

# Rural Review

February | 2019

## Cabin Fever 2019: HIGHLIGHTS



From February 8-10, preceptors from all across the province joined together in Banff for Distributed Learning and Rural Initiatives' annual Cabin Fever conference. Hosted at the Banff Centre for Arts and Creativity, this three day conference featured a host of impactful speakers, rural recognition awards, and a community of dedicated physicians sharing their knowledge.

We heard from Dave and Teri Price, who explored the critical need for system change to address healthcare gaps. Dr. Sandy Macdonald recounted his journey in Nunavut, explaining how social upheaval affects health, the importance of equal partnerships, and what to expect in a remote practice. The conference closed with Dr. Allan Donsky highlighting mindfulness as a powerful tool to mental and

physical well-being.

Additionally, the contributions of several health care professionals were recognized at the Rural Recognition Awards Banquet. Dr. Robert Perlau, Dr. Hart Stadnick, Dr. Ashley Rommens, Dr. Kristy Penner and Annamaria Mundell were celebrated for their outstanding achievements in the rural community.

**If you have yet to fill out the survey for Cabin Fever, you may do so [here](#) until February 28th.**

Thank you for your feedback, as it is used to plan future conferences and events.

Until next year!

Distributed Learning & Rural Initiatives

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## Request For Proposals : RURAL RESEARCH

DLRI is excited to announce the first annual Rural Health and Distributed Medical Education Research Funding Competition! There is **\$15,000** in available funding (**up to \$5,000** per award). All applicants must submit a letter of intent outlining the nature of their project and its importance **by March 25th, 2019** to [dlri@ucalgary.ca](mailto:dlri@ucalgary.ca).

[More info](#)

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## UPCOMING: Conferences

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Save the date for Faculty Development South!

Join us for the next conference for rural physicians in Drumheller, Alberta from September 27-28, 2019.

Stay tuned: more information and registration to come!



The Society of Rural Physicians of Canada is hosting the 27th Annual Rural and Remote medicine course in Halifax, NS April 4-6, 2019.

[More info](#)

## Faculty of NURSING: Graduate Certificate

**Work. Live. Study.**

Do you know someone in your professional circle who would be interested in completing a graduate certificate? The University of Calgary offers advanced credit towards a Master of Nursing Degree.

[More info](#)

## Tarrant SCHOLARSHIP

### Undergraduate Award Opportunity

Sponsored by the Alberta Medical Association's Section of Rural Medicine, the Tarrant Scholarship is one of Alberta's largest, unrestricted medical school undergraduate awards. Know someone deserving in clerkship at the University of Alberta or Calgary? Applications close May 31, 2019.

[More info](#)



## Rhapsody Awards: NOMINATE



Has a physician in your rural Alberta community gone above and beyond in providing care? Has your rural community excelled at attracting and retaining health care professionals? Has an individual, or team consistently delivered care that's a cut above? The Rural Health Professions Action Plan (RhPAP) invites rural Albertans to [submit your application](#) for the 2019 RhPAP Rhapsody Awards.

[More info](#)

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## Teaching TIP of the month

Be authentic and let students learn from your mistakes. Share cases where things went wrong to help them learn how to do it right, but also normalize vulnerability with colleagues.

- **Caitlin Paul**, Cabin Fever 2019



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