<i>Buck/Buck</i>

ment Break KC 203			
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Al Sim.	Medical Assistance in Dying	Learner in Diff.*	Humanism in Med. Ed.
<i>Palmer/ Berron</i>	<i>Walsh/Spice</i>	<i>Wycliffe-Jones/ Armson</i>	<i>Viceer/de Groot</i>

ss - Donsky			
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- Johnston & Rockx			
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Guest **SPEAKERS**



Heather Armson MD, CCFP

Heather Armson is a family physician and a preceptor at the Sunridge Family Medicine Teaching Centre where she works with medical students, clerks and residents. She is the Assistant Dean of Personalized Learning within the Office of CME & PD at the University of Calgary focused on remediation of competency issues.



Chris Bond MD, CCFP-EM

Chris Bond is an emergency physician and clinical lecturer in Calgary who has an interest in Free Open Access Medicine. He has contributed to FOAM through various resources including *The Skeptics Guide to Emergency Medicine*, CJEM, AEM, SOCMOB.org and REBELEM.com.



Parveen Boora MD, FRCSC

Parveen Boora is a General Surgeon working at the Chinook Regional Hospital in Lethbridge, Alberta.



Richard Buck MD, CCFP (EM), FCFP

Rick Buck graduated from the University of Manitoba Med School in 2001, and is proud to be in the first Graduating class of RAS in 2003. After five years of family practice and rural locums, Rick went back to the U of A to complete his ER training, and has been working in Lethbridge ER since then. When not at work, Rick likes to run in the coulees with the dog, curl, and torture his partner's ears with his bad piano and violin practice.





Robert Buck

Rob Buck has been teaching adults since 2008 and recently completed his Master's degree in Educational Research from the University of Calgary. He currently works as a Training Specialist in workplace environments.



Kevin Busche MD, BSc, FRCPC

Kevin Busche is the Assistant Dean in Undergraduate Medical Education (UME) at the Cumming School of Medicine (CSM). He oversees the work of the teachers and administrators in the first two years of the UME program, and manages the student experience. He has held leadership positions as a course chair and in the Office of Faculty Development at CSM, as well as within the Department of Clinical Neurosciences. He enjoys both teaching and learning; working to inspire that feeling in learners and other teachers both by what he says and what he demonstrates.



Tony Chad MD, CCFP-EM

Tony Chad is a CCFP-EM trained emergency physician currently working at the Rockyview General Hospital. He is a past winner of the Calgary Emergency Medicine Award of Clinical Excellence and is a highly rated preceptor. Dr. Chad is involved in procedural skills teaching and is co-director of the Calgary Department of Emergency Medicine Staff Procedural Skills Program. He is the creator of a procedural skills video library, and has developed a variety of procedural skills simulation training sessions. In his spare time Dr. Chad enjoys riding his various bikes, running, swimming and being bested by his children in Taekwondo. He maintains a constant state of extreme energy though eating a wide variety of candy.



Irina Charania RRT, BSch

Irina Charania completed her training in Ontario and began her career as a RRT at the Foothills Medical Centre in Calgary. She spent the first 5 years of her career working as a bedside therapist in the Neonatal Intensive Care Unit, and as a member of the high risk neonatal transport team. In 2011 she transitioned to a staff educator role, and subsequently took a simulation consultant position in 2013. Since then she has continued to develop her knowledge and skills in simulation based medical education.



Janet de Groot MD, FRCPC

Janet de Groot was the Associate Dean, Equity and Professionalism (2008 - 2017) at the Cumming School of Medicine (CSM) and previously a Psychiatry postgraduate coordinator and a fellowship training coordinator at the University of Toronto. At this time, she is a co-chair of the CSM Well Physician course for medical students. Her scholarly and educational interests are in how physicians and residents remain professional under challenging circumstances. She has been honoured for her work through local awards in Calgary and Toronto, as well as the Association of Faculties of Medicine of Canada May Cohen Equity, Diversity and Gender award (2014) and the Canadian Psychiatric Association Continuing Psychiatric Education (Academic) award.



Thomsen D'Hont

Thomsen D'Hont is Métis born and raised in Yellowknife. He is passionate about physical activity, Indigenous wellness through cultural connection, local capacity building for Indigenous healthcare workers, and on-the-land programming. Thomsen is a former Jane Glassco Northern Fellow from 2015-2017, is a current 3rd year medical student at the University of British Columbia's Northern Medical Program, and is a board member with the Arctic Indigenous Wellness Foundation, the winner of the \$1 million dollar Arctic Inspiration Prize. Thomsen's goal is to work as a GP physician in the Northwest Territories and to help improve the health care system to better serve Indigenous people.



Dan Duperron

Dan Duperron is a senior technical consultant who has been with the Alberta eSIM Provincial Simulation Program since 2011. His background as a biomedical engineering technologist within AHS has proven to be a vital asset with the growth and development of this program as well as kidSIM and the UofC ATSSL.



Alya Heirali BSc

Alya Heirali discovered her passion for research when she joined the Parkins lab as an undergraduate student. This inspired her to pursue her PhD in Microbiology and Infectious Diseases. She is currently working on wrapping up her thesis and hoping to defend in June 2019. Outside of the lab, Alya enjoys participating in extracurricular activities to improve the student experience, spending time with family and friends, playing soccer and running. She completed her first marathon in 2018!





Jacqueline Hui MD

Jacqueline Hui is the Assessment Director in the Department of Family Medicine Residency Program, as well as the Family Medicine Enhanced Skills Palliative Care Residency Program Director, Clinical Assistant Professor with Departments of Oncology & Family Medicine, Palliative Care Consulting Physician with the Rural Palliative Care Team and Acute Care Team at South Health Campus. Masters in Health Professions Education from Maastricht University Diploma in Tropical Medicine & Hygiene.



Aaron Johnston BSc, MD, CCFP-EM, FCFP

Aaron Johnston is the Director of Distributed Learning and Rural initiatives at the Cumming School of Medicine and a past Residency Program Director of the CCFP-EM residency program. Aaron is originally from rural Ontario and lived and worked across Canada, including in the arctic, prior to moving to Calgary. He works in Emergency Medicine and his academic interests include; leadership development, community building, teaching teamwork and competency based models of education.



Martina Kelly MD, CCFP

Martina Kelly is a family doctor, med ed head (anorak) and dreamer. Originally from Ireland, she loves Canadian life. She's excited at the opportunity to expand FM undergraduate teaching at the University of Calgary, within her role as undergraduate Director of Family Medicine. She is married to a crazy German husband, and loves spending time with her 2 great kids and huge dog.



Sudha Koppula MD, CCFP, FCFP

Sudha Koppula is an academic family physician, associate chair & faculty development director in the department of Family Medicine at the University of Alberta. She enjoys her broad range family practice, teaching in urban & rural Alberta communities & her academic work nationally & internationally.



Celine Koryzma PhD



Celine Koryzma completed her graduate training in Clinical Psychology at the University of Victoria, and a portion of her residency at the Calgary Adult Bariatric Surgery Program. Currently, she is a medical psychologist with the Pediatric Centre for Weight and Health at the Alberta Children's Hospital. Dr. Koryzma is also a clinical faculty member with the Department of Family Medicine at the University of Calgary, where she teaches about patient centred communication skills and obesity management.

Larissa Lewis



Larissa Lewis is a RT working in both the Pincher Creek Health Care Centre & Associate Medical Clinic. She is married to a Farmer/Rancher and has 4 children and 3 grandchildren.

Jill Manning



Jill Manning is the Director of Operations of ARCHES Society in Lethbridge, AB. ARCHES is a not-for-profit harm reduction agency providing supports to over 1,500 individuals, across 10 programs. Amongst ARCHES' programs is their recently opened Supervised Consumption Services (SCS) facility, which is the most visited SCS in Canada over it's first 9 months of operations, and is the first in North America to facilitate all four modes of drug consumption.

Annamaria Mundell BN, RN



Annamaria Mundell is a Simulation Senior Consultant with 7 years of simulation experience and has been a Registered Nurse for 19 years in urban and rural hospitals. She has successfully established the simulation program in the South/West Zone of Alberta Health Services. She is passionate about providing rural practitioners simulation support to those who have limited educational resources. The eSIM Team was presented the National SIM-ONE Award for innovation in 2018.





Lara Nixon MD, CCFP, COE

Lara Nixon is an academic family physician working in team-based inner city care for older adults. Her research focus is on health equity and integrated health and social service innovations. This work involves close collaboration with community partners including service users and service providers.



Natalie Palmer RN, BN, MN

Natalie Palmer is a RN working in Banff Mineral Springs Hospital for 16 years. She has a variety of past clinical experiences including OR, recovery room, med/surg, emergency, all in the rural setting. She enjoys simulation as a teaching modality and is currently in her third year of resident-led, interprofessional simulations. Her team works closely with external partners in simulation such as the local ski hills, Parks Canada, EMS and the local Fire Department.



Gavin Parker MD, CCFP, FRRMS, CAC (FPA)

Gavin Parker is a full scope rural family physician and GP-Anesthetist that has practiced in Pincher Creek for 10 years. He has chaired numerous national medical education conferences. Dr. Parker has obtained an M.Sc. in medical education and holds a position as Assistant Professor with the University of Calgary. He serves his community through positions such as medical director for the visitor safety program in Waterton Lakes National Park and Castle Mountain Ski Resort, was the previous chair of the St. Michael's School Council, and Jennifer and Gavin run the Barracuda Judo club in town. He holds black belts in karate and judo, enjoys golf, and is proud of the medical team in his community.



Paul Parks MD, FRCPC

Paul Parks is a Queens Medical school grad and experienced emergency physician training at UofA. He's Interested in clinical teaching, craft beer, and good movies.



David Pontin MD, CCFP

David Pontin is an ER physician working in Yellowknife. He has lived in the North with his family since 2006. He is passionate about northern medical practice and dedicates much of his teaching to making medical learners comfortable and capable in the remote environments that characterize Canada's North.



Franco Rizzuti MD, BSC

Franco Rizzuti is a graduate of the Cumming School of Medicine and second-year resident in Public Health & Preventive Medicine (PHPM) at the Cumming School of Medicine, University of Calgary. He holds a BSc in Cellular, Molecular & Microbial Biology.



Ron Spice MD, CCFP

Ron Spice works as a physician consultant for the Calgary Rural Palliative Service. He is also the Clinical Department Head for the AHS Calgary Zone Department of Rural Medicine and the Academic Rural Director for the Department of Family Medicine at the University of Calgary. Over the years, Dr. Spice has worked in a number of rural communities in Alberta.



Amy Tan MD, MSc, CCFP(PC), FCFP

Amy Tan is an associate professor, academic family physician, and hospice physician at the Cumming School of Medicine. She is on a mission to empower engagement in quality advance-care planning conversations to better achieve care that meets each individual's goals. She has won national and provincial awards for her medical education and research work and has numerous scientific publications and grant-supported research projects. She is part of the AHS provincial education team that supports teaching of practical ACP and communication skills, and national research teams on ACP. Dr. Tan was part of the Top 40 Under 40 Class of 2017 for her work in progressing ACP in primary care and other sectors.



Nazia Viceer

Nazia Viceer is a Doctoral candidate in Education specializing in Adult and Higher Learning at the Werklund School of Education. Her current research consists of exploring how men and women approach patient education tools and how that impacts patient satisfaction and outcomes for the ERAS surgical protocol in colorectal surgery. She has, and continues to hold, multiple roles with student/preceptor modules/videos including developer, producer, presenter and researcher.



Dionne Walsh MD, CCFP

Dionne Walsh is a family physician practicing palliative care in her hometown of Lethbridge, and is the physician lead for Medical Assistance in Dying (MAiD) for AHS South Zone. She enjoys precepting and teaching medical students and residents in the areas of palliative care and MAiD.



Sonja Wicklum MD, CCFP, FCFP

Sonja Wicklum is a Clinical Assistant Professor at the Cumming School of Medicine, University of Calgary in the Department of Family Medicine. She has a teaching family practice in downtown Calgary. Her research focuses on medical education, chronic disease management and prevention programming, and Indigenous populations, specifically the Women Warriors program (www.womenwarriors.club). Prior to her arrival in Calgary she practiced rural family medicine in Montana and Ontario, along with part-time consultant work at The Weight Management Clinic in Ottawa.



Keith Wycliffe-Jones MD, CCFP, FRCGP

Keith Wycliffe-Jones is an Associate Professor in the Department of Family Medicine at the Cumming School of Medicine in Calgary. He was the FM Residency Program Director from 2009 until 2012 and then the FM Postgraduate Director until the Fall of 2018. His main areas of work in medical education are around assessment, selection for training curriculum design and accreditation.

Workshops

*DENOTES FOUNDATIONAL SKILLS WORKSHOP



How to Build Clinical Courage

Dr. David Pontin

What is clinical courage? Why is it so important for rural and remote care?

Dr. Pontin explores the possibilities of teaching and fostering clinical courage in a medical environment. How can clinical courage be supported by health systems?

(KC 201, Fri, Sat, 10am)

Just Watch Me: Principles of Direct Observation

Dr. Sudha Koppula

Dr. Koppula discusses the importance of direct observation of learners in a clinical setting. How do we identify perceived barriers for directly observing learners? Learn how to evaluate strategies for directly observing learners, and consider them for specific clinical contexts.

(KC 204, Sat 11:30am)

Teaching Teamwork*

*Dr. Gavin Parker
Larissa Lewis
Annamaria Mundell*

Learn the hallmarks of highly functional healthcare teams, understand the benefits that functional teams bring to patient care, and explore the effect of high functioning groups on team members.

(KC 205, Fri, Sat, 10am)



Ethical Challenges: Teaching Learners About Medical Assistance in Dying

Dr. Dionne Walsh
Dr. Ron Spice

Learn how to approach learners about MAiD, outline steps to identify our own values, and sensitively help learners to explore their comfort level. Describe the MAiD journey from the perspective of patient, family, and physician.

(KC 206, Fri 10am, Sat 11:30am)



Practical Podcasting for Physicians*

Dr. Parveen Boora

How does podcasting apply to medical education? Discuss the 'Surgery 101' podcast as a case study and learn the basics of podcast production and distribution.

(KC 208, Fri 10am)



Teaching in a Busy Clinical Environment*

Dr. Paul Parks

Identify unique ways to adapt teaching styles within a busy working clinical environment. Explain the RAPID approach - a novel way of teaching learners within the ED. Learn new ways to easily integrate technology to improve daily clinical teaching.

(KC 201, Fri, Sat, 11:30am)



It's More Than Just Clean Needles: Harm Reduction and Risk Environments

*Dr. Lara Nixon
Jill Manning*

Learn the different mental models of addiction and risk. Discuss the principles and evidence for harm reduction. Explore how harm reduction fits, or does not fit, within your practice and your community.

(KC 204, Fri 10am, 11:30am)

Setting Up a Rural Simulation Program

*Annamaria Mundell
Natalie Palmer*

Recognize the role of simulation in community-based health care settings. Review tips on how to use simulation for community programs with limited resources. Review critical design tips for new simulation programs.

**(KC 205, Fri, Sat,
11:30am)**



Indigenous Medical Learners: Improving Communication & Working Relationships

Thomsen D'Hont

Practice self-reflection of past experiences working with Indigenous medical students and residents. Highlight the importance of cultural sensitivity and trauma-informed practices when working with Indigenous medical students and residents. Provide practical tools for improving working relationships between Indigenous medical students and preceptors.

(KC 206, Fri 11:30am, Sat 10am)



Understanding the Adult Learner*

*Dr. Richard Buck
Rob Buck*

How do adults learn? Is it fundamentally different from the way that we were taught in school? Explore this subject on how adult learning theory can be used in typical teaching locations such as hospitals, clinics, procedures, and classes.

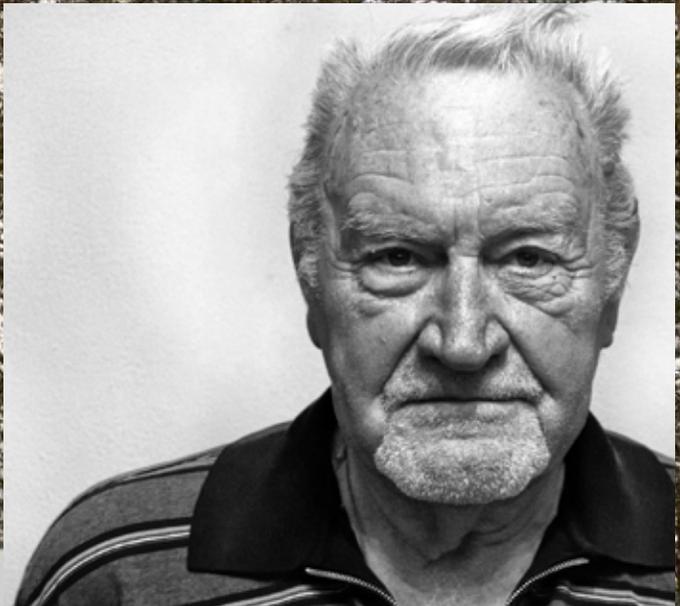
(KC 210, Fri 11:30am, Sat 10am)

Keeping on the Cutting Edge: FOAM and Knowledge Translation*

Dr. Chris Bond

This session will focus on FOAM-Ed and knowledge translation in the 21st century. Understand the knowledge translation issue in medicine, with a focus on emergency medicine. Learn the benefits and criticisms of Free Open Access Medicine in knowledge translation. Become familiar and proficient with the use of FOAM resources for both learning and teaching in your practice.

(KC 208, Fri 11:30am)



Advance Care Planning: Engaging & Empowering Learners

Dr. Amy Tan

Define what Advance Care Planning (ACP) is and discuss how this relates but differs from AHS's goals of Care Designations and the Green Sleeve program. Describe the benefits to patient care, patient outcomes, caregiver outcomes, and the family physician-patient relationship in having ACP conversations with patients and families. Trial and use tested tools and resources that will empower learners in having these important conversations.

(KC 204, Sat 10am)



Narrative Feedback for Preceptors*

Dr. Jacqueline Hui

Define EPAs and understand how EPAs fit into a Family Medicine residency curriculum. Highlight the importance of field notes and how field notes fit into programmatic assessment. Learn how to provide rich narrative feedback in minutes.

(KC 208, Sat 10am)

Obesity Prevention & Management; How Can We Do it?

*Dr. Sonja Wicklum
Dr. Celine Koryzma*

Summarize the factors associated with excess weight gain and highlights of the latest evidence-based nutrition and exercise strategies for weight management. Support your patients with weight management in our present primary care setting. Recognize and apply the principles of motivational interviewing and relationship-based communication when initiating conversations about weight with patients.

(KC 202, Sat 10am)

Blue-Sky Thinking: Brainstorming a Rural FM Clerkship

*Dr. Martina Kelly
Dr. Sonja Wicklum*

Identify core concepts of a rural family medicine clerkship. Develop learning activities that reflect concepts identified, for a rural family medicine clerkship. Consider how to apply these learning activities in your community.

(KC202, Sat 11:30am)



Greg's Story Workshop

*Dave Price
Irina Charania
Teri Price*

Discuss tools and strategies for teaching teamwork and collaboration in health care. Discuss how the principles of effective teamwork can be applied to facilitate continuity of patient care. Apply teamwork principles in a non-clinical experiential activity, and reflect on parallels between the activity and clinical practice.

(KC 202, Fri 10am, 11:30am)

Humanism in Medical Education: Preceptor-Student Interactions

*Dr. Janet de Groot
Nazia Viceer*

In this interactive presentation, view an outcome of recommendations from a Student Mistreatment Task Force endorsed by Dr. Jon Meddings, Dean at the Cumming School of Medicine.

(KC 210, Sat 11:30)



A Procedure for Procedural Skills*

Dr. Tony Chad

Identify pitfalls in teaching procedural skills, while creating a safe and fun learning environment.

(KC 210, Fri 10am)



When the Going Gets Tough: Learner in Difficulty*

*Dr. Keith Wycliffe-Jones
Dr. Heather Armson*

Learning from a Simulated Resident Progress Subcommittee Meeting. By the end of the workshop participants will understand the process the Calgary FM Residency Program uses for reviewing Residents in difficulty. Know how assessment information generated in the clinical setting is used to help identify and clarify specific performance deficiencies for Residents under review. Know how the Committee uses assessment information to build a plan to address the identified deficiencies.

(KC 208, Sat 11:30)

In the **KNOW**

Dress code

Business casual wear is strongly recommended. Sweaters or items of clothing that can be layered are encouraged since temperature in the venue may fluctuate. Please note that this is a *scent free* environment.

Meals

Meals are sensitive to dietary requirements (i.e, gluten free or peanut allergies) and we do our best to offer a variety of options; however we are unable to guarantee that all dietary needs can be accommodated.

FOIP

Registration information is collected under the authority of the Freedom of Information and Protection of Privacy Act. The contact information you provide is required by our office to register you in the workshops, prepare materials for your use, and notify you of upcoming programs offered by the DLRI.

SPECIAL THANK YOU:

DFM

CME

U of A

UCLIC

Banff Centre for Arts & Creativity

Bounce-it

Cakeworks

Childcare Connections

Dimages

Dom the Balloon Guy

Exclaim Entertainment

Jazz Plus Trio

Just Kidding Entertainment

FOR FURTHER INFORMATION CONTACT

DISTRIBUTED LEARNING & RURAL INITIATIVES

Cumming School of Medicine, University of Calgary

Heritage Medical Research Building (G12)

3330 Hospital Drive NW, Calgary, AB T2N 4N1

Toll Free 1.877.466.4257

cumming.ucalgary.ca/ruralmedicine

The logo for the Banff Centre for Arts and Creativity is displayed within a white circular graphic. The word "BANFF" is written in large, bold, black capital letters. Below it, the words "CENTRE FOR ARTS AND CREATIVITY" are written in smaller, red capital letters, stacked on three lines.

BANFF
CENTRE
FOR ARTS AND
CREATIVITY

Land Acknowledgement

Banff Centre for Arts and Creativity is located on the lands of Treaty 7 territory. We acknowledge the past, present, and future generations of Stoney Nakoda, Blackfoot, and Tsuut'ina Nations who help us steward this land, as well as honour and celebrate this place.



Disclosure of potential conflicts of interest

In keeping with accreditation guidelines, speakers participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure will be done verbally and using a slide prior to the speaker's presentation.

Study Credits

CFPC

MAINPRO + GROUP LEARNING

This one-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada and the Alberta Chapter for up to 9.5 Mainpro+ credits.

Visit <https://cfpc.ca>.

RCPSC

MOC SECTION 1

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Calgary Office of Continuing Medical Education and Professional Development. You may claim a maximum of 10 hours (credits are automatically calculated).

Visit <https://mainport.royalcollege.ca>

Additional meetings

U of A

Friday, February 8

1pm - 2:30pm

Room: KC 303

**DFM Undergraduate/
Postgraduate Preceptors**

Friday, February 8

4pm - 5:30pm

Room: PDC 104

UCLIC Preceptors

Saturday, February 9

1pm - 2pm

Room: PDC 102



Childcare & REMINDERS

BREAKFAST

At the hotel check-in you will receive breakfast vouchers for you and your family. They may be used at Vista's Dining Room on the specified date.

RECREATION

Families have free access to the Sally Borden Fitness & Recreation Centre on campus.

FAMILY MIXER

On Friday, February 8th between 6:00 pm-8:00 pm, there will be family friendly activities and food in the Maclab Bistro & KC 105 in the Kinnear Centre. Enjoy delicious finger foods and entertainment.

CHILDCARE & THE BANQUET

On Saturday, February 9th, between 6:00 pm- 9:00 pm in KC 301/303 of the Kinnear Centre, childcare will be provided with a fun-filled carnival. Please advise us at the registration desk if you do not want your child's face painted or photograph taken.

Banquet cocktails are at 6pm and dinner at 7pm.
Children's food will be served at 6pm.



SAVE THE DATE

FACULTY DEVELOPMENT SOUTH

Join us at the next conference for rural physicians! Make your way to Drumheller, AB from September 27-28, 2019 at the Canalta Cretaceous Conference Centre.

More details to come soon!



Teaching TIPS

VOTE

VOTE FOR YOUR FAVOURITE ON THE APP

Thank you to everyone who submitted a teaching tip during conference registration! We have narrowed it down to a few key words of wisdom and now is the time to pick your favourite. The winner will receive a prize at the banquet on Saturday.

Alternatively, visit www.ruraltips.ca to vote!

#CabinFever19



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Cabin Fever App

