

# Rural Review

November | 2018 | Issue 1

## A MESSAGE from the DIRECTOR



Welcome to the first edition of Rural Review!

My name is Dr. Aaron Johnston, Director of Distributed Learning and Rural Initiatives at the Cumming School of Medicine. The DLRI office has experienced a number of exciting changes and staff updates in the past six months. We welcomed new members to the team and wished a fond farewell to Dr. Myhre as he completed his term at DLRI, sending him off to new adventures.

Our rural preceptors are a key part of the DLRI team, and I want to thank you for taking the time to share your expertise with the physicians of tomorrow. I hope that this newsletter helps continue to build the community of rural educators; connecting you not only to the DLRI office, but also to each other.

Rural Review will keep you updated about key developments in the DLRI office, teaching opportunities, and professional development events. Most importantly, Rural Review will highlight the great work of rural doctors, provide a place to share teaching tips, and highlight the successes of our community.

The work you do matters.

As a rural educator, you are an integral part of training the future physicians of Alberta.

Thank you for leaving a legacy in our province.

**Dr. Aaron Johnston**

BSc, MD, CCFP-EM, FCFP

Director of Distributed Learning and Rural Initiatives

Clinical Assistant Professor Emergency Medicine and Family Medicine

Cumming School of Medicine, University of Calgary

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## UPCOMING: Conferences & Awards



Join us February 8-10, 2019 at the Banff Centre for our professional development conference for physicians. Cabin Fever is the largest rural conference in Western Canada and explores the latest topics and trends in the medical industry. Save your spot today!

[Register now](#)



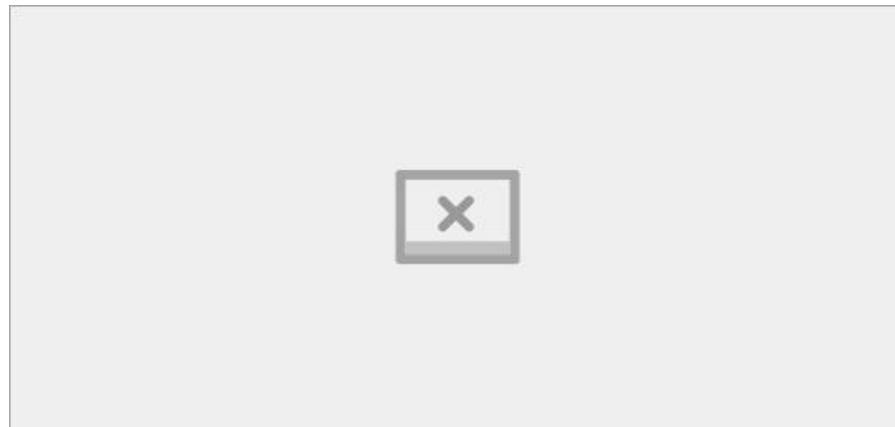
Do you know an outstanding rural preceptor, resident, or health care professional? We want to recognize the work and passion they bring to their communities. Our Rural Recognition Awards are celebrated annually at Cabin Fever.

[Nominate now](#)

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## The Precision of **RURAL** Medicine

It's the future of health care: the use of data and knowledge to make the appropriate diagnosis. How is precision medicine being utilized in rural communities? Check out the video below.



# Your **COMMUNITY**. Your **LEGACY**.



## Interested in becoming a preceptor?

As health care professionals, preceptors leave an important legacy by teaching the physicians of tomorrow. Preceptors experience help in their workload, better patient education, enhanced credentials, and appreciation from their community.

Interested in teaching a medical learner? We can help facilitate that.

[Contact us](#)



## Did you know?

Some elective rotations are up to **2 weeks** in length.

Make a large difference in a short period of time.

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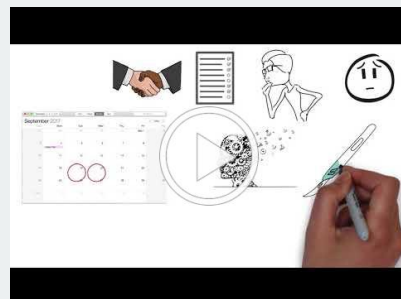
## Professional **DEVELOPMENT** Train. Educate. Develop. Repeat.

The U of C Continuing Medical Education & Professional Development Office offers a broad range of evidence-based learning opportunities to physicians, health professionals, and the public. From face-to-face learning, to online and blended courses, there are numerous available formats to suit your preference.

See full course offerings [here](#) and some additional events below.

**Salt + PrePPER**  
Get answers to your questions on Pre Exposure Prophylaxis for HIV in Alberta.  
December 4  
6:00 - 8:00 PM  
Cibo  
1012 17 Ave SW  
Calgary, AB T2T 0A5  
Physicians and Health Care Professionals Welcome  
Dinner and 2 Drinks Included  
Tickets by Donation  
What is Treatment as Prevention and how does PrEP fit in?  
How will it affect my practice?  
Should I get certified?  
PrEP

### Pre-EXPOSURE Prophylaxis for HIV in Alberta



### Rural medical **EDUCATION**: Skills for **CLINICAL** teachers

The University of Calgary Medical Students for Gender and Sexual Diversity are hosting an educational event for physicians, medical students, and health care professionals.

Salt and PrEPper is dinner and a panel on the hows, whys, and (why not?) of becoming a prescriber and what PrEP means in the context of TasP for reducing HIV stigma.

Register

The University of Alberta Faculty of Medicine & Dentistry offers online modules eligible for MainPro Plus credit.

To register contact Alison Wynne at 780.248.1455 or [wynne@ualberta.ca](mailto:wynne@ualberta.ca)

See upcoming courses

## Teaching TIP of the month

### TOP TIP: Re-framing the question

For anxious/new/regular learners, I watch how I ask questions as I help them gain confidence.

So, instead of "**What are the different medication options for x?**"

I will ask "**What have you been taught about x?**" or "Has anyone taught you about x y z yet?".

It takes the pressure off of the learner.

- **Dr. Shirley Schipper**, Cabin Fever 2017



## Getting to know our PRECEPTORS POLL: How long have you been teaching for?

Please select one:

0-1 years

Select

2-5 years

Select

6-9 years

Select

10+ years

Select

Stay connected

